

Make-A-Wish  
RÊVES D'ENFANTS CANADA

# RANDONNÉE DE RÊVE



**SENTIERS DE RANDONNÉE AU CANADA**



**27 AVRIL - 25 JUIN 2022**



# Table des matières

Colombie-Britannique et Yukon.....	Page 2
Île de Vancouver.....	Page 8
Nord de l'Alberta.....	Page 13
Sud de l'Alberta.....	Page 15
Saskatchewan.....	Page 19
Manitoba.....	Page 21
Est de l'Ontario.....	Page 23
Toronto et centre de l'Ontario.....	Page 25
Sud-ouest de l'Ontario.....	Page 30
Québec.....	Page 33
Nouveau Brunswick.....	Page 35
Nouvelle-Écosse.....	Page 37
Île-du-Prince-Édouard.....	Page 39
Terre-Neuve-et-Labrador.....	Page 42

# COLOMBIE-BRITANNIQUE

## Stanley Park Seawall Trail

**Région:** Lower Mainland

**Emplacement:** Vancouver

**Longueur:** 9.3 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/british-columbia/stanley-park-seawall-trail>



Photo de: <https://www.alltrails.com/trail/canada/british-columbia/stanley-park-seawall-trail>

## Dog Mountain Trail - Mount Seymour Provincial Park

**Région:** Lower Mainland

**Emplacement:** North Vancouver

**Longueur:** 5.6 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/british-columbia/dog-mountain-trail>

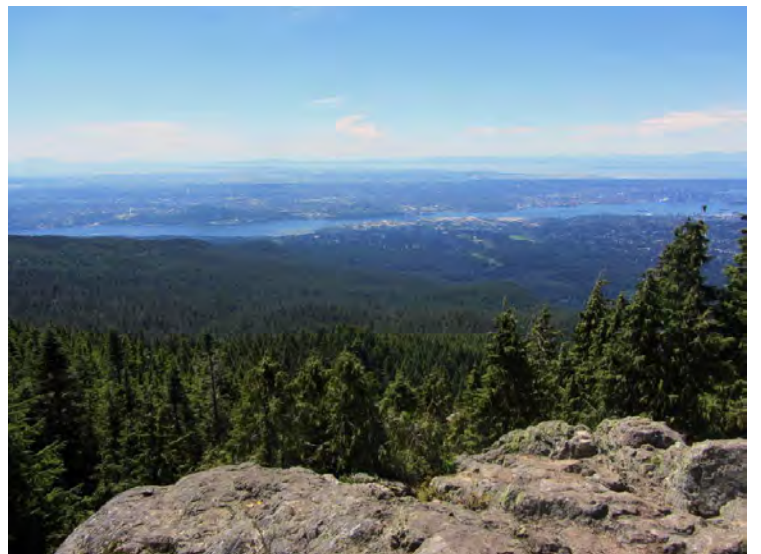


Photo de: <https://www.vancouvertrails.com/trails/dog-mountain/>

## West Dyke Trail & Garry Point Park

**Région:** Lower Mainland

**Emplacement:** Richmond

**Longueur:** 11.9 KM

**Site Web:**

<https://www.alltrails.com/explore/trail/canada/british-columbia/lulu-island-w-dyke-trail>

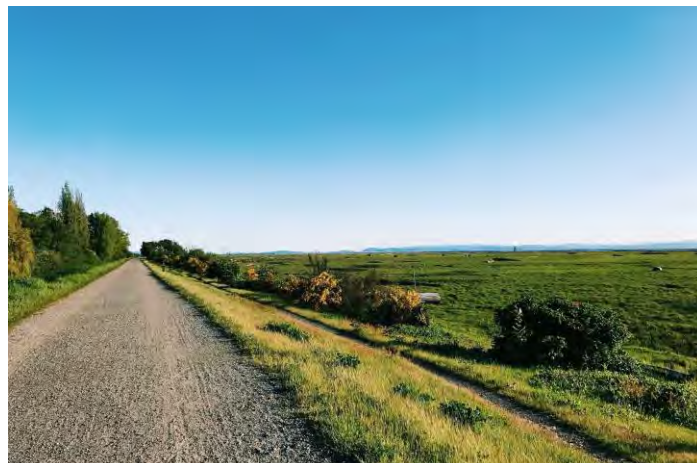


Photo de: <https://www.alltrails.com/explore/trail/canada/british-columbia/lulu-island-w-dyke-trail>

## Lower Lynn Loop Trail - Lynn Headwaters Regional Park

**Région:** Lower Mainland

**Emplacement:** North Vancouver

**Longueur:** 5.5 KM

**Site Web:**

<https://www.alltrails.com/explore/trail/canada/british-columbia/lower-lynn-loop-trail?mobileMap=false&ref=sidebar-static-map&ref=sidebar-view-full-map>

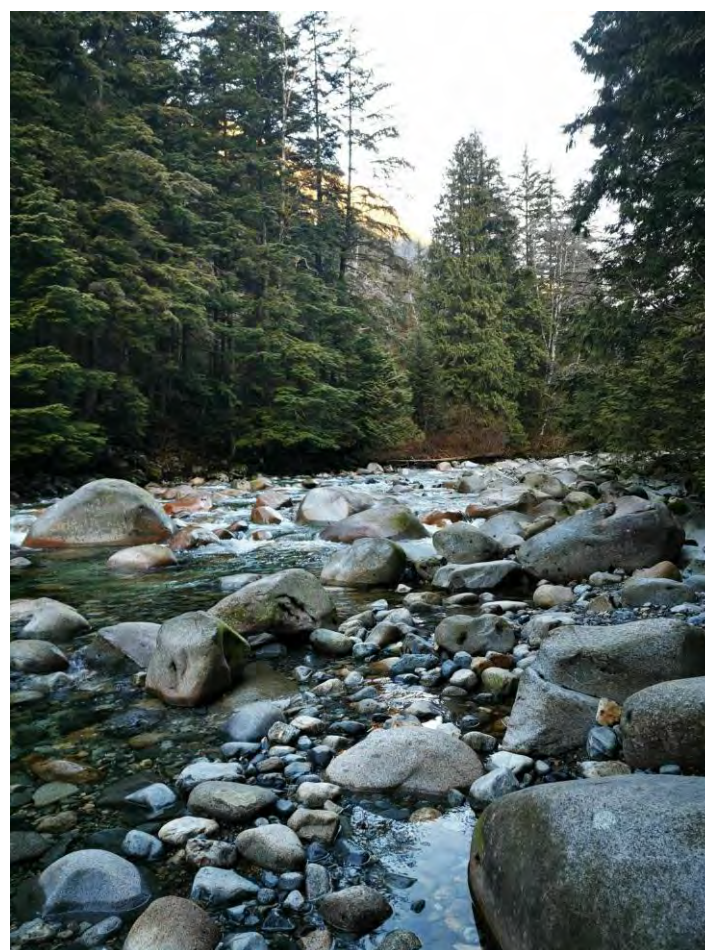


Photo de: <https://www.alltrails.com/explore/trail/canada/british-columbia/lower-lynn-loop-trail?mobileMap=false&ref=sidebar-static-map&ref=sidebar-view-full-map>

