

Here is what you need to know:

- NAMIWALKS GLAC Mental Health Festival is at Los Angeles State Historic Park
- There is street parking and spots in the lots by the park are \$10. See maps below.
- Each Booth Group will receive one complimentary parking Spot in the adjacent lot.
- Your Group name will be on the Parking Attendant's Lists
- Registration/Check-in starts at 9:00AM.
- Stage and Festival Activities take place from 10:00AM 2:00PM.
- Walk begins at 11:30AM.
- WALK Route is 3k or go on a longer Route through the Park to do 5K.
- **Everyone** needs to be **registered** even kids. Register <u>online</u> ahead of time, or stand in line at Registration at the Walk.
- Dogs are allowed with leashes. Enter your furry friend into the annual costume contest on stage. Sign up at the Park.
- Strollers, wheelchairs, wagons, etc... are welcome! Picnics encouraged!

DONATIONS - We haven't made our Goal yet so let's keep fundraising!

- If you have donation checks, please make them out to NAMI GLAC, and drop them off at Donations in the Registration Booth.
- Credit card and QR Code donations are encouraged on Walk Day.

WALK T-SHIRTS

- Any registered participant who has raised \$100+ will receive a NAMIWalks T-shirt. Get them early because the sizes are first come, first serve.
- Make sure your donations are on your personal NAMIWALKS page. Team funds don't earn members' t-shirts. You can donate \$100 on Walk day for a Walk t- shirt.
- Get your T-shirts early sizes are first come, first serve.



On the Friday and Saturday, call Gigi at 310-850-9519







# 10 69	Group 1st Aid & Mental Health Volunteers 360 Photo Booth Area	51 64 3	Huntington Hospital ISEC, Inc/ Workshop Area Johnson & Johnson/
48	ACHSA	22	KNBC4 & Telemundo 55
45	Adventist Health Glendale	34	KP Teams
8	AFSP	37	LA CADA
23	Comet Electrical	31	L.A. Care
4	Costco	16	LA Galaxy
57	Del Amo Hospital	54	LAPD
49	LA Dept. of Mental Health	7	LAPL
30	Didi Hirsch Mental Health	2	LARCA & Advocacy
13	Dignity Health	29	LASD MET Team
62	Dog Booth	27	Mental Health Hook up
19	Ellie Mental & Walk Stars	63	Mind & Body Area
11	Enki Health & Research	44	NAMI Glendale
35	Forest Lawn Memorial	1	NAMI Greater LA County
61	Front of Stage	28	NAMI Pomona Valley
25	Gateways Hospital and MH	32	NAMI San Fernando Valley
42	Glow Media	52	NAMI San Gabriel Valley
		56	NAMI South Bay



- 38 NAMI Whittier & Long Beach
- 5 Neurocrine Biosciences
- 15 NRC Research
- 67 Nsight Mental Health & Wellness
- 40 Ocean View Psychiatric Hospital
- 53 Pacific Clinics
- 24 Pankow & SmithGroup
- 50 Parexel
- 39 Photo Area with Long Beach
- 33 Recovery International
- 71 Registration, Donations & Info.
- 46 Rowii Teen & Parent
- 26 SEIU 721
- 60 Sign Making
- 12 SOCAL Psychiatric Society
- 41 Social Model Recovery Systems
- 21 Sound Booth
- 66 Southland Credit Union
- 55 Stars Behavioral Health
- 72 Sycamores
- 36 Tarzana Treatment Center
- 17 Teen Talk App
- 9 Telecare
- 6 The Good Seed
- 43 Transformative Care
- 65 UCLA Candy Lab
- 14 United Healthcare
- 47 USC Verdugo Hills
- 68 VA bringing own
- 20 VIPs next to the stage
- 18 Volunteers
- 59 Voter Registration/LWV
- 70 Workshop
- 58 YAI Start Program/MH & Disability

NAMIWalks Route LA State Historic



Lap 1 - 3K Lap 2 - 5K