

# RIDER NUMBER INSTRUCTIONS

## Cyclist Bib



Pin this number to the **back of your jersey** or shirt with the enclosed safety pins.

The number should be visible at all times. It identifies you as a participant.

You must fill out the emergency information on the reverse side prior to the start of the ride on Saturday morning.

### Bike Plate



Attach this selfadhesive number to a prominent place on your bike frame prior to your arrival on Saturday morning.

THIS IS THE BEST WAYTOIDENTIFY YOUR BIKE.

### Luggage Tag



Attach this tag to your luggage before you arrive at check-in. This tag is the best way to identify the bag as yours during luggage pick-up each day.



Please make sure you can leave it attached and still open your bag on Saturday night. Once your luggage is dropped at your start location, you will not have access to it until you arrive at the finish line.

### Wristband

All City to Shore cyclists must wear the enclosed wristband to access all Ocean City finish line giveaways and festivities, including the pasta dinner and t-shirt pick up. Most importantly, YOUR WRISTBAND IS IMPRINTED WITH A MEDICAL EMERGENCY CONTACT NUMBER. Use this during the ride if you encounter an accident.



# "I'm riding for..." ribbons

Everybody has a reason for participating in Bike MS. The orange ribbon enclosed serves as a reminder of why we ride. Proudly wear this ribbon Bike MS weekend. If you are riding for someone, have them sign your ribbon provided by City to Shore mission sponsor Ivy Rehab.

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### Stickers at the Start

Team Captains, Top
Fundraisers and Rookie Riders!
Pick Up your designated sticker
at your start location and wear
with pride. All cyclists help us



ensure that our Rookie Riders feel welcome by connecting with them. Plus, thank Top Fundraisers and Team Captains for going above and beyond.

Ph#: 855-372-1331 Email: <a href="mailto:fundraisingsupport@mssociety.org">fundraisingsupport@mssociety.org</a> Website: BikeMS.org