## Howe Sound Crest Trail - Cypress Provincial Park

**Région:** Lower Mainland  
**Emplacement:** West Vancouver  
**Longueur:** 12.2 KM  
**Site Web:**  
<https://www.alltrails.com/explore/trail/canada/british-columbia/bowen-lookout-and-st-mark-s-summit-via-howe-sound-crest-trail>



Photo de <https://www.alltrails.com/explore/trail/canada/british-columbia/bowen-lookout-and-st-mark-s-summit-via-howe-sound-crest-trail>

## Eagleridge Bluffs via Black Mountain Trail

**Région:** Lower Mainland  
**Emplacement:** Lions Bay  
**Longueur:** 8.2 KM  
**Site Web:**  
<https://www.alltrails.com/explore/trail/canada/british-columbia/eagle-bluff-trail>



Photo de <https://www.alltrails.com/explore/trail/canada/british-columbia/eagle-bluff-trail>

## Mount Seymour Trail

**Région:** Lower Mainland

**Emplacement:** North

Vancouver

**Longueur:** 8.2 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/british-columbia/mount-seymour-trail>

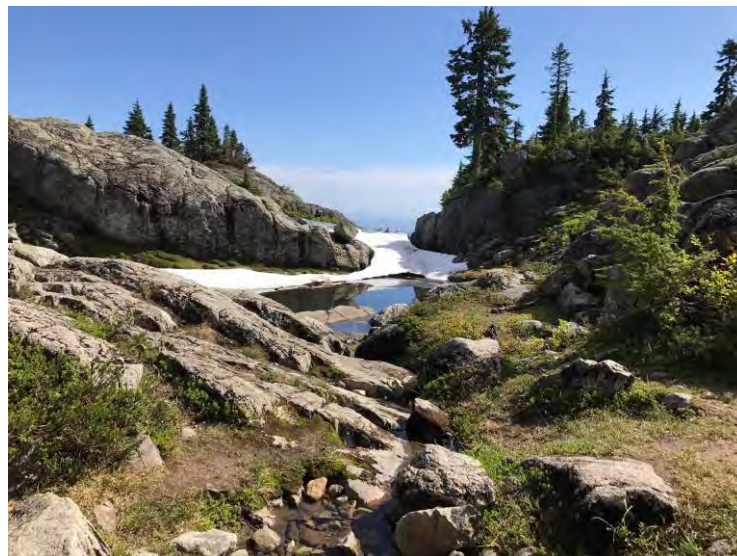


Photo de <https://www.alltrails.com/trail/canada/british-columbia/mount-seymour-trail>

## Lindeman Lake Trail - Chilliwack Lake Provincial Park

**Région:** Lower Mainland

**Emplacement:** Chilliwack

**Longueur:** 3.5 KM

**Site Web:**

<https://www.alltrails.com/explore/trail/canada/british-columbia/lindeman-lake-trail>



Photo de: <http://www.buntzenlake.ca/lindeman-greendrop-lakes/>

## Norvan Falls

**Région:** Lynn Headwaters  
Regional Park

**Emplacement:** North  
Vancouver

**Longueur:** 14 KM

**Site Web:** [https://  
www.alltrails.com/explore/  
trail/canada/british- columbia/  
norvan-falls](https://www.alltrails.com/explore/trail/canada/british-columbia/norvan-falls)



Photo de  
<https://www.alltrails.com/explore/trail/canada/british-columbia/norvan-falls>

## Abby Grind Trail - Sumas Mountain Regional Park

**Région:** Lower Mainland  
**Emplacement:** Abbotsford

**Longueur:** 3.4 KM

**Site Web:**  
[https://www.alltrails.co  
m/explore/trail/canada/british-  
columbia/abby-  
grind-trail--2](https://www.alltrails.com/explore/trail/canada/british-columbia/abby-grind-trail--2)



Photo de:  
<https://www.alltrails.com/explore/trail/canada/british-columbia/abby-grind-trail--2>

## Apex Trail - Knox Mountain

**Région:** Okanagan

**Emplacement:** Kelowna

**Longueur:** 4 KM

**Site Web:** <https://www.alltrails.com/explore/trail/canada/british-columbia/knox-mountain>

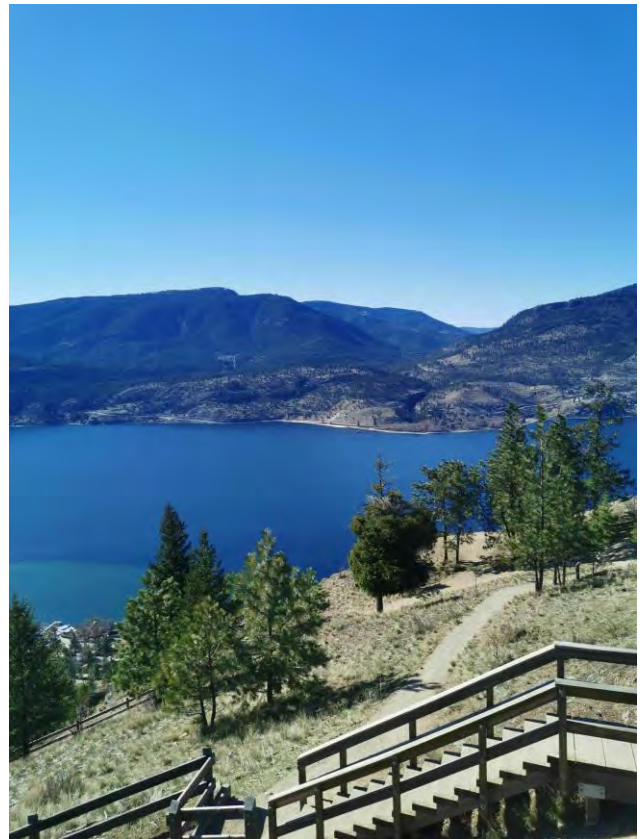


Photo de: <https://www.alltrails.com/explore/trail/canada/british-columbia/knox-mountain>



# ÎLE DE VANCOUVER

## Coast Trail, Sooke

**Région:** South Vancouver Island

**Longueur:** 10km (difficulty - hard)

**Site Web:** <https://mbguiding.ca/coast-trail-east-sooke-regional-park/>



Photo de: <https://mbguiding.ca/coast-trail-east-sooke-regional-park/>

## Galloping Goose Regional Trail

**Région:** South Vancouver Island

**Longueur:** 44.9km (difficulty: easy to moderate)

**Site Web:** <https://www.gallopinggoosetrail.com>



Photo de: [https://www.gallopinggoosetrail.com/photos\\_galloping\\_goose.html](https://www.gallopinggoosetrail.com/photos_galloping_goose.html)

## Mount Work Trail, Victoria

**Région:** South Vancouver Island

**Longueur:** 4.5 km

(difficulty: Moderate)

