



Support Group List

The Parkinson Association of the Rockies is pleased to offer free donation-based support groups across Colorado.

**\*\*Please check meeting schedules online as they are updated periodically\*\***

For more information or to register: (303) 830-1839 | email [Info@ParkinsonRockies.org](mailto:Info@ParkinsonRockies.org)

**AURORA**

**2<sup>nd</sup> Tuesday of the month**

12:00pm

REM Center Aurora

12500 E. Iliff Ave., Ste. 300, Aurora

*In-person*

**BOULDER**

**4<sup>th</sup> Tuesday every other month**

**(2023: Jan, Mar, May, July, Sept, Nov)**

10:00am

Frasier Meadows, 350 Ponca Place

*In-person*

**Coffee And Conversations**

*Virtual* **1<sup>st</sup> Friday of the Month, 10am**

**3<sup>rd</sup> Tuesday of the month, 10am**

Age Well Center, 5660 Sioux Dr

*In-person*

**BROOMFIELD**

**1<sup>st</sup> Tuesday of the month**

10:30am

Broomfield Senior Center

280 Spader Way

*In-person*

**CARBONDALE**

**1<sup>st</sup> Tuesday of the month**

1:00 pm

The Orchard Church, 2<sup>nd</sup> floor

110 Snowmass Drive

*In-person*

**CASTLE ROCK**

**4<sup>th</sup> Saturday of the month**

10:30am

Douglas County Library

100 S Wilcox St, Castle Rock, CO 80104

*In-person*

**CHERRY HILLS VILLAGE**

**2<sup>nd</sup> Wednesday of the month**

11:00am

Bethany Lutheran Church Room 315

4500 E. Hampden Ave.

*In Person*

**COLORADO SPRINGS**

Provided by Colorado Parkinson Foundation, Inc. -

Parkinson's Support Group

<http://www.co-parkinson.org/>

**DBS Group**

**4<sup>th</sup> Thursday of the Month**

2:30pm

*Virtual*

**DENVER**

**Last Thursday of the month**

3:30pm

Balfour Senior Living

1500 Little Raven St, Denver, CO 80202

Turtle Island Club

\*Valet parking provided\*

*In-person*

**Young Onset Group**

**3<sup>rd</sup> Friday of the month**

6:00pm

Denver Metro Area

\*Contact PAR for more information\*

*In-person*

## **DURANGO**

### **2<sup>nd</sup> Wednesday of the month**

1:00pm

Summit Church  
2917 Aspen Dr.

*In-person*

## **EAGLE VALLEY / EDWARDS**

### **4<sup>th</sup> Thursday of the month**

5:00pm

Trinity Church, 90 Lariat Loop  
Edwards, CO

*In person*

## **ESTES PARK**

### **3<sup>rd</sup> Tuesday of the month**

2:00pm

Estes Valley Public Library  
335 E. Elkhorn Ave.

*In person*

## **EVERGREEN / CONIFER / MORRISON**

### **1<sup>st</sup> Friday of the month**

1:00pm

Evergreen Christian Church  
27772 Iris Dr, Evergreen

*In-person*

## **FORT COLLINS**

*HARDY Group (Highly Active, Recently Diagnosed,  
Young Onset)*

### **Mondays every six weeks**

6:00pm

Community Room at Council Tree Library  
2733 Council Tree Ave

*Virtual & In Person*

## **Parkinson Group in Larimer County**

### **1<sup>st</sup> Wednesday of the month**

10:30am

Ft. Collins Senior Center  
1200 Raintree Dr.

*Virtual & In Person*

## **GLENWOOD SPRINGS/NEW CASTLE**

### **4<sup>th</sup> Monday of the month**

1:00pm

Location Switches every other month:

Good Shepherd Lutheran Church 1630 Grand Ave,  
Glenwood Springs

First Baptist Church of New Castle Fellowship Hall  
(south building) 172 N. 7th Street, New Castle, CO

*In-person*

## **GRAND JUNCTION**

### **1<sup>st</sup> Wednesday of the month**

3:30pm

First Christian Church  
1326 North 1<sup>st</sup> St.

*In-person*

## **GREELEY**

### **4<sup>th</sup> Thursday of the month**

10:00am

Greeley Village  
1090 43<sup>rd</sup> Ave, Greeley Co

*In-person*

## **HIGHLANDS RANCH**

### **Wind Crest Community**

### **3<sup>rd</sup> Friday of the month**

2:00pm

3235 Mill Vista Rd.

### **RSVP REQUIRED**

*In-person*

## **GUNNISON/CRESTED BUTTE**

### **3<sup>rd</sup> Wednesday of the month**

4pm

Adaptive Sports Center of Crested Butte  
19 Emmons Rd, Crested Butte, CO 81225

*In-person*

## **LAKEWOOD**

### **1<sup>st</sup> Tuesday of the month**

1:00pm

Westwoods Community Church  
7700 W Woodard Dr, Lakewood, CO 80227

*In person*

## **LITTLETON**

### **4<sup>th</sup> Wednesday of the month**

5:00pm

Encompass Health Littleton  
100's large day room  
1001 W Mineral Ave

*In person*

## **LONGMONT**

**2<sup>nd</sup> Wednesday of the month**

10:00am

Longs Peak United Methodist Church  
1421 Elmhurst Dr.

