

Make-A-Wish®  
RÊVES D'ENFANTS

# RIDE FOR WISHES ROULEZ POUR DES VŒUX



## WHERE TO RIDE IN CENTRAL CANADA

# CENTRAL CANADA

**Region : Ontario**

**The Experience: Niagara West Country Roads**

**Location:** Wine Route - Niagara on the lake

**Type of path:** Bike path

**Length:** 49 km

**Website:**

<http://www.niagaracyclingtourism.com/bike-routes/regional-routes/west-lincoln-route/>



Image source: <https://tourdevine.ca/product/niagara-on-the-lake-ultimate-self-guided-bike-wine-tour-1/>

**Saugeen Rail Trail**

**Location:** Saugeen Shores, Ontario

**Type of path:** Bike path

**Length:** 30 km

**Website:**

<https://www.alltrails.com/trail/canada/ontario/saugeen-rail-trail>



Image source: <https://www.alltrails.com/trail/canada/ontario/saugeen-rail-trail/photos>



## Caledon Trailway

**Location:** Caledon, Ontario

**Type of path:** Bike path -Moderate difficulty

**Length:** 34.3 km

**Website:**

<https://www.alltrails.com/trail/canada/ontario/caledon-trailway-trail>



Image source: <https://www.alltrails.com/trail/canada/ontario/caledon-trailway-trail/photos>

## Escarpment - Rail Trail

**Location:** Hamilton, Ontario

**Type of path:** Bike path

**Length:** 34 km (one way)

**Website:**

<https://ontariobiketrails.com/item/escarpment-rail-trail/>



Image source: <https://ontariobiketrails.com/item/escarpment-rail-trail/>



## Blue Mountain – DH MTB Trail

**Location:** Collingwood, Ontario

**Type of path:** Mountain Bike -Difficult

**Length:** 25 km

**Website:**

<https://ontariobiketrails.com/item/blue-mountain-dh-mtb-trail/>



Image source: <https://ontariobiketrails.com/item/blue-mountain-dh-mtb-trail/>

## Glen Major – MTB Trail

**Location:** Ajax, Ontario

**Type of path:** Bike path– Easy/moderate

**Length:** 20 km

**Website:**

<https://ontariobiketrails.com/item/glen-major-mtb-trail/>



Image source: <https://ontariobiketrails.com/item/glen-major-mtb-trail/>



## Victoria – Rail Trail

**Location:** Lindsay to Haliburton

**Type of path:** Bike path

**Length:** 85 km

**Website:**

<https://ontariobiketrails.com/item/victoria-rail-trail/>



Image source: <https://ontariobiketrails.com/item/victoria-rail-trail/>

## Region : Manitoba

### Falcon Lake Mountain Bike Trails - South Shore Trail

**Location:** Falcon Lake, Manitoba

**Type of path:** Easy bike path

**Length:** 12 km

**Website:**

<https://www.trailforks.com/trails/falcon-south-shore-trail/>



Image source: <https://www.trailforks.com/trails/falcon-south-shore-trail/photos/>



## Mossberry Trail

**Location:** Duck Mountain Provincial Park

**Type of path:** Difficult / Mountain Biking

**Length:** 26.7 km

**Website:**

<https://www.alltrails.com/trail/canada/manitoba/mossberry-trail>



Image source: <https://www.alltrails.com/trail/canada/manitoba/mossberry-trail/photos>

## Rice Creek Tower Trail

**Location:** Porcupine Provincial Forest

**Type of path:** Moderate / Mountain Biking

**Length:** 32.2 km

**Website:**

<https://www.alltrails.com/trail/canada/manitoba/rice-creek-tower-trail>



Image source: <https://www.alltrails.com/trail/canada/manitoba/rice-creek-tower-trail/photos>



## Region: Ottawa

### Ottawa River Pathway

**Location:** Kanata, Downtown Ottawa

**Type of path:** Bike path

**Length:** 31 km

**Website:**

<https://www.ontariotrails.on.ca/index.php?url=trails/view/ottawa-river-pathway/>



Image source: <https://greatruns.com/ottawa-river-pathway-2/>

### Rideau River Eastern Pathway

**Location:** Rideau

**Type of path:** Urban Bike Path

**Length:** 23.5 km

**Website:**

<https://www.alltrails.com/trail/canada/ontario/rideau-river-eastern-pathway>



Image source: <https://bromptoning.com/traveling-adventures/canada/ottawa-cycling-the-capital-pathway-rideau-river-canal/>

### Experimental Farm Pathway

**Location:** Prince of Whales

**Type of path:** Bike Path

**Length:** 8.5 km

**Website:**

<https://www.ontariotrails.on.ca/index.php?url=trails/view/experimental-farm-pathway-trail/>



Image source: <https://www.ontariotrails.on.ca/index.php?url=trails/view/experimental-farm-pathway-trail/>