**Site Web:** <https://www.victoriatrails.com/trails/mount-work-munn-road/>

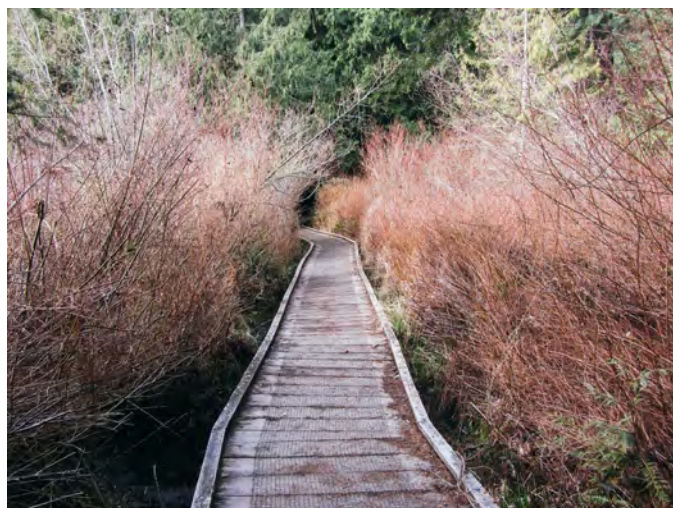


Photo de <https://www.victoriatrails.com/trails/mount-work-munn-road/>

## Kinsol Trestle

**Région:** Mid-South Vancouver Island

**Longueur:** 3.4km

(difficulty: Easy)

**Site Web:** <https://www.alltrails.com/trail/canada/british-columbia/kinsol-trestle-trail-recreation-site>



Photo de <https://www.alltrails.com/trail/canada/british-columbia/kinsol-trestle-trail-recreation-site>

## Cowichan Valley Trail: Shawnigan Lake to Koksilah Rive

**Région:** Mid-South Vancouver  
Island

**Longueur:** 13.4km (difficulty: easy)

**Site Web:** [https://  
www.alltrails.com/trail/  
canada/british-columbia/cowichan-  
valley-trail-shawnigan-lake-to-  
koksilah-river](https://www.alltrails.com/trail/canada/british-columbia/cowichan-valley-trail-shawnigan-lake-to-koksilah-river)



Photo de <https://www.alltrails.com/trail/canada/british-columbia/cowichan-valley-trail-shawnigan-lake-to-koksilah-river>

## Elk River Trail, Strathcona Provincial Park

**Région:** Mid-North Vancouver Island  
**Longueur:** 11km (difficulty: moderate-  
hard)

**Site Web:** [https://  
www.alltrails.com/trail/  
canada/british-columbia/landslide-  
lake-via-elk-river-trail](https://www.alltrails.com/trail/canada/british-columbia/landslide-lake-via-elk-river-trail)



Photo de <https://www.alltrails.com/trail/canada/british-columbia/landslide-lake-via-elk-river-trail>

## Paradise Meadows Loop Trail

**Région:** Strathcona Provincial Park

**Emplacement:** Mid - North

Vancouver Island

**Longueur:** 4.2km (difficulty: easy)

**Site Web:** [http://  
getoutandplayvi.com/park-guide/  
paradise-meadows-strathcona-  
provincial-park/](http://getoutandplayvi.com/park-guide/paradise-meadows-strathcona-provincial-park/)



Photo de: <https://islandnature.ca/2010/07/summer-hikes-begin-at-paradise-meadows/#gallery-4>

## Wild Pacific Trail

**Région:** Ucluelet, West Coast of  
Vancouver Island

**Longueur:** 8km

**Site Web:**

[https://  
www.wildpacifictrail.com/](https://www.wildpacifictrail.com/)

[home.html](https://www.wildpacifictrail.com/)



Photo de:  
<https://myitchytravelfeet.com/wild-pacific-trail>

## San Josef Bay Trail, Cape Sco Provincial Park

**Région:** North Vancouver Island

**Longueur:** 2.5km

**Site Web:** <https://www.bcmag.ca/explore-san-josef-bay-cape-scott-provincial-park/>



Photo de: <https://www.bcmag.ca/explore-san-josef-bay-cape-scott-provincial-park/>

# NORD DE L'ALBERTA

## Eagle Mountain Ridge Trail

**Région:** Nordegg

**Emplacement:** Alberta

**Longueur:** 13.7 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/alberta/eagle-mountain-ridge-trail?u=m>



Photo de: <https://www.alltrails.com/trail/canada/alberta/eagle-mountain-ridge-trail?u=m>

## Celestine Lake Trail

**Région:** Jasper National Park

**Emplacement:** Alberta

**Longueur:** 13.8 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/alberta/celestine-lake-trail>

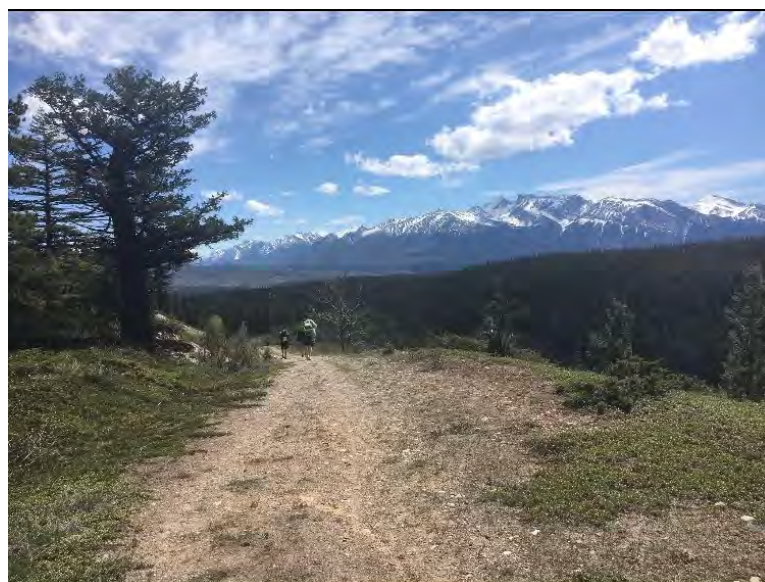


Photo de: <https://www.alltrails.com/trail/canada/alberta/celestine-lake-trail>

## Laurier Park to Terwilliger Park

**Région:** Edmonton

**Emplacement:** Alberta

**Longueur:** 20.3 KM

**Site Web:** [https://  
www.alltrails.com/trail/canada/  
alberta/laurier-park-to-terwillegar-  
park](https://www.alltrails.com/trail/canada/alberta/laurier-park-to-terwillegar-park)



Photo de: <https://www.alltrails.com/trail/canada/alberta/laurier-park-to-terwillegar-park>

## Marten Mountain

**Région:** Lesser Slave Lake  
Provincial Park

**Emplacement:** Alberta

**Longueur:** 12.7 KM

**Site Web:** [https://  
www.alltrails.com/trail/canada/  
alberta/marten-mountain](https://www.alltrails.com/trail/canada/alberta/marten-mountain)



