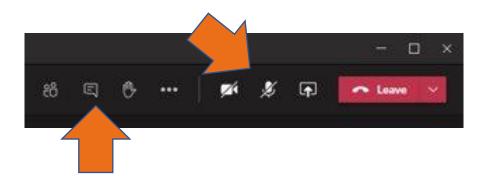


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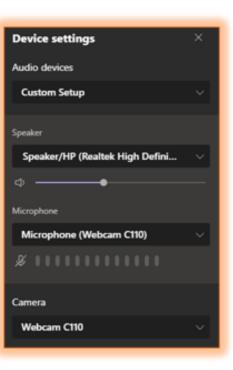
Bike MS: City to Shore Team Captain Meeting September 1, 2021



Microsoft Teams Best Practices



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Don't just <mark>ride, Bike MS</mark>

TONIGHT:

- City to Shore Update
- Getting Your Team Prepared
- Event Experience & Safety Protocol Updates
- Team Experience Reminders
- Q&A / Let's Hear from You



CITY TO SHORE STATUS & UPDATES





CITY TO SHORE 2021



SINCE LAST MEETING

\$2M+RAISED 3,460 REGISTERED



FUNDRAISING & RECRUITMENT

Total Campaign Revenue: \$1,967,911

• 56% to our \$3.5 Million goal

Registrations: 3,456

• 77% to our 4,500-registration goal



**as of Monday, August 9 at 8am



WHO'S IN THE LEAD: RECRUITMENT

1.	Team UPHS/PENN	197
2.	Team Ox	79
3.	Team Comcast	77
4.	Jersey's Team AND Team J&J:Janssen AND Flying Shamrocks	44
5.	Team Subaru	40
6.	Merck AND Road Dawgs	39
7.	SWISCO	33
8.	CRM Science, Salesforce & Friends	31
9.	Team Smiley	29
10.	MOR Wealth Management AND Team NFI	28
**~~	of Manday August 20 at Pam	

Don't just ride, Bike MS

**as of Monday, August 30 at 8am

FINAL FEE INCREASE: SEPT 13 \$51 TO \$70

WHO'S IN THE LEAD: FUNDRAISING

- 1. Team Ox \$80,107
- 2. Jersey's Team \$79,810
- 3. SCREENS 'N' SPOKES \$62,369
- 4. Team UPHS/PENN \$61,472
- 5. MOR Wealth Management \$51,189
- 6. Roxborough Riders \$29,669
- 7. Renee's Riders \$29,145
- 8. Team Comcast \$28,531
- CQUAD.com cycling Team \$26,498
 Merck \$23, 037

**as of Monday, August 30 at 8am





Don't just <mark>ride,</mark> Bike MS

GETTING YOUR TEAM PREPARED





REMINDERS:

ENGAGE: Cycling Challenges:

Ride, Take a Photo, Submit and Win*!

- 8/30: a local sporting venue or track
- 9/4: an iconic landmark near you
- 9/11: your local bike shop

*Bike tire tool or Garmin Edge 130 bike GPS

STAY INFORMED: Bike MS & City to Shore Website

- Primary Resource for Ride Info & Details
- Check Back Frequently





REMINDERS:

ENCOURAGE FUNDRAISING FINAL Rider Number Mailing: September 8

**Important & Highly Encouraged for PATCO

- 55% (1,886) Packets Mailed
- Goal: 65% by September 8
- Mailing List Posted on Registration Page > Packet Pick Up

FINAL Top Fundraiser Credential Mailing: September 8

KEEP RECRUITING FINAL Fee Increase(\$51 to \$70): September 13







REMINDERS:

Mandatory Bike Inspections: Now – Sept 18

- bring your bike to sponsoring shop + show Bike Shop Inspection
- receive free bike maintenance ride weekend

PROMOTE SAFE & COURTEOUS CYCLING: Virtual Safety Clinic: TOMORROW at 7pm

- COVID-19 protocol
- Group Riding Etiquette & Responsibilities
- Safe & Courteous Cycling Behavior Review
- PATCO Start/Release Protocol



MS: THINK SAFE

Don't just <mark>ride, Bike MS</mark>

EVENT EXPERIENCE & SAFETY UPDATES





PERSONAL RESPONSIBILITY: SAFE CYCLING

As responsible cyclists, we care about our image, so we try to be courteous to others with whom we are sharing the road, whether they are motorists or cyclists.

- LAB Student Manual, pg. 8



- You play an important role in providing a well-run, wellsupported, safe and enjoyable Ride.
- Bike MS provides the necessary tools to educate all City to Shore cyclists but it's up to YOU to be a responsible cyclists.
- The commitment is minimal, but the impact is tremendous

Don't just <mark>ride,</mark> Bike MS

EVENT EXPERIENCE: WHAT TO EXPECT

Same great ride experience, support and perks you are accustomed too (with COVID in mind!)



