

2024 NAMIWALKS Washington Event Day FAQ

Date: Saturday, June 1, 2024

Location: MAIN EVENT- Kirkland

8:00 am - 11:00 am

Marina Park, 25 Lakeshore Plaza Drive

Kirkland, Washington 98033

ADDITIONAL LOCATION- Yakima

10:00 am - 1:00 pm

NAMIWalks Washington at Yakima - Franklin Park

2101 Tieton Dr, Yakima, WA 98902

For more information, visit namiyakima.org

Distance: 1 mile, 2.5K, or 5K options

Kirkland Event Schedule:

8:00 am Registration & Check-in, NAMI World, & Resource Fair begin

8:40 am Opening Ceremony with Seahawks Dancers & Blue Thunder Drumline

9:00 am Step Off Begins!

9:00-9:30 am Walkers Begin the Route in Waves

9:30-11:00 am Music, Activities, Bubbles & Balloons, Resource Fair Continues

NAMIWalks will take place rain or shine!

Q: Where does the walk take place?

A: The walk begins at Marina Park in Kirkland, WA. The nearest intersection is Market Street and Lakeshore Plaza Drive. King County Metro offers bus service to a nearby bus stop. Go to http://tripplanner.kingcounty.gov/.

Parking: There are several paid public parking lots within walking distance of Marina Park. A limited number of off-street parking spots are also available. (Note that these are metered spots, and drivers will be ticketed if they do not have a valid parking sticker in their vehicle. We encourage carpooling and taking public transportation. For more details, see this parking map.

Q: Is there a fee to register for the walk?

A: There is no cost to register, but donations are welcomed.

Q: May I push my child in a stroller along the walk route?

A: Absolutely!

Q: Can I bring my dog?

A: Registered participants may bring well-behaved leashed dogs at their own risk.

Q: Is the walk wheelchair accessible?

A: Yes.

Q: What if I can't physically do the walk?

A: No problem! Please join us for music, activities, and camaraderie. You can also walk a shorter route: 1 mile or 2.5K instead of 5K.

Q: Is there food at the walk?

A: Many coffee shops, cafes, and restaurants are located in Downtown Kirkland within a few blocks of Marina Park. Our water sponsor, Point S Tire and Auto will be handing out free water bottles and other fun giveaways on-site.

Q: Is smoking cigarettes allowed at the walk?

A: No. For the health of our volunteers and walkers, and per the terms of our permit for the event, smoking is not allowed in the immediate staging area of the walk.

Q: Where do team captains meet with their teams?

A: Because of the large number of people attending the walk, we recommend that team captains arrange a meeting place ahead of time. Close to the main stage is a frequent team gathering area. Many teams make signs with their team logo and name that help their teammates find them in the crowd.

Q: Can people who want to walk register at the walk site?

A: Yes! To keep lines at the registration/check-in area short, we strongly encourage participants to register online before arriving at Marina Park.

Q: Do they have to register for a specific team?

A: No. Participants can register as team captains, team members, or individuals.

Q: Do people who are already registered need to check in at the walk site?

A: Yes, please! We debuted electronic check-in and registration last year, and are bringing it back! This makes the process simple and quick! In addition to checking in, you can turn in donations, make a donation, or pick up earned T-shirts. Please note: only individual registered participants raising \$100 or more receive a T-shirt—this is NOT calculated by team totals.

BONUS: Anyone who checks in or registers at the Check-in tent will automatically be entered to win one of several gift cards awarded the week after the event.

Q: Are donations accepted on the day of the walk?

A: Yes! We encourage cash donations to be converted into checks or money orders. Some participants deposit cash donations and then make an online donation in the same amount using their own credit card.

Q: How long will donations be accepted?

A: Walk donations will be accepted up to 60 days after the event.

Q: How long do I have to fundraise and earn a recognition gift?

A: Registered participants have until July 1st to fundraise and earn a gift. Check out the great options here.



WALK ROUTE MAP

Page **4** of **4**