Photo de: <https://www.alltrails.com/trail/canada/alberta/marten-mountain>

# SUD DE L'ALBERTA

## Grotto Canyon Trail

**Région:** Bow Valley Provincial Park  
**Emplacement:** Bow Valley Provincial Park

**Longueur:** 7.1 KM

**Site Web:** <https://www.alltrails.com/trail/canada/alberta/grotto-canyon-trail>



Photo de: <https://www.alltrails.com/trail/canada/alberta/grotto-canyon-trail>

## Glenbow Trail

**Région:** Glenbow Ranch Provincial Park

**Emplacement:** Glenbow Ranch Provincial Park

**Longueur:** 13.4 km

**Site Web:** <https://www.alltrails.com/trail/canada/alberta/glenbow-trail>



Photo de: <https://www.alltrails.com/trail/canada/alberta/glenbow-trail>



## Upper Bertha Falls and Bertha Lake Trail

**Région:** Waterton Lakes National Park

**Emplacement:** Waterton Lakes National Park

**Longueur:** 12.4 km

**Site Web:** <https://www.alltrails.com/trail/canada/alberta/upper-bertha-falls-and-bertha-lake-trail>

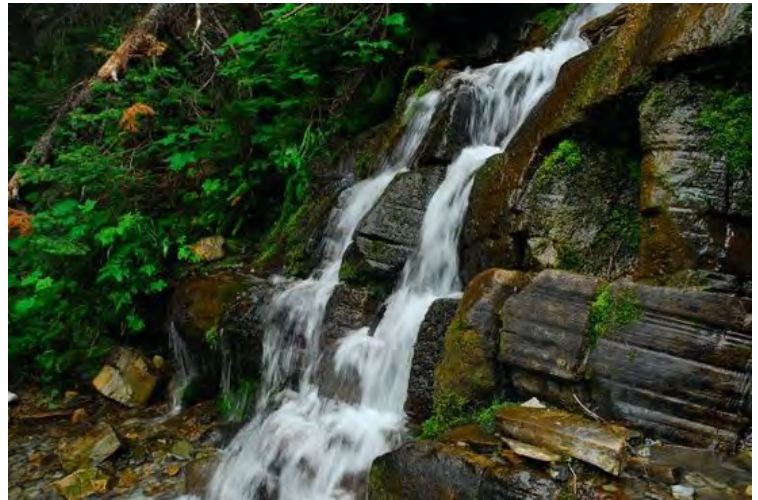


Photo de: <https://www.alltrails.com/trail/canada/alberta/upper-bertha-falls-and-bertha-lake-trail>

## Weaselhead Flats Trail

**Région:** Weaselhead Flats

**Emplacement:** Calgary

**Longueur:** 4.8 km (difficulty: Easy)

**Site Web:** <https://www.alltrails.com/trail/canada/alberta/weaselhead-flats--2>



Photo de: <https://www.alltrails.com/trail/canada/alberta/weaselhead-flats--2>

## Six Mile Coulee to Fort Whoop-Up

**Région:** Lethbridge, AB  
**Emplacement:** Lethbridge, AB  
**Longueur:** 7.7 KM  
**Site Web:** <https://www.alltrails.com/trail/canada/alberta/six-mile-coulee-to-fort-whoop-up>



Photo de: <https://www.alltrails.com/trail/canada/alberta/six-mile-coulee-to-fort-whoop-up>

## Allison Creek Falls

**Région:** Crownest Pass, AB  
**Emplacement:** Crownest Pass, AB  
**Longueur:** 2.6 km (difficulty: moderate-hard)  
**Site Web:** <https://www.alltrails.com/trail/canada/alberta/allison-creek-falls>

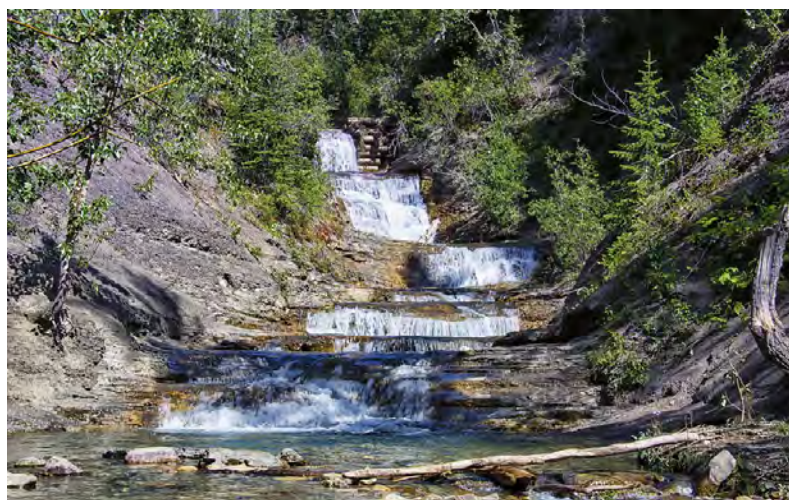


Photo de: <https://www.alltrails.com/trail/canada/alberta/allison-creek-falls>

## Strathcona Island Park Trail

**Région:** Medicine Hat, AB

**Emplacement:** Strathcona Island Park

**Longueur:** 6.0 KM

**Site Web:** <https://www.alltrails.com/trail/canada/alberta/south-saskatchewan-river-shoreline-trail>



Photo de: <https://www.alltrails.com/trail/canada/alberta/south-saskatchewan-river-shoreline-trail>

# SASKATCHEWAN

## Meewasin Trail

**Région:** Saskatoon

**Emplacement:** Saskatoon

**Longueur:** 80KM

**Site Web:** <https://www.tourismsaskatoon.com/listing/meewasin-trail/238/>



Photo de: <https://www.tourismsaskatoon.com/listing/meewasin-trail/238/>

## Nicolle Flats

**Région:** Buffalo Pound

Provincial Park

**Emplacement:**

Nicolle Flats Nature Area

**Longueur:** 10km

**Site Web:**

<https://www.tourismsaskatchewan.com/listings/311/nicolle-flats-interpretive-area/>



Photo de: <https://www.tourismsaskatchewan.com/listings/311/nicolle-flats-interpretive-area/>

## Trans Canada Trail - Cypress Hills

**Région:** Cypress Hills  
**Emplacement:** Cypress Hills  
**Longueur:** 15km  
**Site Web:** <http://www.visitcypresshills.ca/what-to-do/summer-activities/hiking/hiking-cypress-hills/trail-maps/>



Photo de: <https://www.tourismsaskatchewan.com/blog/2018/04/25/cypress-hills>

## Elk Trail

**Région:** Prince Albert National Park  
**Emplacement:** Prince Albert National Park  
**Longueur:** 40km  
**Site Web:** <https://www.pc.gc.ca/en/pn-np/sk/princealbert/activ/experiences/activ21/a05>



Photo de: <https://www.pc.gc.ca/en/pn-np/sk/princealbert/activ/experiences/activ21/a05>

# MANITOBA

## Pine Point Trail

**Région:** Whiteshell

**Emplacement:** Whiteshell Provincial Park

**Longueur:** 9.0km

**Site Web:**

[https://www.gov.mb.ca/sd/pubs/parks-protected-spaces/park\\_info/whiteshell\\_pine.pdf](https://www.gov.mb.ca/sd/pubs/parks-protected-spaces/park_info/whiteshell_pine.pdf)



Photo de: <https://mapio.net/pic/p-121825033/>

## Cedar Bog Trail

**Région:** Birds Hill

**Emplacement:** Birds Hill Provincial Park

**Longueur:** 3.5km

**Site Web:**

[https://www.gov.mb.ca/sd/pubs/parks-protected-spaces/park\\_info/cedar\\_bog\\_self\\_guiding\\_spring.pdf](https://www.gov.mb.ca/sd/pubs/parks-protected-spaces/park_info/cedar_bog_self_guiding_spring.pdf)



Photo de: <https://www.alltrails.com/trail/canada/manitoba/cedar-bog-trail/photos>

