



THANK YOU TO OUR
PLATINUM SPONSOR



AMY GARCIA

DIAGNOSED IN 2016 // MY MS STORY

MS is definitely an invisible illness. It took years to figure out what was wrong. My first symptoms started when I was 18. Tingling of the left side of my body came and left. I was told that it was caused by stress.

When I was 25, a senior year in college, I started feeling off balance and couldn't focus my vision. It turned out to be sixth nerve palsy in my left eye. Just like before, it came and left. I got an MRI but nothing came out of it as I was told I had lesions that seemed to be from possible migraine headaches. In 2016, I fell back to feeling off balance with headaches.

I finally found a doctor that listened to my history and symptoms. She did not assume that it was just stress because I looked young and healthy. I was diagnosed with MS in 2016. Although it was hard to hear that there is no cure, I was relieved to know there was an explanation for my symptoms. It gave me a new perspective on life after I let it soak in and accepted this new life chapter. I then began treatment and started learning more about MS.



I began looking for support groups and came across the I Ride With MS group. This has been a life-changing support group. I have met people with a positive outlook and people that keep pushing through no matter what comes our way. I ride for all of us!

#BIKEMS
#TEXASMS150

*Don't just **ride**, **Bike MS***