The McCormack Family

Don started riding the MS 150 in 1995 and quickly realized it was much more than a ride and just a method to meet new people. Soon after meeting Joy, he invited her to volunteer for Team BR on the ride and she was hooked. Joy's Aunt Donna had lived with Multiple Sclerosis for many years and passed in 2000, right before Joy's first MS 150. Don increased his fundraising and has completed 28 consecutive MS 150s and several others across the state. He served as the Treasurer for the South Central Region Board of Directors.

Since Don's first ride, there has been amazing progress in the fight against MS. Many new therapies have been developed, including oral medication. Joy has chaired the annual luncheon in Houston to raise funds for their mission to end MS forever.

Joy has been instrumental in her family's choice of two charities they support on many fronts. She has shared her time and talent with organization that provides opportunities for ALL, which led to her work with the YMCA of Greater Houston, fundraising for the Trotter Y and then later joining their board. Her service has included the creation of the Trotter Family YMCA: Celebrating Women of the Y Luncheon and collaborative work to create the Moving Stronger at the Y program for those living with Multiple Sclerosis.

Joy continues to serve on the Trotter Board and also as part of the Board of Directors for the YMCA of Greater Houston.

Joy and Don continue to give generously to make a difference in someone's life.