Moderator Instructions

Print this deck out for as many groups as you have, then designate 1 person in each group as a moderator.

The moderator should read the discussion prompt or instructions on each slide to their group in order to conduct the activity.

Once each group has completed the activity, reconvene and talk through the following discussion questions.



- Were you able to furnish Jenny's apartment with the given budget?
- Did you have a hard time deciding what was essential?
- Do you think you could do the same with the actual current market prices of these same items?
- Were there other expenses Jenny might have incurred that were left out?
 (Shipping or perhaps cost to get the items to her new place?)



My First Apartment

Help Jenny set up her first apartment



Youthful thinking...

Jenny Williams, a Covenant House resident is moving into her first apartment and needs YOUR TEAM'S help shopping for the essentials.

Jenny has saved \$2,000 to go shopping for her entire apartment but doesn't know where to start. She is NERVOUS and EXCITED!

Using the handouts provided, help Jenny decide what is essential and what's not for her first home.





Before you begin, make sure everyone has an understanding of a Want versus a Need by reading the statement below.

Wants vs. Needs

<u>Wants:</u> are things you desire but can live without, they are not essential for your basic well-being and survival.

Examples of some First Apartment <u>Wants</u>: wall art, scented candles, television, rug, etc.

Needs: are non-negotiable expenses that ensure safety, health, and overall quality of life.

Example of some First Apartment <u>Needs</u>: bed, bed frame, shower curtain/ hooks, kitchenware, silverware, etc.

Proposed essential list

- Mattress and bed frame
- Sheets
- Curtains
- Plates & Bowls
- Broom
- Mop
- Couch
- Plunger
- Trash Can
- Towels: washcloth/ bath towels
- Pots & Pans
- Soap
- Appliances (microwave)
- Pillows



On a Budget

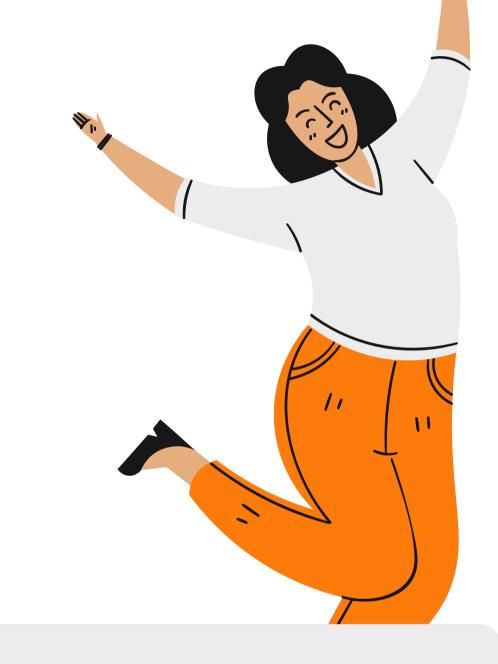
Help Jenny get what you think are the most important essentials from Cov-Mart.

In this Covenant House reality, \$2,000 is enough to get her apartment essentials. She even has coupons!

Choose items that are listed for each category and create an essentials list while keeping within the shopping budget.

Choose one group member to keep track of your choices and cost.

When you're done helping Jenny with her list, reconvene to your larger group for a discussion.

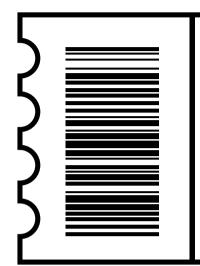




Remember Jenny is working with a budget and items start to add up!

Make sure your team stays within budget.

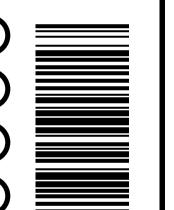
COV MART COUPON BOOK



COV MART

\$20

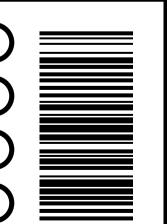
This coupon is good for a one-time use on any Bedroom Essentials department items.



