



SLEEP OUT

DISCUSSION QUESTIONS

- ▶ What are some things the kids you heard from tonight in the videos and stories had in common with each other? What are some things that they have in common with you and kids you know?
- ▶ What impressed you the most about a Covenant House resident you heard from?
- ▶ Do you think these kids made any bad choices? Would you have made the same decisions as they did? Why or why not?
- ▶ What things do your parents or siblings do to help you overcome challenges? What things do you do to help them? How does it feel to have this kind of support in your house?
- ▶ Who do you think is most responsible for helping kids avoid becoming homeless: their parents, the child welfare system, the young people themselves, schools, the government, or nonprofits?
- ▶ The youth we heard from did not have great support systems - parents, teachers, friends, or other adults looking out for them and building them up. How do you think that influenced the decisions they made?
- ▶ People measure their self-worth in different ways - what they accomplish, what they wear, how much money they have, who their friends are, or how many friends they have. How do you define your self-worth?
- ▶ How do you think having low self-esteem or no self-worth would affect someone's decision making? How do you think it could contribute to someone becoming homeless?
- ▶ What makes your house a home?
- ▶ Has tonight changed the way you think about homelessness or homeless people? How?
- ▶ What are the questions you still have about homelessness, homeless kids, or Covenant House?
- ▶ (If/when you start to feel cold or uncomfortable) How do you think you would feel if you didn't know when you could go inside?