*In Person & Virtual*

## **LOVELAND**

**3<sup>rd</sup> Friday of the month 10am**

Good Samaritan - Loveland Village  
Town Center Great Room  
2101 S. Garfield St.

*In person*

## **MONTROSE**

**Last Monday of the month**

No meeting in May or December

1 pm

Montrose Regional Health  
800 S 3rd St, Montrose, CO 81401

*In person*

## **MSA/PSP/CBD Support Group**

**2<sup>nd</sup> Friday of the month**

10 am

*Virtual*

## **PARKER**

**2<sup>nd</sup> Tuesday of the month**

10:00am

Parker United Methodist Church  
11805 Pine Dr., Parker

*In-person*

## **PUEBLO**

**2<sup>nd</sup> Tuesday of the month**

11:30am

The avenue Church  
3030 Thatcher Ave, Pueblo

*In person*

## **PAR Group**

**Every Wednesday**

7pm

Zoom link: 946 5496 2000

Passcode: 839074

## **STEAMBOAT SPRINGS - YVPSN**

**2<sup>nd</sup> Monday of the month**

5:00pm

Mountain Valley Bank  
2220 Curve Plaza, Steamboat Springs, CO 80487

*In-person*

## **SUMMIT COUNTY**

**1<sup>st</sup> Thursday of the Month**

10:30am

Senior Center in Frisco

*In-person*

## **Virtual Group**

**2<sup>nd</sup> Thursday of the Month**

11:00am

Email [positiveparkie@gmail.com](mailto:positiveparkie@gmail.com) if interested

*Virtual*

## Care Partner **ONLY** Support Groups:

### **BOULDER**

**3<sup>rd</sup> Monday of the month**

10:30am

Frasier Meadows Retirement Community  
South Building, 3<sup>rd</sup> Floor Community Room  
350 Ponca Pl.

*Virtual*

### **BROOMFIELD**

**Friday following the 1<sup>st</sup> Tuesday of the month**

10:30am

Broomfield Senior Center  
280 Spader Way

*In-person*

### **COLORADO SPRINGS\***

\* Provided by Colorado Parkinson Foundation -  
Jeanne Taylor Parkinson's Support Group  
<http://www.co-parkinson.org/>

### **DENVER**

**Parkinson's Disease Dementia/Lewy Body  
Dementia – Outside Denver Metro**

3<sup>rd</sup> Thursday of the month 6:00pm

Bethany Lutheran Church Room 210  
4500 E. Hampden Ave.

*Virtual*

### **NW DENVER**

**4<sup>th</sup> Wednesday of the month**

6:30pm

William Scheitler Recreation Center at  
Berkeley Park  
5031 W 46<sup>th</sup> Ave, Denver, CO

*In-person*

### **Durango**

**1<sup>st</sup> Thursday of the Month**

1:00pm

Summit Church (Room 202)  
2917 Aspen Dr

*In-person*

### **HIGHLANDS RANCH**

**4<sup>th</sup> Thursday of the month**

1:00pm

Highlands Ranch Library, Upstairs Meeting Room  
9292 S. Ridgeline Blvd.

*In-person*

### **LONGMONT**

**1<sup>st</sup> Tuesday of the month**

11:30am

Longs Peak United Methodist Church  
1421 Elmhurst Dr

*In-person*

### **PAR Group**

**2<sup>nd</sup> and 4<sup>th</sup> Monday of the Month**

2:00pm

Meeting ID: 969 3503 2229

Passcode: 916562

*Virtual*

### **MSA/PSP/CBD Support Group**

**4<sup>th</sup> Friday of the month**

10 am

*Virtual*

## Wyoming:

### **CHEYENNE**

**1<sup>st</sup> Wednesday of the month**

1:30pm

Pointe Frontier

1406 Prairie Ave

3<sup>rd</sup> floor

*In person*

### **CASPER**

**2<sup>nd</sup> Tuesday of the month**

5:30pm

Rocky Mountain Therapy

2546 E. 2nd St., Building #500

*In person & virtual*

### **CASPER CARE PARTNERS**

**4<sup>th</sup> Tuesday of the month**

5:30pm

Rocky Mountain Therapy

2546 E. 2nd St., Building #500

*In person*

### **LANDER**

**1<sup>ST</sup> Thursday of each month**

2:00pm

Lander Senior Center

205 S. 10<sup>th</sup> St.

*Virtual in winter, In person rest of the year*

### **JACKSON**

Teton Parties

Contact Elizabeth Gerhard or Hannah Sell for information about exercise and support group.

Elizabeth: 614-271-7012 or [epdgerhard@gmail.com](mailto:epdgerhard@gmail.com)

Hannah: 570-337-7598 or [hannahsell7@gmail.com](mailto:hannahsell7@gmail.com)