COV MART

\$5

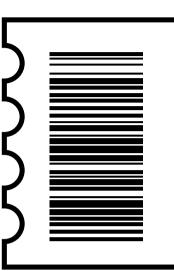
This coupon is good for a one-time use on any Cleaning Supplies department items.



COV MART

\$5

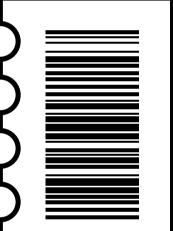
This coupon is good for a one-time use on any Miscellaneous department items.



COV MART

\$10

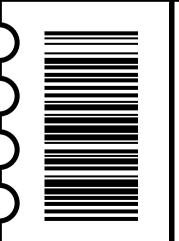
This coupon is good for a one-time use on any Kitchen Essentials department items.



COV MART

\$20

This coupon is good for a one-time use on any Living Room department items.



COV MART

\$5

This coupon is good for a one-time use on any Bathroom department items.



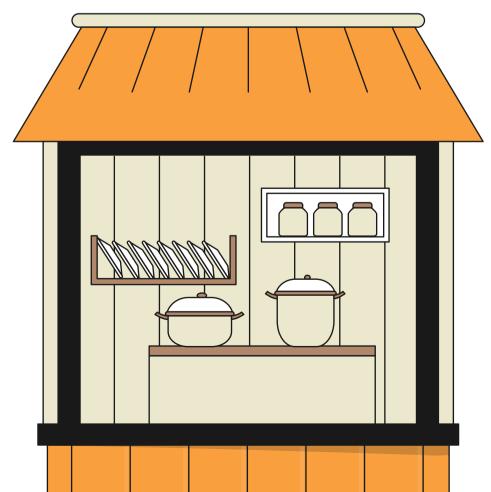
When you set up the kitchen, think about how much Jenny will be cooking at home to figure out what is needed.

Select items from the list on the left and add them to your purchase list on the right.

COV MART

KITCHEN

DEPARTMENT



- 12 piece Dish Set (plates + bowls) \$17.98
- 8 piece Cups + Glass Set \$9.94
- Silverware set- \$13.98
- Spatulas- 2 piece \$6.88
- Knife set- 24 pieces \$17.44
- Frying pan and lid- \$20.00
- Mixing bowls- 6 piece \$19.99
- Strainer- \$3.97
- Drying rack \$4.98
- Dishcloths or sponges- 4 packs \$4.98
- Dish soap- \$2.49
- Pot holders- 5 piece \$5.88
- Paper towels- 2 pack \$2.38
- Napkins- 500 count \$3.32
- Food storage containers- 14 pieces \$5.97
- Can opener- \$6.88
- Microwave- \$55.00
- Coffee Maker- \$30.50
- Mugs- 4 pack \$13.97
- Trash Can- \$18.46

Starting Budget: \$2,000

IIEM	COST
Total Expenses: Savings Total (Coupon):	

Now that you've helped Jenny with her kitchen essentials, record how much money is left in the budget.

Then, select items from the list on the left and add them to your purchase list on the right.

COV MART

BATHROOM

DEPARTMENT



- Shower curtain (with rings)- \$9.97
- Shower liner- \$5.48
- Bathmat- \$7.90
- Washcloths, sponges, loofah-\$8.99
- Bath towels- \$2.94 each
- Hand towels- \$1.94 each
- Plunger- \$3.37
- Toilet brush- \$4.98
- Toiletries
 - (shampoo, conditioner, hand soap, body wash, toothpaste, etc.) - \$21.98 set
- Trash can 2 pack \$17.78

Remaining Budget: \$

ITEM	COST
Total Expenses: Savings Total (Coupon):	

