

2020 MDA Muscle Walk

Individual Fundraising Incentives

Thank you for participating in MDA Muscle Walk! The dollars you raise fund urgently-needed research, care and support. Thank you for reaching out to your family, friends, neighbors and colleagues to raise critical awareness and funds for muscle-debilitating diseases. You're encouraged to raise a minimum of \$100 to secure your 2020 Muscle Walk t-shirt, but don't stop there! Take a look at this year's incentives for all-star fundraisers!

\$100 - \$249



2020 Muscle Walk Participant Shirt

For the \$250-\$5,000 levels:
select one of these items at
your highest achieved level or
below.

\$250 - \$499



Cable Knit Beanie

\$500 - \$999



Silipint 16oz Original
Pint Glass with Lid

\$1,000 - \$2,499



Champion Eco Crew
– Adult & Youth Sizes Available

\$2,500 - \$4,999



NBD Linden 15" Computer
Backpack

\$5,000+



Field & Co Oversized
Wool Sherpa Blanket

Circle of Strength

MDA's Circle of Strength is an exclusive group of participants who go above and beyond in their fundraising efforts. This is an additional thank you along with your incentive gift. As a registered Muscle Walk participant, once you reach these fundraising milestones (over \$500), you will qualify for each of these items as well as one of the prizes listed above based on your fundraising total.)

\$500 COS



Radiant Light up logo
wireless charging pad

\$1,000 COS



Spin half zip
– Adult Sizes Available