

PARTICIPANT GUIDE SEPTEMBER 23, 2023 Supported by Federate &

Rhode Island T.F. Green International Airport, 572 Airport Road, Warwick, RI





National Multiple Sclerosis Society

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Brianna.Dragunoff@nmss.org 1111 Cromwell Ave. Building #3, Suite 302C Rocky Hill, CT 06067 nationalMSsociety.org Dear MS Jet Pull Participant,

Thank you so much for joining us in our relentless effort to stop MS in its tracks. MS Jet Pull is a unique and wonderful event; how often does the opportunity to pull a jet cross your path, after all? Beyond being a great way to spend a Saturday in the fall, this event represents so much to so many people. To gather a group of your friends, family, colleagues, loved ones, or all of the above and to work together against all logic to move an object so much bigger than yourselves is exactly what we're doing as a team locally, nationally, and globally to find a cure for MS.

We've made huge progress over the years with new medications, approaches to treatment, and developing wellness techniques, all to make sure that those living with MS are living their best lives possible. There are more advancements coming down the pipeline every year. Inch by inch we are moving toward our goal, and it's your effort that keeps the momentum going.

This year, MS Jet Pull has set out to raise \$100,000 for research and programs with the aim to create a world free of MS. To achieve this goal, we need to ask all our teams and participants to go above and beyond. We need as many people as possible and as many teams as possible pulling together to share their stories with their communities and to tell them why putting a stop to MS is so important. Fundraising dollars support research, support programs, advocacy, services, and MS education.

So how can you help? Get the word out! Tell your whole community why you show up to MS Jet Pull and try to do the impossible. Share on social media, write a letter sharing your story and convey the urgency that we all feel to make MS a thing of the past. If you're pulling as a team, gather everyone in advance for some team building and fundraising fun! Host a yard sale, a trivia night, an office dress down day, or a car wash. All of these efforts will help get the word out that we are all working to make MS history.

It's time to pull together and move a few more inches toward a world free of MS!

I can't wait to see you all out on the tarmac!

All the best,

Brianna Dragunoff

Sr. Specialist



MS Jet Pull: Getting Started

How the Event Works:

- Everyone must pull as a group of 25 people. You can bring a team of 25, or as many as you can gather. We'll help teams get to the necessary 25 with volunteers and we'll help pair individuals with groups to pull with.
- Each group will pull in a specific wave. Your wave will be assigned to you via email one week before the event. You must arrive to the tarmac one hour before your assigned pull time.
- During a wave, teams will have three opportunities to pull:
 - Fastest Pull: Each group will have three opportunities to try to pull the jet 12 feet the fastest.
- Masks are recommended not required of all participants, staff, volunteers, and spectators.
- Gloves will not be provided but are highly suggested. We encourage you and your team to bring your own work, gardening, etc. gloves.





MS Jet Pull: Getting Started

Fundraising

- Let everyone in your community know that you've accepted the challenge to pull a 757 FedEx Express Jet and that you need their help.
- There is no fee to participate in MS Jet Pull; every individual and every team must raise the minimum fundraising.
 - \$60 per person or \$1,500 team minimum
 - Raise \$100 (individual fundraising) to earn an event t-shirt

Your support allows the National MS Society to stay focused on what matters most:

- Ensuring, first and foremost, that people affected by MS have the information and connections they need to live well.
- Amplifying the voices of MS activists to improve access to affordable health care and increase federal research funding.
- Expanding the MS movement through virtual opportunities to meet people where they are.
- Ensuring that we are the welcoming, inclusive organization that brings people together, now more than ever.
- And, as strongly as ever, providing global leadership to advance an MS cure.





MS Jet Pull: What to Expect

Parking

• Parking is available at the Park and Ride across the street from the event site. There is limited parking available directly in front of the event site for those in need of handicapped parking.



Spectators

- Spectators are more than welcome to join to watch family and friends, **\$5 per person** (Children 12 and under FREE).
- Masks are not required but are recommended



MS Jet Pull: What to Expect

Check-in

- Each individual participating must check in when you arrive at the airport. This is how we'll take attendance as well as know when your full team is present. You have ONE hour to check in prior to your wave. Please make every effort to arrive on time so that the event can remain on schedule.
- What do you need for check in? Click <u>here</u> to sign before the event or email Brianna Dragunoff at brianna.Dragunoff@nmss.org
 - Signed Waiver (CLOSED TOE SHOES! You WILL NOT be allowed to participate in sandals or any open toe shoes.
 - We will have pledge envelopes for day-of donations and can also accept credit card donations!

Food

- Snacks and beverages will be served for event participants, spectators, and volunteers.
- Outside food and beverages are NOT permitted on the airport tarmac.





MS Jet Pull: The Rules

- No animals are permitted on the airport tarmac.
- Outside food and beverages are not permitted.
- No alcohol is permitted on the premises
- Everyone participating in the Jet Pull MUST wear closed-toed shoes.
- Everyone participating in the Jet Pull MUST sign the waiver and wear an arm band issued at check-in.
- Volunteers and spectators are also required to wear an arm band.
- No footballs. Frisbees, or games are allowed on the tarmac.
- Gloves will not be provided but are highly suggested. We encourage you and your team to bring your own work, gardening, etc. gloves.
- We ask that you arrive within 1 hour of your wave time and depart within 30 minutes of your pull to keep participants, volunteers, staff, and host communities as safe as possible.





