



Truth

Truth cards welcome you to reflect on topics surrounding homelessness.



Dare

Dare cards challenge you to take action in the fight against youth homelessness.



Truth

Share: What does the word "homeless" mean to you?



Dare

Get out your phone and send an email to a local representative telling them what you're doing.

Check out the resource dashboard in the app for an email you can use.



Truth

Share: What is your perception of homelessness.

Is that different from the perceptions your friends and colleagues and family have?



Dare

Reach out to a local homeless shelter and ask what their volunteer opportunities are.



Truth

Share: Who do you think becomes homeless?

Why do you think a young person becomes homeless?



Dare

The day after your Sleep Out, give up one thing that you can't live without and talk about how that might feel.



Truth

Share: What support systems have helped you overcome challenges in life?

What might have happened if you didn't have a support system when facing a challenge?



Dare

Destroy your bed. You are giving it up in favor of an uncomfortable night's sleep. Resist the temptation to climb back into it by taking off the sheets and blankets, covering it with things, or shutting your door.



Truth

What is your perception of homelessness?

Is that different from the perceptions your friends and colleagues and family have?



Dare

Post a picture to your social media account of your sleeping bag with the following blurb:

“Ask me where I’m sleeping tonight!”