



TREO FOUNDATION'S

Walk from OBESITYSM

PRESENTING SPONSOR

 Advocate
Good Shepherd Hospital[®]

TAKING STEPS FOR YOUR HEALTH

BARRINGTON, IL

Advocate Good Shepherd Hospital
450 West Highway 22

Saturday, June 8, 2024 • 9:00-11:30AM



Register Early & Save at:
WalkfromObesity.com



RECEIVE A WFO
SHIRT & BAG AT
THE EVENT!

See online registration page for details.



info@TREOFoundation.org | 352-332-9100

The Walk from Obesity raises funds for TREO Foundation, a 501(c)(3) non-profit, supporting Treatment, Research, and Education to end Obesity. Event registration fee is a tax deductible donation.



The only national walkathon supporting treatment of obesity.

- 740+ Awareness Events Held Nationally
- Over \$2M in Research & Educational Grants Funded

OUR MISSION

The Walk from Obesity is an awareness and fundraising program of TREO Foundation, a 501(c)(3) non-profit organization. The mission of TREO Foundation supports Treatment, Research, and Education to end Obesity by:

- Raising funds that directly support critical research and education about obesity, severe obesity, and medical treatment of obesity.
- Increasing scientific and public awareness and understanding of obesity as a disease. The treatment of obesity can prevent, improve, or resolve many metabolic diseases including type 2 diabetes and prevent others such as cancer and heart disease.
- Improving access to quality treatment for Americans with obesity by eliminating policy, societal, economic, and medical barriers that deny people appropriate care and support.

WHY WE "WALK FROM OBESITY"

- Nearly 42% of individuals are affected by the disease of obesity in the United States.
- Obesity can decrease an individual's life expectancy by 7-14 years.
- Obesity increases the risk of life threatening conditions such as Diabetes, Heart Disease, Stroke, Sleep Apnea, some Cancers, complications from COVID-19, and more!

TREO Foundation's Walk from Obesity is the only national walkathon event that brings attention to the disease of obesity and the medical options for treatment. The Walk from Obesity is a peer-to-peer fundraiser that incorporates a "set your own pace" non-competitive walk or run during the event. Other activities may include exercise warm-ups, food prep demonstrations, guest speakers, and information from local companies specializing in obesity treatments and care.

Whether you are struggling with obesity, are already undergoing treatment, know someone affected, or simply interested in supporting an important cause, we welcome you to join us as we are "Taking Steps for Your Health" at your local Walk from Obesity!

GET INVOLVED

There are many ways to get involved in your local Walk event. This unique opportunity is for businesses, groups, friends, and family. Please find your local event's information online and contact the listed Event Leader if you would like to:

- Sponsor/Exhibit at the event
- Form a Walk team
- Donate a raffle prize
- Host a fundraising activity

To register, sponsor, or donate to a Walk event visit WalkfromObesity.com.

For more information about projects TREO has funded visit TREOFoundation.org.



@WalkfromObesity
#WalkfromObesity
#WhyIWFO