



DOOR COUNTY WEEKEND GUIDE



**3 DAYS. 50 MILES.
CONNECT TO END MS.**

WELCOME

Congratulations and thank you for accepting the challenge!

We are excited to be with passionate people like you for this extraordinary weekend to end MS. We're here to help you every step of the way. Enclosed you'll find the Challenge Walk MS® event weekend details to ensure you have the information you need for an amazing experience.

Before you join us for Challenge Walk MS®, make sure to download the Challenge Walk MS app for tracking your fundraising and your miles throughout the weekend!

WEEKEND LONG ACTIVITIES

- **Challenge Walk MS Bingo:** Each participant will receive a bingo card in their check-in bag. The first two participants to complete a blackout on their card will receive a special prize! Bingo cards must be submitted to Society staff by the Saturday evening program.
- **Photo Challenge:** Submit your favorite photo from the day via text to 920-403-0622 or email to challengewalkMSdoco@gmail.com. The favorite photo (voted on by Society staff) from each day will receive special prize! Limit one photo per day.

THURSDAY, SEPT. 21

3:30 p.m. Room check-in available

4–10 p.m. Packet pick-up at Parkwood Lodge

7–9 p.m. Optional Welcome Event hosted by the Challenge Walk MS®: Door County Steering Committee under the tent at Parkwood Lodge. Connect with your fellow Challenge Walkers and celebrate the start of the best weekend of the year!

7 p.m. Rookie meeting: All rookie walkers are invited to join National MS Society staff and Challenge Walk MS veterans under the tent at Parkwood Lodge for a brief welcome to the event and weekend overview.

FRIDAY, SEPT. 22

5:30 a.m. Medical available in Medical/Massage tent at Parkwood Lodge. Medical will also be available at the start line.

6:30–7:15 a.m. Breakfast available at Savor Food Truck in Parkwood Lodge parking lot. Breakfast delivered to participants staying at Birchwood Lodge and Door County Rental Houses at approximately 6:45 a.m.

7:15 a.m. Load bus for start line

7:30 a.m. Depart for start line from Parkwood Lodge and Birchwood Lodge. Shuttles depart Door County Rental Houses at 7:20 a.m.

7:45 a.m. Group Photo and Opening Ceremony

8 a.m. **Challenge Walk MS: Door County begins!**

FRIDAY, SEPT. 22

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- 10 a.m.–1 p.m.** Lunch at Ephraim Town Hall catered by Wilson’s Restaurant. Shuttle available for those who wish to return to their hotel.
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- 2–6 p.m.** Massage available at Parkwood Lodge
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- 4–6:15 p.m.** Shuttles on call from Birchwood Lodge and Door County Rental Houses to Parkwood Lodge. Call Net Control at 920-288-2598 to arrange a ride.
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- 4:30 p.m.** **Route closes.** Shuttles available on loop back to hotels from 12:45–4:30 p.m.
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- 4:30–6:45 p.m.** Dinner available under the tent at Parkwood Lodge
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- 7 p.m.** Evening program under tent at Parkwood Lodge
Following evening program: S’more Bar at firepit in front of Rowleys Pub. Recap Day One and enjoy the company of your fellow Challenge Walkers. Shuttles available back to Birchwood Lodge and Door County Rental Houses 15 minutes and 1 hour after conclusion of program.
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- 8:30–10 p.m.** Massage available at Parkwood Lodge
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GET CONNECTED

Share photos and stories about your experience throughout the weekend across your social media. Use **#challengewalkMS** for all your posts!

SATURDAY, SEPT. 23

- 5:30 a.m.** Medical available in Medical/Massage tent at Parkwood Lodge. Medical will also be available at the start line.
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- 6:30–7:15 a.m.** Breakfast available at Savor Food Truck in Parkwood Lodge parking lot. Breakfast delivered to participants staying at Birchwood Lodge and Door County Rental Houses at approximately 6:45 a.m.
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- 7:15 a.m.** Load bus for start line
-
- 7:30 a.m.** Depart for start line from Parkwood Lodge and Birchwood Lodge. Shuttles depart Door County Rental Houses at 7:20 a.m.
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- 10 a.m.–1 p.m.** Lunch at the Women’s Club at Ellison Bay Community Center catered by Thyme Catering. Shuttle available for those who wish to return to their hotel.
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- 2–6 p.m.** Massage available at Parkwood Lodge
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- 4–6:15 p.m.** Shuttles on call from Birchwood Lodge and Door County Rental Houses to Parkwood Lodge. Call Net Control at 920-288-2598 to arrange a ride.
-
- 4:30 p.m.** **Route closes.** Shuttles available on loop back to hotels from 12:45–4:30 p.m.
-
- 4:30–6:45 p.m.** Dinner available under the tent at Parkwood Lodge
-
- 7 p.m.** Evening program and Candlelight Ceremony at Parkwood Lodge. Shuttles available back to Birchwood Lodge and Door County Rental Houses 15 minutes and 1 hour after conclusion of program.
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- 8:30–10 p.m.** Massage available at Parkwood Lodge
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SUNDAY, SEPT 24

5:30 a.m. Medical available in Medical/Massage Tent at Parkwood Lodge. Medical will also be available at the start line.

5:30–7:15 a.m. Room check-out. Take your luggage and belongings to your vehicle before you begin your walk. Please drop your room keys at the front desk.

6–7:45 a.m. Breakfast available at Savor Food Truck in Parkwood Lodge parking lot. Breakfast delivered to participants staying at Birchwood Lodge and Door County Rental Houses at approximately 6:45 a.m.

7:15 a.m. Load bus for start line

7:30 a.m. Depart for start line from Parkwood Lodge and Birchwood Lodge. Shuttles depart Door County Rental Houses at 7:20 a.m.

11 a.m. **Pre-Finish and Lunch** catered by Thyme Catering at Sister Bay Sports Park. All walkers must arrive to Pre-Finish by 11:30 a.m. If you have not arrived by that time a SAG vehicle will shuttle you to the Pre-Finish. (approx.)

12 p.m. **Final Mile and Finish Line Celebration** Shuttles back to lodging locations will be available for approximately 1 hour after the Final Mile. If you do not board a shuttle within that timeframe, we will assume you have arranged your own transportation. (approx.)



THINGS TO REMEMBER

- **For non-emergency assistance**, call 920-288-2598.
- **IN CASE OF EMERGENCY, CALL 911** first if immediate attention is required. Also call 920-343-6042.
- Stay hydrated! Even if you're not thirsty, drink plenty of water each day. Water is your friend this weekend!
- Daily Schedules and Shuttle Schedules will be posted at all lodging locations and under the tent at Parkwood Lodge. Thank you so much for your flexibility and understanding as we have had to revamp key elements of the event in the last couple weeks.
- When you see hotel staff throughout the weekend, please thank them for their support. They are working hard to ensure we have an enjoyable experience!

THANK YOU TO OUR SPONSORS



challengewalkMS.org | [#challengewalkMS](https://twitter.com/challengewalkMS)