VOLUNTEER

- Volunteers **fuel our mission** in helping us create a world free of MS.
- Everyone Can Volunteer! Friends, family, employees of all ages and abilities are welcome to volunteer.
- Many corporations acknowledge and reward their employees for volunteering through Volunteer Grant Programs.



Samantha Dea samantha.dea@nmss.org 330-322-6490

PRECAUTIONS & BEST PRACTICES: COVID SAFETY

- Face coverings will be required for all riders, volunteers, and staff throughout the event regardless of vaccination status for COVID-19 throughout the event.
 - Riders may remove their masks when out on the road, eating, or drinking.
- **Pre-Event health screening** of all staff, participants, and volunteers.
- Promotion of social distancing, reduced touchpoints and additional sanitation
- Anyone at increased risk or exhibiting symptoms of COVID-19 will be directed to stay home.

Visit Website: Bike Safety & COVID-19 page + City to Shore Ride Weekend Details



PRECAUTIONS & BEST PRACTICES: COVID SAFETY

Food & Beverage

- Dinner & Breakfast OC: outdoor seating option at the Music
 Pier + limited capacity (when possible)
 - MASK REQUIRED
- Individually wrapped/prepackaged food at Lunch & Rest Stops
- Lysol/Clorox at all drink stations (and everywhere...)

Transportation: Bus Back to Start & Jitneys

- Reduced Capacity when possible
- MASK REQUIRED



Cup Free Ride

Don't just Hide, Bike MS



Visit Website: Bike Safety & COVID-19 page + City to Shore Ride Weekend Details

PRECAUTIONS & BEST PRACTICES: COVID SAFETY

Start Locations & Release Protocol: 20 & 40 Mile

- Larger/longer start chute to accommodate social distancing
- MASK REQUIRED while waiting to be released on route
- Start Locations & Release Protocol: PATCO
 - Team Photos will not be offered
 - Reduced capacity in the corrals
 - MASK REQUIRED while waiting to be released on route
 - All participants highly encouraged to meet mailing deadlines
 - Century release prioritized access to the start

Visit Website: Bike Safety & COVID-19 page + City to Shore Ride Weekend Details



PERSONAL RESPONSIBILITY: COVID SAFETY

- Complete the Health Screening
- Wear You Mask (unless eating, drinking or riding)
- Be courteous and responsible of personal space and practice social distancing Come Prepared
 - Reach \$300 before September 8
 - Bring your water bottle
 - Review the website for more details
- **@ PATCO** > wait in your vehicle until your comfortable



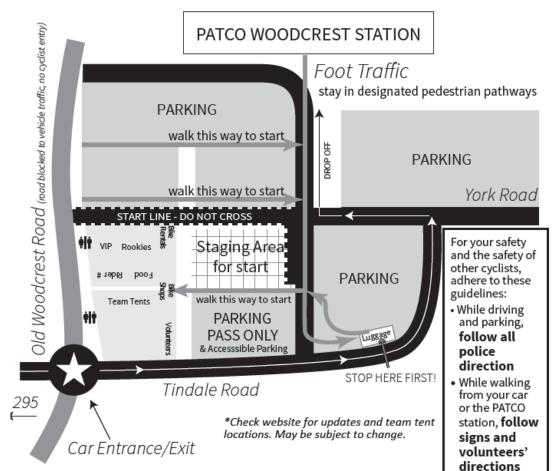






STARTING FROM PATCO

- Travel Tips
- Arriving at PATCO Where to Go
- Luggage Drop Location & Procedure
- Food & Beverage
- Start Times
 - Site Opens: 5:30am
 - 8am: All Cyclist Must be on the Road
- Cyclist Release Protocols





TEAM EXPERIENCE REMINDERS





TEAM PLANS

- Capture & Share Your Moments
- Identify a Team Meeting Point ride morning and post event!
 - No organized Team Starts
 - **PATCO Team Tents:** site map will be online this week
- Plan your Ocean City Team After Party
 - OC Team Tents Qualifiers: Screens 'N' Spokes, Jersey's Team, Team NFI
- Book Team Housing
- Team Jersey Distribution



TEAM JERSEY CONTEST

- Earn the coveted 'Best Team Jersey' Award
- Submit your jersey at the start location Saturday morning
 - PATCO: <u>Rookie Rider Tent</u>
- Jerseys will be displayed and voted on at the Ocean City Finish Line
- Winner will be announced at the Awards Ceremony in January





THE CRAIGHEADS: ROXBOROUGH RIDERS







Q&A

We Want to Hear From You!





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PRIMAL

Local Presenting Sponsor

National Sponsor



National Club K Sponsor





Local Silver Level Sponsor

