



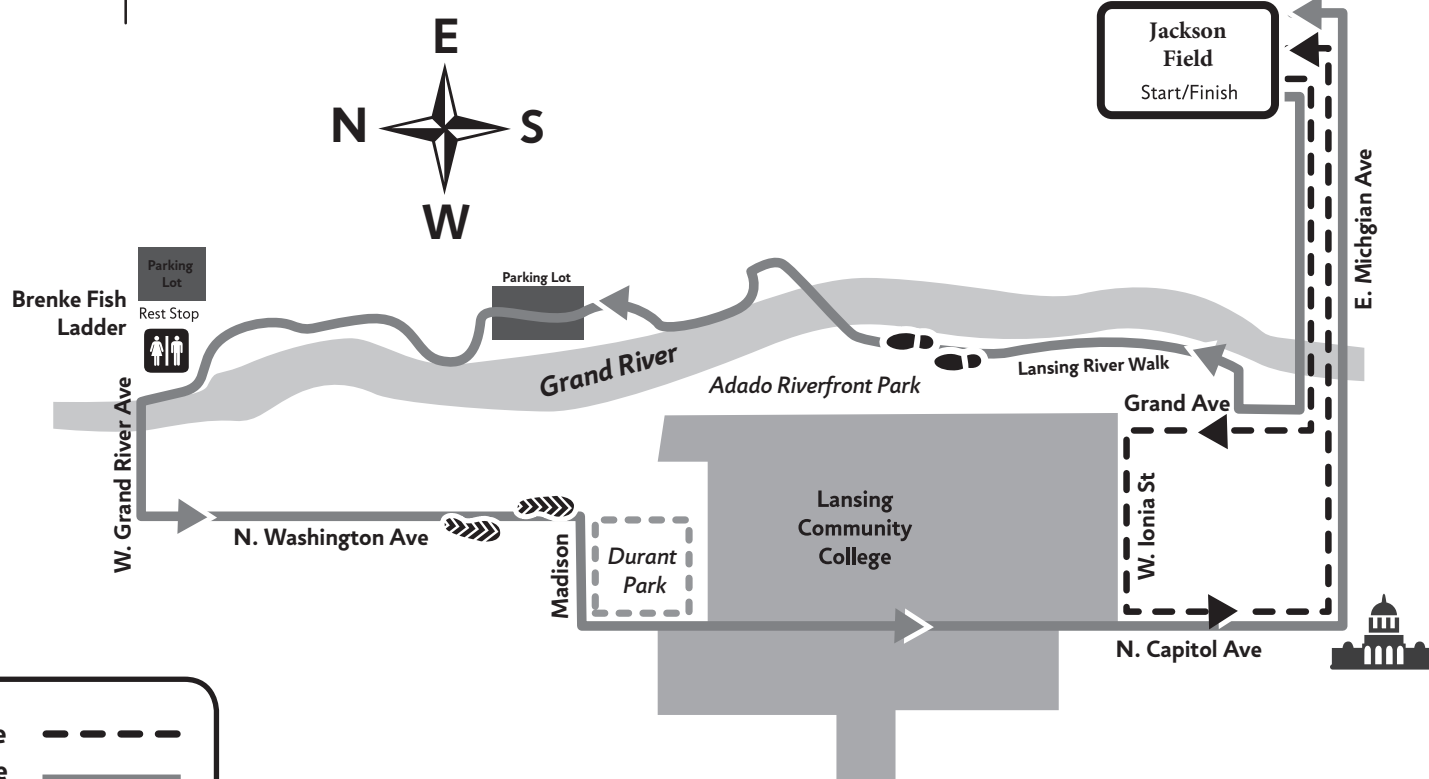
Lansing Walk MS

1.0 Mile & 3.0 Mile Route

For Emergency Assistance Dial 911

For Other Assistance Call -

Tammy Willis 517-646-0807



National Sponsors:



Local Event Sponsors:





Lansing Walk MS

1.0 Mile & 3.0 Mile Route

Three Mile Route

Start - Exit Cooley Law School Stadium

- Turn right onto E. Michigan Ave to Grand Ave
- Turn right on Grand Ave to E. Ottawa St.
- Enter the Lansing River Trail at E. Ottawa St.
- Cross bridge to stay on River Trail (East side of the Grand River)
- Exit River Trail and continue through parking lot.
- Cross Oakland with Lansing PD Officer
- Re-enter River Trail at Turner Park
- Continue on River Trail to Rest Stop

Rest Stop - Brenke Fish Ladder Parking Lot

- Continue out of rest stop on Lansing River Walk to Grand River Ave

- Turn left onto W. Grand River Ave and continue to Washington Ave
- Turn left onto Washington Ave to Madison
- Turn right onto Madison to S. Capitol Ave
- Turn left onto S. Capitol Ave to E. Michigan Ave
- Turn left onto E. Michigan Ave and return to Cooley Law School Stadium

Finish - Cooley Law School Stadium

One Mile Route

- Exit Cooley Law School Stadium
- Turn right onto Michigan Ave to Grand Ave.
- Turn right onto Grand Ave to W. Ionia St.
- Turn left onto W. Ionia St. to Capitol Ave.
- Turn left onto Capitol Ave. to Michigan Ave
- Turn left onto Michigan Ave and return to Cooley Law School Stadium

**Note: Map Is Not To Scale. Please Follow Markings Through Route.*