## Assiniboine Perimeter Loop

**Région:** Winnipeg - Assiniboine/  
St.James

**Emplacement:** Assiniboine Park

**Longueur:** 3.9km

**Site Web:**

<https://www.alltrails.com/trail/canada/manitoba/assiniboine-perimeter-loop?ref=result-card>

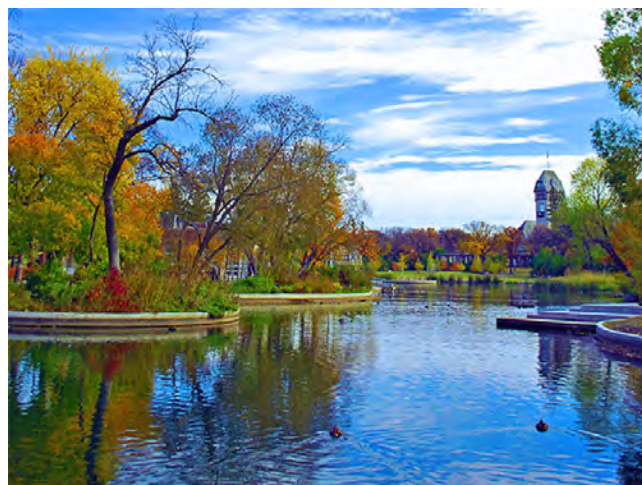


Photo de: <https://www.tourismwinnipeg.com/things-to-do/attractions/display,listing/05529/assiniboine-park>

## Seine River Greenway

**Région:** St.Vital/Royalwood

**Emplacement:** Winnipeg -

**Longueur:** 2.0km

**Site Web:**

<https://www.winnipegtrails.ca/trails-maps/bois-des-esprit/>



Photo de: <https://www.winnipegtrails.ca/celebrate-trails-day/seine-river-greenway/>

# EST DE L'ONTARIO

## Ottawa Carleton Trailway - Trans Canada Section

**Région:** Ottawa Carleton Trailway - Trans Canada Section

**Emplacement:** Ottawa

**Longueur:** 31KM

**Site Web:** <https://www.alltrails.com/trail/canada/ontario/ottawa-carleton-trailway-trans-canada-section>



Photo de: [https://cdn-assets.alltrails.com/uploads/photo/image/11058186/extra\\_large\\_2d5f87bb822c54a51e33d1e16ceb1f2f.jpg](https://cdn-assets.alltrails.com/uploads/photo/image/11058186/extra_large_2d5f87bb822c54a51e33d1e16ceb1f2f.jpg)

## PWT and Outback Loop Trail

**Région:** The South March Highlands Conservation Forest

**Emplacement:** Ottawa

**Longueur:** 13.5KM

**Site Web:** <https://www.alltrails.com/trail/canada/ontario/pwt-and-outback-loop-trail>



Photo de: [https://cdn-assets.alltrails.com/uploads/photo/image/23062531/extra\\_large\\_08b097dd4dabb7e6c6abcf7f9de98dec.jpg](https://cdn-assets.alltrails.com/uploads/photo/image/23062531/extra_large_08b097dd4dabb7e6c6abcf7f9de98dec.jpg)



## Circuit Lion's Head via Bruce Trail

**Région:** Northern Bruce Peninsula

**Emplacement:** Lion's Head

**Longueur:**15KM

**Site Web:**

<https://www.alltrails.com/trail/canada/>

[ontario/lions-head-loop-via-bruce-trail](https://www.alltrails.com/trail/canada/ontario/lions-head-loop-via-bruce-trail)



Photo de: [https://cdn-assets.alltrails.com/uploads/photo/image/23742576/extra\\_large\\_8d73cefb6b64076088ae6d299f9ea1a4.jpg](https://cdn-assets.alltrails.com/uploads/photo/image/23742576/extra_large_8d73cefb6b64076088ae6d299f9ea1a4.jpg)

# TORONTO ET CENTRE DE L'ONTARIO

## Toronto Islands Trail

**Région:** Toronto Islands

**Longueur:** 14 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/ontario/toronto-islands-trail>



Photo de: <https://www.alltrails.com/trail/canada/ontario/toronto-islands-trail/photos>

## Wilket Creek, Swamp, Boo, Crothers Woods and Lower Don Trail

**Région:** Toronto

**Longueur:** 23.2 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/ontario/wilket-creek-swamp-boo-crothers-woods-and-lower-don-trail>



Photo de: <https://www.alltrails.com/trail/canada/ontario/wilket-creek-swamp-boo-crothers-woods-and-lower-don-trail/photos>

## Durham Regional Forest

**Région:** Durham

**Longueur:** 12.4 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/ontario/maple-white-pine-spruce-oak-ridge-and-red-oak-loop>



Photo de: <https://www.alltrails.com/trail/canada/ontario/maple-white-pine-spruce-oak-ridge-and-red-oak-loop/photos>

## Halton Forest Bruce Trail

**Région:** Halton

**Longueur:** 20 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/ontario/halton-forest-bruce-trail-loop-via-britton-tract-trailhead-long-option>



Photo de: <https://www.alltrails.com/trail/canada/ontario/halton-forest-bruce-trail-loop-via-britton-tract-trailhead-long-option/photos>

## Culham Trail

**Région:** Meadowvale south to Erindale

**Longueur:** 25.4 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/ontario/culham-trail-meadowvale-south-b-erindale>



Photo de <https://www.alltrails.com/trail/canada/ontario/culham-trail-meadowvale-south-b-erindale/photos>

## Nokiidaa Trail

**Région:** Aurora

**Longueur:** 20 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/ontario/nokiidaa-trail--3>

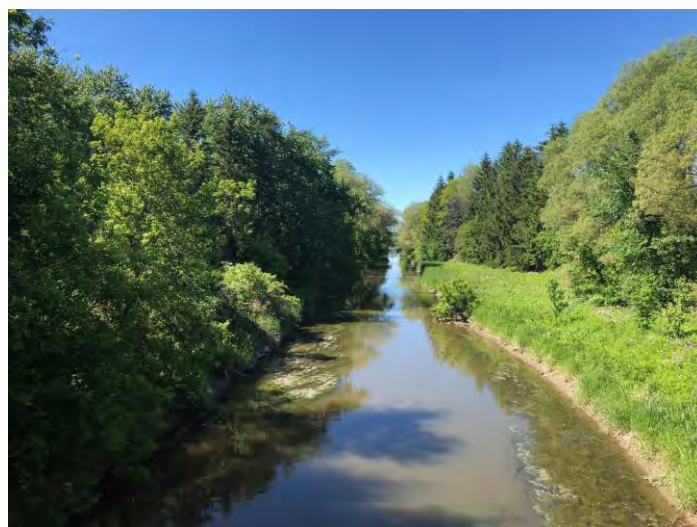


Photo de <https://www.alltrails.com/trail/canada/ontario/nokiidaa-trail--3/photos>

## Seaton Trail

**Région:** West Duffins  
Creek -  
Pickering

**Longueur:** 14.5 KM

**Site Web:**  
<http://www.seatontrail.org/>



Photo de: <http://www.seatontrail.org/wp-content/uploads/2010/06/P10109351.jpg>

## Heritage Hastings Trail

**Région:** Quinte  
West

**Longueur:** 191 KM

**Site Web:**  
<https://www.alltrails.com/trail/canada/ontario/hastings-heritage-trail>



Photo de <https://www.alltrails.com/trail/canada/ontario/hastings-heritage-trail/photos>