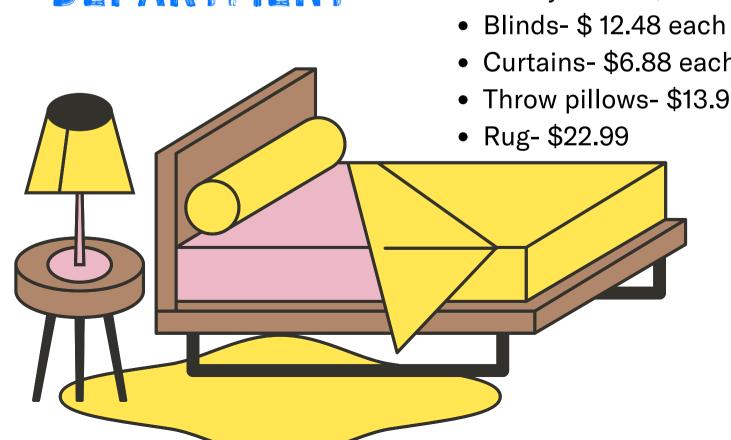
Record your remaining budget, then, select items from the bedroom list on the left and add them to your purchase list on the right.

COV MART

BEDROOM

DEPARTMENT

- TV- 32 Inch \$98
- Bedding (sheets, pillowcases, bedspread)-Full size 7 piece set- 63.96
- Pillows- \$4.88 each
- Nightstand- \$34.98 per item
- Lamp- \$10.97 each
- Dresser- \$49.99
- Hangers- 18 pack \$2.98
- Full length mirror- \$10.98
- Comfy Chair- \$43.96
- Curtains-\$6.88 each
- Throw pillows- \$13.99



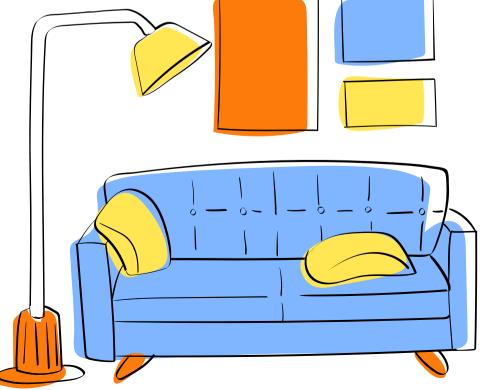
Remaining Budget:

ITEM	COST
Total Expenses: Savings Total (Coupon):	

Record your remaining budget, then, select items from the list on the left and add them to your purchase list on the right.

When you set up the Living Room, think about how Jenny will use the space.

COV MART LIVING ROOM DEPARTMENT



- Comfy Chairs- \$72.99 each
- Sofa \$300
- TV- \$98
- TV stand- \$39.96
- TV Mounting Stand- \$24.14
- Blankets- \$9.99
- Throw pillows- \$6.94 each
- Storage bins- \$6.73 each
- Lamps- \$12.99
- Shelves- \$25.98
- Area Rug- \$44.99
- Wall Art- \$11.41 per item



Remaining Budget: \$

ITEM	COST
Total Expenses: Savings Total (Coupon):	

Record your remaining budget, then, select items from the list on the left and add them to your purchase list on the right.

This isn't the most exciting part of the list, but one the most important parts.

COV MART

CLEANING

DEPARTMENT

- Trash bags- \$5.92
- Swiffer- \$14.44
- Mop- \$5.98
- Broom & Dust pan- \$11.34
- Cleaners (all-purpose, shower, toilet, etc.)- 2 pack \$5.97
- Vacuum- \$49.88
- Iron- \$20.65
- Steamer- Small \$19.00
- Ironing board- \$5.48
- Mop bucket- \$2.74
- Cleaning cloths- 8 pack \$10.04



Remaining Budget:

ITEM	COST
Total Expenses: Savings Total (Coupon):	

After your team has everything Jenny needs to actually live in her new space, do you have money left for other essentials?

Record your remaining budget, then, select items from the list on the left and add them to your purchase list on the right.

COV MART

MISCELLANEOUS

DEPARTMENT



- Batteries- 8 pack \$8.26
- Command strips and hooks- \$9.28
- Nails- 50 pieces \$2.28
- Tool box- 39 piece set \$19.12
- Calendar- \$5.98
- First aid kit- \$10.98
- Power strips or extension cords- \$8.76
- Wall clock- \$9.87
- Scented Candles- \$13.89 each
- Wall Shelves- \$23.99 each

Remaining Budget: \$

ITEM	COST
Total Expenses: Savings Total (Coupon):	