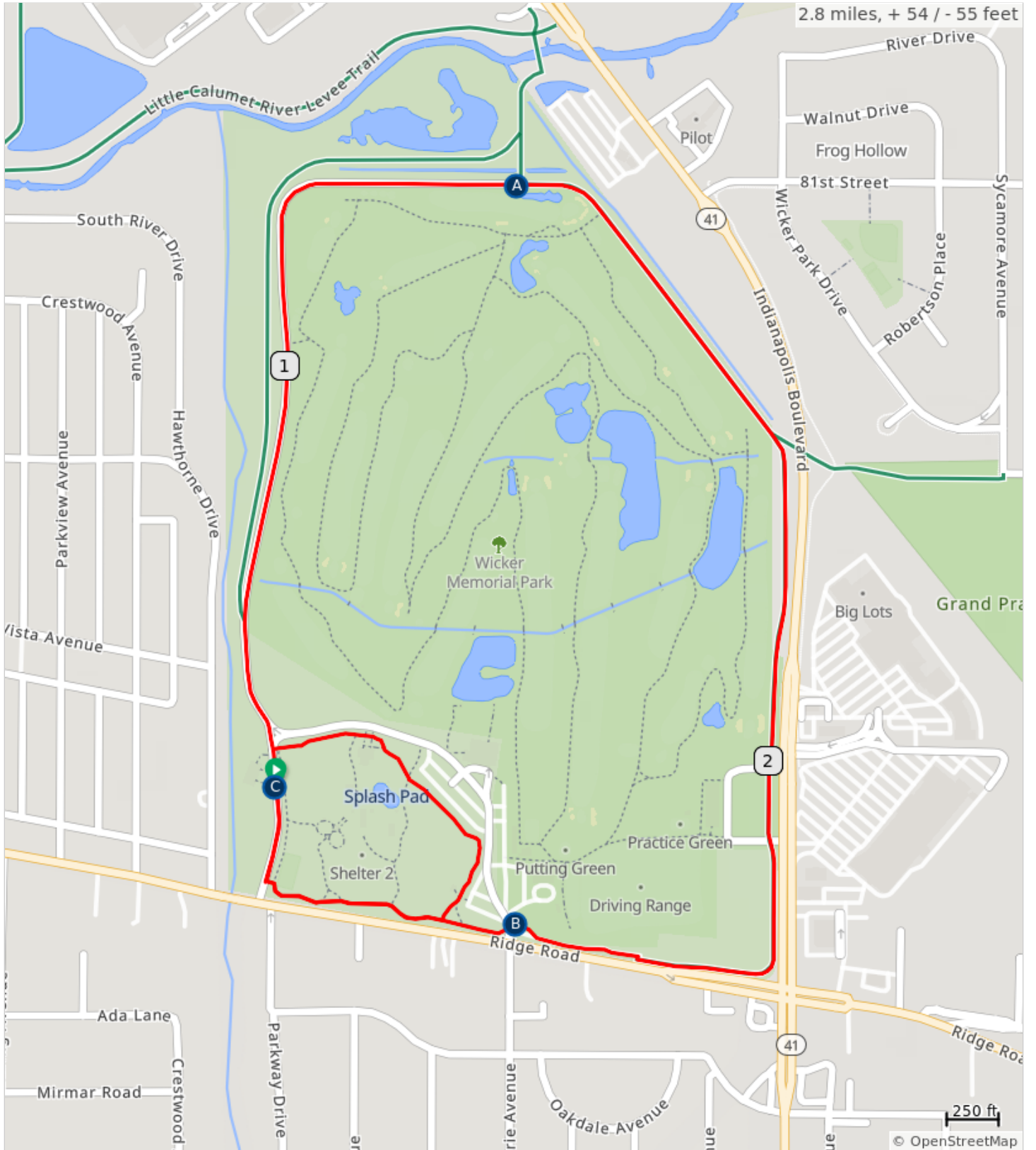


# Walk MS: Highland 3 Mile Route


















## Walk MS: Highland 3 Mile Route







- A. Hydration Station
- B. CAUTION Crossing Entrance
- C. 3 Mile Finish Line



Walk MS: Highland 3 Mile Route

Type	Dist	Note
	0.0	Start of route
	0.0	Right Turn Both 1 and 3 Mile Routes
	0.1	Stay Right on Path
	0.3	ROUTE SPLIT 3 Mile Stay to Right 1 Mile stay to Left
	0.3	Keep right
	0.4	Right Turn
	0.5	Left
	0.5	Right Turn
	0.6	Continue Straight for 3 Mile Route
	0.6	Keep left
	0.8	Keep right
	1.4	Continue onto Erie Lackawanna Connector
	1.7	Stay to the Right
	1.7	Keep right
	2.0	Keep left

2.0 miles. +33/-41 feet

Type	Dist	Note
	2.3	Left
	2.6	Keep left
	2.7	Left Turn
	2.7	Right Turn to Finish
	2.8	Left
	2.8	End of route

0.8 miles. +1/-14 feet