## K&P Trail

Région: Kingston

Longueur: 43.5 KM

Site Web:

<https://www.alltrails.com/trail/canada/ontario/kp-trail>

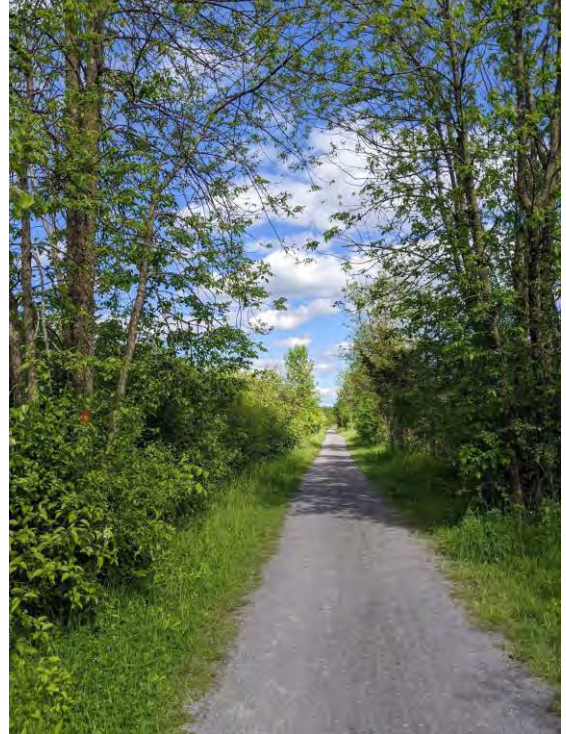


Photo de <https://www.alltrails.com/trail/canada/ontario/kp-trail/photos>

## Georgian Trail

Région: Collingwood

Longueur: 33.8 KM

Site Web:

<https://www.alltrails.com/trail/canada/ontario/georgian-trail>



Photo de <https://www.alltrails.com/trail/canada/ontario/georgian-trail/photos>

# SUD-OUEST DE L'ONTARIO

## Fanshawe Lake Trail

**Région:** London, ON

**Emplacement:** London, ON

**Longueur:** 19.6 KM - Moderate  
Difficulty

**Site Web:**

<https://www.alltrails.com/trail/canada/ontario/fanshawe-lake-trail>



Photo de: <https://www.alltrails.com/trail/canada/ontario/fanshawe-lake-trail>

## Elgin Trail: Port Stanley to Southdel Drive

**Région:** Elgin, ON

**Emplacement:** Port Stanley,  
ON

**Longueur:** 40.7 KM - Moderate  
Difficulty

**Site Web:**

<https://www.alltrails.com/trail/canada/ontario/elgin-trail-port-stanley-to-southdel-drive>



Photo de: <https://www.alltrails.com/trail/canada/ontario/elgin-trail-port-stanley-to-southdel-drive>

## Wildwood Trail

**Région:** Oxford County  
**Emplacement:** Zorra, Ontario  
**Longueur:** 21.4KM - Moderate  
Difficulty

**Site Web:**  
[https://www.alltrails.com/  
trail/canada/ontario/  
wildwood-trail](https://www.alltrails.com/trail/canada/ontario/wildwood-trail)



Photo de : <https://www.alltrails.com/trail/canada/ontario/wildwood-trail>

## Chrysler Canada Greenway

**Région:** Windsor/Essex County  
**Emplacement:** Tecumseh, On  
**Longueur:** 44.6KM - Easy  
**Site Web:**  
[https://www.alltrails.com/  
trail/canada/ontario/chrysler-  
canada-greenway](https://www.alltrails.com/trail/canada/ontario/chrysler-canada-greenway)



Photo de : [https://www.alltrails.com/trail/canada/ontario/chrysler-  
canada-greenway](https://www.alltrails.com/trail/canada/ontario/chrysler-canada-greenway)



## Lion's Head Loop via Bruce Trail

**Région:** Bruce Peninsula, Ontario

**Emplacement:** Lions Head, On

**Longueur:** 15KM- Moderate

**Site Web:**

<https://www.alltrails.com/trail/canada/ontario/lions-head-loop-via-bruce-trail>



Photo de <https://www.alltrails.com/trail/canada/ontario/lions-head-loop-via-bruce-trail>

## Marguerite Ormston Trailway

**Région:** Kitchener, ON

**Emplacement:** Kitchener, ON

**Longueur:** 4.7km Easy

**Site Web:**

<https://www.alltrails.com/trail/canada/ontario/marguerite-ormston-trailway>



Photo de: <https://www.alltrails.com/trail/canada/ontario/marguerite-ormston-trailway>

# QUÉBEC

## Parc national du Mont-Saint-Bruno

**Région:** Montrgie

**Emplacement:** Saint-Bruno

**Longueur:** 27 KM

**Site Web:** <https://baliseqc.ca/35/explorer/monteregie/parc-national-du-mont-saint-bruno-LR0111>



Photo de: [https://baliseqc.ca/upload/photos/1000\\_LR0111\\_01.jpg](https://baliseqc.ca/upload/photos/1000_LR0111_01.jpg)

## CAMPING DU LAC HA! HA!

**Région:** Saguenay-Lac-St-Jean

**Emplacement:** Ferland-et-Boilleau

**Longueur:** 27 KM

**Site Web:** <https://baliseqc.ca/35/explorer/saguenay-lac-saint-jean/camping-du-lac-ha-ha-LR0496>



Photo de: [https://baliseqc.ca/upload/photos/1000\\_LR0496\\_06.jpg](https://baliseqc.ca/upload/photos/1000_LR0496_06.jpg)

## RESERVE FAUNIQUE MASTIGOUCHE

**Région:** Mauricie

**Emplacement:** Saint-Alexis-des-Monts

**Longueur:** 100 KM

**Site Web:**

<https://baliseqc.ca/3S/explorer/mauricie/reserve-faunique-mastigouche-LR0132>



Photo de: [https://upload.wikimedia.org/wikipedia/commons/thumb/7/71/Lac\\_Saint-Bernard.jpg/800px-Lac\\_Saint-Bernard.jpg](https://upload.wikimedia.org/wikipedia/commons/thumb/7/71/Lac_Saint-Bernard.jpg/800px-Lac_Saint-Bernard.jpg)

# NOUVEAU-BRUNSWICK

## The Fundy Footpath

**Région:** Fundy Coastal East Région

**Emplacement:** Fundy Trail Parkway-Big Salmon River Visitor Centre

**Longueur:** 63 km- Difficult

**Site Web:**

<https://fundytrailparkway.com/location/fundy-footpath/>  
<https://www.hikingnb.ca/Trails/FundyEast/FundyFootpath.html>



Photo de: <https://fundytrailparkway.com/location/fundy-footpath/>

, H2>SALH 3>ByCs L", /, ~"flns~  
"pL~/, ~"flns~, ~ >.L5, ^} L~"s-L

**Région:** B>Hs~ , >% 3, Y"p~2Ln\$ ~

**Emplacement:** 3>ByCs L ~ >.L~  
5, ^} L~"s-L

**Longueur:** Approx 50km -Easy

**Site Web:**

<http://www.hikingnb.ca/Trails/AcadianSouth/SackvilleToPortElgin.html>



Photo de: <https://tourismnewbrunswick.ca/listing/tantramar-trail-sackville-port-elgin>

