



## 2024: FAQ

*Got questions?? We've got answers!*

**Saturday, May 11, 2024**  
**Panorama Park • 4540 Fenton Rd.**

### **WHEN IS CHECK-IN?**

Please arrive no earlier than 1 hour before the event starts to get checked in and receive your fundraising T-shirts (for those that qualify). This is a great time to check out the walk day activities. The opening ceremony will start at 10 a.m. The actual walk will start around 10:30 a.m.

### **WHERE IS CHECK-IN?**

Check-in will be by last name at the registration/check-in tent with the NAMI sign on the north side of the park.

### **WHAT'S THE PARKING SITUATION?**

While we hope to have dedicated lot parking lined up before the event, we can currently share that street parking exists on Fenton Road and other nearby streets. Look for NAMI signs at the corner of Jet Wing and Fenton. There are ADA-accessible parking spots available on the east side of the park.

### **WHAT ACTIVITIES START AT 10 A.M.?**

As of this writing, we are working on lining up entertainment options. Music from a local DJ is a definite. Last year, a quick yoga session, a service-dog meet-and-greet and kids' activities led by the Southeast Armed Services YMCA were among the offerings. We also expect various nonprofit and for-profit partners to set up information tables at the event.

### **WHAT ARE SAFETY PROTOCOLS?**

Face masks are not required. Hand sanitizer will be available on site. Also, the Registration Tent will include a First Aid station for anyone who needs it for any reason.

**CAN I BRING A FRIEND WHO HASN'T SIGNED UP?**

Yes! But please note that everyone will need to check in or register at the registration/check-in tent. There is no charge to register for the walk, but all participants must sign a waiver to be on the course.

**CAN SOMEONE COME TO THE PARK AND NOT WALK?**

Yes! People are welcome to spend time visiting event-day activities during the walk.

**WILL DONATIONS BE ACCEPTED ON WALK DAY?**

Yes! Walk day donations in the form of cash, checks or credit cards will be accepted on site. Please go to the NAMI registration/check in tent.

**WHO GETS A T-SHIRT?**

If you have raised \$100 and above, you will be eligible to pick up a T-shirt at the registration/check-in tent. They will be given out on a first-come, first-served basis to those who have qualified. If we happen to run out of your size, or have more folks qualify than anticipated, we will be HAPPY to mail one to you afterward. We know that we may need to order additional T-shirts, so please understand that we will do our very best to get those to you as soon as possible. You've earned this badge of honor and we are excited to see many NAMIWalks shirts around town throughout the year!

**WHAT ABOUT OTHER REWARDS THAT I QUALIFY FOR?**

If you have earned higher levels of recognition, you will receive a notification to claim your gift and instructions on how to do that around the time of the event. Please note that donations are accepted for up to 30 days after the walk, meaning final notifications won't go out until the end of that time. It will be your responsibility to claim your gift once you have received the email.

**HOW LONG IS THE COURSE?**

The course will be a simple loop around the park, which is a little less than half a mile long. Participants looking for a workout are encouraged to walk the loop up to three times, or even more if they so choose. Water stations will be at halfway point and the start/finish. Please bring your own refillable cup/water bottle or pick one up at one of our sponsors tents. We encourage you to finish at your pace: Enjoy the views, smell some flowers, talk ... just enjoy!

**WHAT ABOUT PHOTOS?**

We encourage you to take photos and post them on your social media outlets using the #NAMIWalksCOS and #Together4MH hashtags.

**SO, ABOUT THE ... FACILITIES?**

There are bathrooms on site and there will be 3 porta potties, including one that is ADA accessible.

**WILL THERE BE FOOD AND DRINK?**

There will be bagels/cream cheese and a limited amount of coffee at the start/finish water station. We will also have food trucks joining us at 11 a.m. for after you're done walking. Feel free to bring other snacks and drinks to enjoy on your own. Please note that this is a family-friendly, no-alcohol event.

**CAN I BRING MY DOG?**

Well-behaved dogs on a leash are allowed on the course and in the main event area.

**I HAVE ANOTHER QUESTION ...**

For any questions or concerns that aren't answered in this FAQ you can call our office at 719-473-8477 or email [walkmanager@namicos.org](mailto:walkmanager@namicos.org).

*Thank you for participating in NAMIWalks Colorado Springs 2024! Without you, this event would not be the success that it is. The funds raised through this event will fund NAMI Colorado Springs' mental health support, education, advocacy and public awareness efforts. Just think of the difference your support is making here in our local community!*

*We invite you to follow us on social media!*

*Facebook: @namicoloradosprings*

*Instagram: @namicosprings*

*Visit our website at [namicoloradosprings.org](http://namicoloradosprings.org) to stay connected with us throughout the year.*

*Thanks again for taking part in NAMIWalks Mental Health & Wellness Fest!*