



# SLEEP OUT

## Suggested Reading

Reading is a great way to help your children build empathy for their peers who may be going through something unseen and learn more about homelessness and other disparities that children around them may be facing. Rent these books from your local library or purchase before hand to read during your Sleep Out. Audiobooks are also a great option to listen to while you're falling asleep.



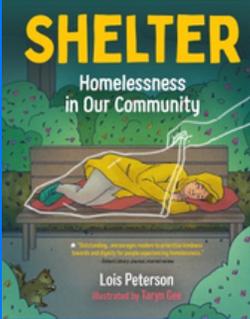
Two children learn from their experiences of homelessness and uncertain housing that despite their living circumstances there are aspects of their lives that remain constant.

**Reading age: 4-8 Grade: K-3**



This is the story of a person with no job, no family, no home—a nobody, who can't even remember what he was once named. But his day changes when he is noticed by a child.

**Reading age: 5-11 Grade: K-5**



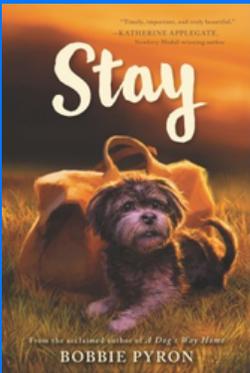
Learn about the root causes of homelessness and its effects, and what people and organizations around the world are doing to address the problem. Shelter shares the personal stories of people who live on the street and the adults and kids who work with them.

**Reading age: 9-12 Grade: 4-7**



A simple narrative in which a child's curiosity and perceptiveness act as catalysts for understanding fear, suffering and resilience while exploring themes of homelessness, belonging and compassion.

**Reading age: 3-5 Grade: Pk-K**



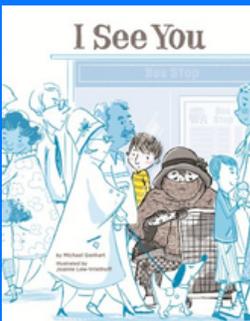
Piper's journey is one filled with challenges, but also with hope and the true meaning of home. Her story highlights the power of friendship and the courage to trust oneself, reminding us of the impact we can have when we come together as a community.

**Reading age: 8-12 Grade: 3-7**



A wonderful book to open up conversations about the unhoused with children. Brings up the important message that we never really know someone's full story and shouldn't assume.

**Reading age: 4-7 Grade: K-2**



A wordless picture book that depicts a homeless woman who is not seen by all the life around her, except by a little boy. Ultimately, in a gesture of compassion, this boy approaches this woman, in an exchange where he sees her and she experiences being seen.

**Reading age: 4-8 Grade: Pk-3**



A gentle introduction to the issue of poverty, On Our Street explores the realities of people living with inadequate resources.

his book addresses mental illness, homelessness and refugee status as they are connected to this issue.

**Reading age: 6-8 Grade: 1-3**



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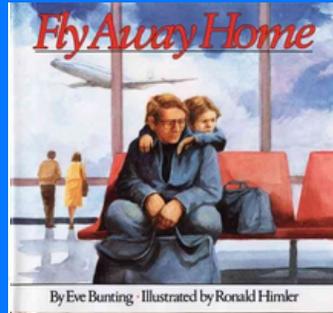
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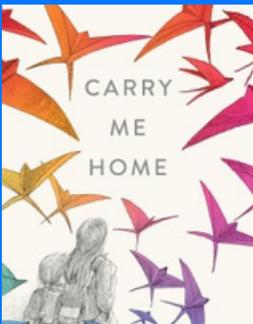
When Lydia was five years old, she and her family had to leave their home. Then one day, everything changed. Lydia's mom took her to a new place — not a house, but a big building with stone columns, and tall, tall steps. The library.

**Reading age:** 4-8 **Grade:** Pre-k +



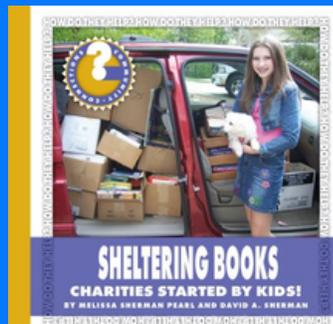
A homeless boy who lives in an airport with his father, moving from terminal to terminal trying not to be noticed, is given hope when a trapped bird finally finds its freedom.

**Reading age:** 4-7 **Grade:** Pre K-3



Twelve-year-old Lulu and her younger sister, Serena, have a secret. As Daddy always says, "it's best if we keep it to ourselves," and so they have. But hiding your past is one thing. Hiding where you live—and that your Daddy has gone missing—is harder.

**Reading age:** 8-12 **Grade:** 3-7



Featuring charities started by children, readers will explore the ways Sheltering Books contributes positively to the world. Discover this nonprofit's work and what problems they look to solve.

**Reading age:** 7-10 **Grade:** 2-5



The author combines humor, heartbreak, and hope in this moving story about people who slip through the cracks in society, and about the power of friendship and community to make all the difference.

**Reading age:** 10-12 **Grade:** 5-6



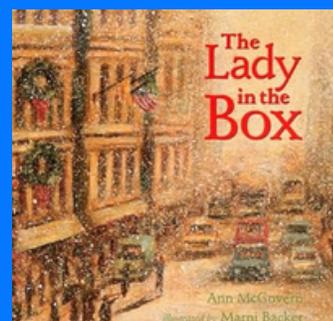
Featuring charities started by children, readers will explore the ways Ladybug Foundation contributes positively to the world. Discover this nonprofit's work and what problems they look to solve while fostering empathy and encouraging informed action in the community.

**Reading age:** 7-10 **Grade:** 2-5



A triumphant tale of friendship, healing, and the power of believing in ourselves, told from the perspectives of two biracial sixth graders living in a homeless shelter.

**Reading age:** 8-12 **Grade:** 3-7



In Lizzie and Ben's neighborhood, a woman lives in a box, grateful for the warm air that escapes through a vent in the sidewalk. After watching this "lady in a box," the brother and sister decide to help her, despite their mother's admonition to never talk to strangers.

**Reading age:** 6-8 **Grade:** 1-3