## International Appalachian Trail

**Région:** Appalachian Région

**Emplacement:** Perth Andover to Tide Head

**Longueur:** 43 km- 145 km

*Perth Andover to Plaster Rock is 43 km and Easy the section from St. Quentin to Tide Head is 102 km and would be Difficult*

**Site Web:**

[https://tourismnewbrunswick.ca/  
listing/international-appalachian-trail-  
tide-head-perth-andover](https://tourismnewbrunswick.ca/listing/international-appalachian-trail-tide-head-perth-andover)

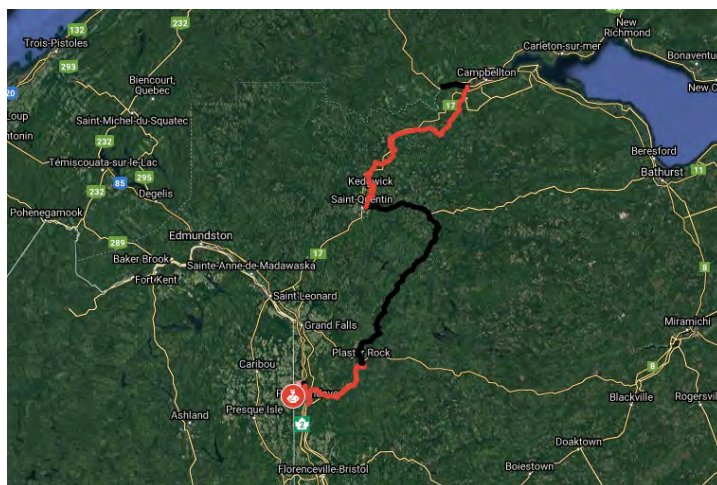


Photo de:

[https://www.google.com/maps/d/u/0/viewer?  
mid=1FRckTEz5K\\_6pngCvRs2hPK9AczA&ll=47.39805691424164  
%2C-67.59002832902523&z=8](https://www.google.com/maps/d/u/0/viewer?mid=1FRckTEz5K_6pngCvRs2hPK9AczA&ll=47.39805691424164%2C-67.59002832902523&z=8)

# NOUVELLE-ÉCOSSE

## Cape Split Trail

**Région:** Kings County

**Emplacement:** Cape Split Provincial Park

**Longueur:** 12.1KM

**Site Web:**

<https://www.alltrails.com/trail/canada/nova-scotia/cape-split-trail>

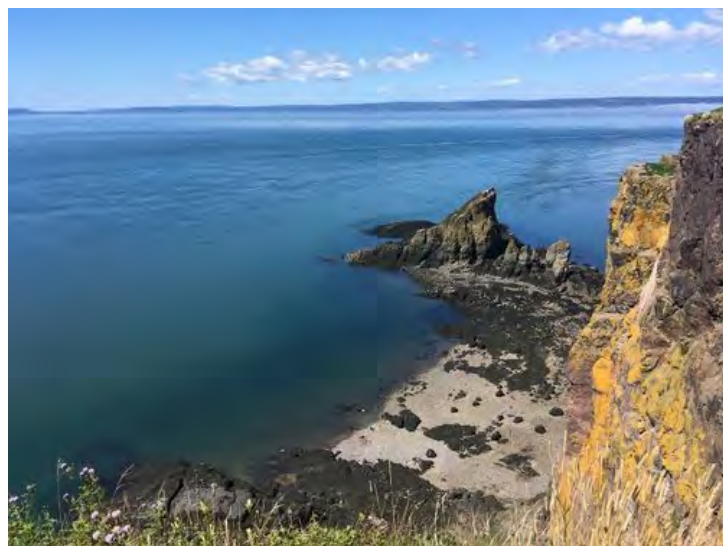


Photo de: <https://www.alltrails.com/trail/canada/nova-scotia/cape-split-trail>

## Salt Marsh Trail

**Région:** Lawrencetown

**Emplacement:** Outside Dartmouth

**Longueur:** 19.5KM

**Site Web:** <https://www.alltrails.com/explore/trail/canada/nova-scotia/salt-marsh-trail>



Photo de: <https://www.alltrails.com/explore/trail/canada/nova-scotia/salt-marsh-trail>

## Skyline Trail Loop

**Région:** Cape Breton

**Emplacement:** Cabot Trail near French Mountain summit

**Longueur:** 9.5 km

**Site Web:** <https://www.alltrails.com/trail/canada/nova-scotia/skyline-trail-loop>

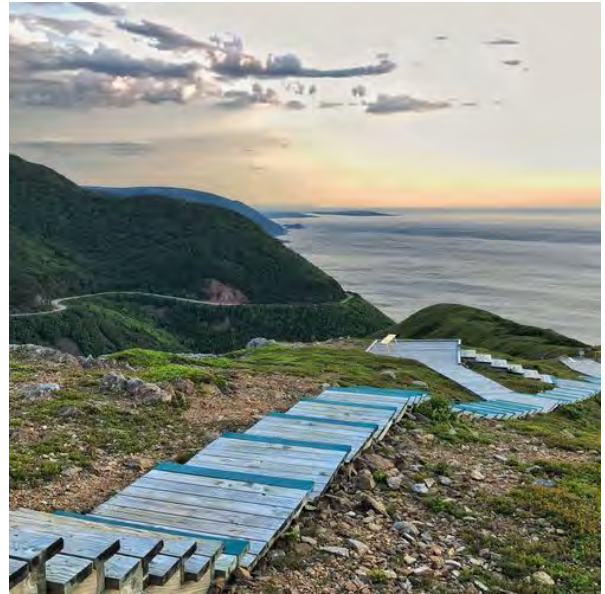


Photo de <https://www.alltrails.com/trail/canada/nova-scotia/skyline-trail-loop>

## Duncan's Cove Trail

**Région:** Chebucto Head

**Emplacement:** Duncan's Cove

**Longueur:** 7.4 kms

**Site Web:** <https://www.alltrails.com/explore/trail/canada/nova-scotia/duncans-cove-trail>

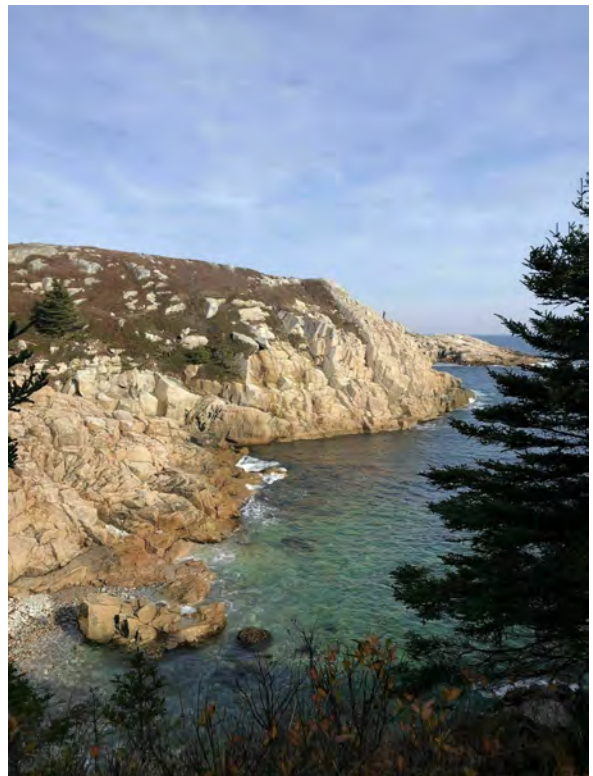


Photo de <https://www.alltrails.com/explore/trail/canada/nova-scotia/duncans-cove-trail>

