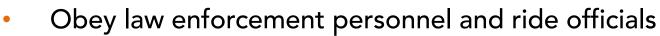
# **Ride Friendly**



• Don't litter!

bike

- Obey all State & Local Traffic Laws
- Support the Local Communities
- Respect Private Property

**#TEXASMS150** 

- Use Provided Restroom Facilities ONLY
- Curb Inappropriate Language & Profanity



Don't just ride, Bike MS

### bike ®

# Tips for Riding Smart and Safe

- The Texas MS 150 is a RIDE, NOT A RACE!
- Expect crowds at the Start, Route Merge Points, Rest Stops, Lunch Stops, and the Finish.
- Vehicle Traffic The roads we use are not closed! Keep as much distance between you and vehicle traffic as possible. Use courtesy and etiquette when interacting with vehicles
- Keep to the right unless passing. Pass on the left. Call out "Passing on Left." DO NOT PASS ON THE RIGHT

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- Communicate verbally and using hand gestures (slowing, stopping, etc.).
- **DO NOT CROSS** the yellow center line.
- Ride with no more than two (2) riders abreast
- Be Courteous, Be Patient and Ride Friendly

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## **Rest Stops**

Entering and Exiting a Rest Stop use caution and communicate to riders around you

#### Entering:

- Stay to the right side of the lane when approaching a rest stop (if plan to stop)
- If you are not stopping at a rest stop, slow down then stay on the appropriate side of the lane to avoid those who are entering/exiting the rest stop
- Announce you are stopping
- Communicate with hand signals and callout "stopping"
- Move quickly and completely into the rest stop
- Ride ALL THE WAY INTO THE REST STOP before you stop and dismount your bike
- DO NOT STOP IN THE ROADWAY!

#### Exiting:

- When exiting a rest stop do so from the down route side of the rest stop.
- Watch for oncoming cyclists or traffic, and slowly and safely merge back into the ride.
- Be ready to ride once you move out of the rest stop
- DO NOT STAGE IN ROADWAY AND THEN PREPARE TO START!

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