



Donor Drive Mobile App for Together in TEAL[®] Connecting Instructions

Connecting to a Fitness App

1. While logged into the app, tap the **You** tab
2. Tap **Activity Tracking**
3. Tap **Sync Activity Data**
4. Select the desired platform
5. Tap "**Got it!**"

Note

Once your app is synced, you can always select a different platform to switch the sync to. However, any previously entered data will be lost once you switch to a different platform.

Updating Sync

1. While logged into the app, tap the **You** tab
2. Tap **Activity Tracking**
3. Tap the name of the fitness app you are syncing to
4. Tap "**Refresh Sync**"

The app will sync automatically once a day. Any activity entered should sync up when the automatic sync happens. Participants may use this manual sync as often as they'd like to re-fresh the sync.

Logging Activity

1. While logged into the app, tap the **You** tab
2. Tap **Activity Tracking**
3. Tap **Log Activity**
4. Enter the measurement unit in the first field
5. Select the date of the activity and enter a description
6. Tap **Save**
7. Your activity is now logged!