# ÎLE-DU-PRINCE-ÉDOUARD

## Confederation Trail

**Région:** PEI West-Central-East

**Emplacement:** PEI

**Longueur:** 273 KM

**Site Web:** <https://www.alltrails.com/parks/canada/prince-edward-island/confederation-trail>



Photo de: <https://www.tourismpei.com/trails> Photo Credit: Yvonne Duivenvoorden

## Brackley Beach - Gulf Shore Way

**Région:** Brackley Beach

**Emplacement:** PEI

**Longueur:** 11.6 KM

**Site Web:**

<https://www.alltrails.com/trail/canada/prince-edward-island/brackley-beach-gulf-shore-way>

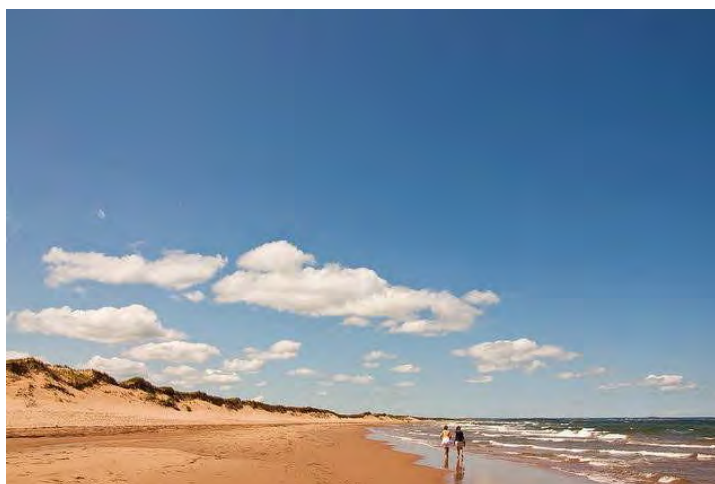


Photo de: <https://welcomepei.com/beaches/brackley-beach/#ip-carousel-8984> Photo Credit: Paul Baglole



## Dromore Woodland Trail

**Région:** Mount Stewart

**Emplacement:** PEI

**Longueur:** 14 KM

**Site Web:**

<https://www.alltrails.com/canada/prince-edward-island/dromore>

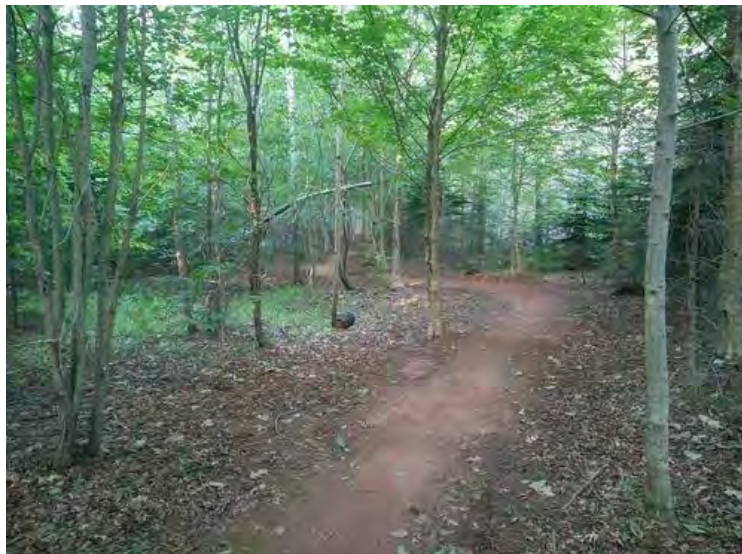


Photo de <https://www.alltrails.com/explore/trail/canada/prince-edward-island/dromore-woodland-trails-south-loop>  
Photo Credit: Colin Taylor

## Strathgartney Provincial Park

**Région:** Bonshaw

**Emplacement:** PEI

**Longueur:** 7 KM

**Site Web:**

<https://www.alltrails.com/parks/canada/prince-edward-island/strathgartney-provincial-park>



Photo de <https://www.alltrails.com/parks/canada/prince-edward-island/strathgartney-provincial-park>  
Photo Credit: Marle Turner

## Winter River Trail

**Région:** E Suffolk Extension

**Emplacement:** PEI

**Longueur:** 4.3 KM

**Site Web:** [https://  
www.alltrails.com/trail/  
canada/ prince-edward-island/  
winter- river-hiking-trail-loop](https://www.alltrails.com/trail/canada/prince-edward-island/winter-river-hiking-trail-loop)



Photo de <https://www.alltrails.com/explore/trail/canada/prince-edward-island/winter-river-hiking-trail-loop>  
Photo Credit: Sharon LaMarsh Biggar

## Greenwich Dunes Trail

**Région:** Greenwich

**Emplacement:** PEI

**Longueur:** 4.3 KM

**Site Web:** [https://  
www.alltrails.com/trail/canada/  
prince-edward-island/  
greenwich-dunes-trail](https://www.alltrails.com/trail/canada/prince-edward-island/greenwich-dunes-trail)



Photo de: <https://www.alltrails.com/trail/canada/prince-edward-island/greenwich-dunes-trail/photos>  
Photo Credit: Mylene Pigeon

# TERRE-NEUVE ET LABRADOR

## East Coast Trail

**Région:** East Coast of NL

**Longueur:** 300 KM

**Site Web:**

[https://  
facilities.eastcoasttrail.com/](https://facilities.eastcoasttrail.com/)



Photo de: <https://www.alltrails.com/trail/canada/newfoundland-and-labrador/east-coast-trail-la-manche-section>

## Gros Morne National Park

**Région:** West Coast of NL

**Longueur:** 16 KM

**Site Web:**

[https://  
www.newfoundlandlabrador.co  
m/things-to-do/hiking-and-  
walking](https://www.newfoundlandlabrador.com/things-to-do/hiking-and-walking)



Photo de: [https://www.thetelegram.com/news/provincial/  
mounties-mount-gros-morne-mountain-474524/](https://www.thetelegram.com/news/provincial/mounties-mount-gros-morne-mountain-474524/)

## Chance Cove Trail

**Région:** East Coast of NL

**Emplacement:** Chance Cove

**Longueur:** 3.7 KM

**Site Web:**

[https://  
www.alltrails.com/trail/  
canada/newfoundland-  
and-labrador/chance-  
cove-pond--2?  
ref=header](https://www.alltrails.com/trail/canada/newfoundland-and-labrador/chance-cove-pond--2?ref=header)



Photo de: [https://www.alltrails.com/trail/canada/newfoundland-and-labrador/  
chance-cove-pond--2?ref=header](https://www.alltrails.com/trail/canada/newfoundland-and-labrador/chance-cove-pond--2?ref=header)