

MS Jet Pull – September 23, 2023 Wave Times

<u>Wave</u>	<u>Team Name 1</u>	<u>Team Name 2</u>	<u>Team Name 3</u>	<u>Team Name 4</u>
Arrival: 8:30 AM				
Wave 1: 9:00-10:00 AM				
9:00	Citizens RI South Central Crushers			
9:10	Holy Sheath	CMG Pullers		
9:20	Friends Against MS	CT-RI Fights MS		
9:30	Greenwood Credit Union G Force			
9:40	Prowess Fitness and Nutrition			
9:50	<i>OPEN</i>			
Arrival: 9:30 AM				
Wave 2: 10:00 - 11:00 AM				
10:00	Wilkinson's Warriors			
10:10	Wilkinson's Warriors			
10:20	Fidelity			
10:30	<i>BREAK</i>			
10:40	TPI & MagSeal			
10:50	Seamus' Lucky Charms			
Arrival 10:30 AM				
Wave 3: 11:00-11:30 AM				
11:00	Keep Smyelin with Alyssa			
11:10	GZA Providence			
11:20	The Drop			
BREAK 11:30 AM-NOON				
Arrival 11:30 AM				
Wave 4: 12:10-1:30 PM				
12:00	ISH Fitness			
12:10	Cupcakes Crew			
12:20	Fearless Fighters			
12:30	Ocean State Job Lot 1	Team Tbone		

12:40	The Matrix	Karissa		
12:50	MSoRI	The Big Tug	Team Conte	Premier Punks
1:00	Team Awesome Squad	Team Vinny		
1:10	DWALLI	Aim to Get Fit		
1:20	<i>OPEN</i>			