



## Bike MS: Texas MS 150

### Preparing for Event Weekend

### Luggage Requirements & Packing List

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#### Luggage Requirements

- Each rider is allowed 2 pieces of luggage
- Each luggage piece may not weigh more than 25 pounds
- Place the luggage tags from your rider pack on each luggage piece
- Include personal tags with name and cell phone number on each piece of luggage

#### Packing List (items on the route)

- Helmet - **REQUIRED to participate**
- Rider numbers and wristband - **REQUIRED to participate**
- Padded cycling shorts and jersey
- Cycling gloves and shoes
- Sunglasses, lip balm and sunscreen
- Tire patch kit, spare tubes, CO2 dispenser and cartridges or hand pump
- Medical insurance card identification (driver's license)
- Emergency cash and credit card Water bottles (placed in bottle cages on bike) or hydration pack Jacket/rain poncho

#### Packing List (item in Overnight bag)

- Personal size tent - 1 to 2 person - optional (tent counts as 1 of the 2 piece luggage requirement)
- Sleeping bag and pillow Towel, soap, shampoo, toiletries, including medications
- Change of clothes for Saturday afternoon /evening
- Plastic cover for bike seat on Saturday night Cycling Shorts, jersey, etc. for Sunday
- Change of clothes for bus ride home
- Comfortable shoes for walking around on Saturday and Sunday after the ride

#### Luggage Transportation

The National MS Society will transport your luggage at no charge during event weekend.

**Please note NO weapons are allowed. Be sure to affix the provided luggage tags from your Rider Packet and a personal luggage tag with your name and phone number to each bag.**

#### Saturday morning - Houston Area Start Locations:

Drop off your luggage at one of the **National MS Society luggage trucks** located at each start location: Energy Corridor (Houston), Royal School Complex (Pattison), or Bellville

#### Saturday morning – Austin Start:

Drop off your luggage at one of the **National MS Society luggage trucks** located at each start location: The Capitol of Texas or Webberville Park

#### Saturday afternoon - Fayette County Fairgrounds (overnight site in La Grange):

Pick up your luggage from the luggage area located in the luggage barn. The luggage will be sorted and arranged by rider number.

#### Sunday morning:

Drop off your luggage at the luggage area in the luggage barn (same location as Saturday pick up)

Your luggage will be transported to College Station and placed at the luggage area (sorted and arranged by rider number at Lot 48)

**\*If you purchased bus transportation from College Station to Houston or College Station to Austin, you MUST pick up your luggage and load on the passenger bus.**