

Make-A-Wish®
RÊVES D'ENFANTS

RIDE FOR WISHES
ROULEZ POUR DES VŒUX



**WHERE TO RIDE IN
ATLANTIC CANADA**

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Region : Newfoundland & Labrador

Virginia River Trail

Location: Entry point: Wedgewood Park Recreation Centre, 47 Gleneyre Street, St. John's part of the Grand Concourse

Type of path: Bike path

Length: 5.7 km (one way)

Website:

<http://www.grandconcourse.ca/>



Image source: <https://beautifulnl.com/virginia-river-trail-grand-concourse-authority-nl>

T'Railway, Conception Bay South

Location: Entry point: Conception Bay South Recreation Complex, 10 Rideout's Road, Conception Bay South

Type of path: Bike path

Length: 4 km (one way)

Website:

<https://www.newfoundlandlabrador.com/plan-and-book/attractions/36374707>



Image source: <https://www.conceptionbaysouth.ca/cbs2019/wp-content/uploads/2020/07/Trailway-guide-.pdf>



Waterford River Trail

Location: Railway Coastal Museum, 495 Water Street West, St. John's

Type of path: Urban multi-use path

Length: 6.3 km (one way)

Website:

<http://www.bowringpark.com/>



Image source: <https://www.todaysparent.com/wp-content/uploads/2015/08/Waterford-River-Bowring-Park-article.jpg>

Region : Nova Scotia

Celtic Shores Coastal Trail, Cape Breton Island

Location: Christy's Lookout trailhead, Hwy 19 north of Creignish, Cape Breton Island

Type of path: Multi-use coastal trail

Length: 92 km

Website:

<https://www.celticshores.ca/>



Image source: <https://www.celticshores.ca/wp-content/uploads/2013/02/Celtic-Shores-43.jpg>



Bay to Bay Trail, Lunenburg/Mahone Bay

Location: Bay to Bay Trail, parallel to Maple Ave/Rte 3, Lunenburg

Type of path: Multi-use path

Length: 10 km (one way)

Website:

<https://novascotia.cioc.ca/record/MDL0101?UseCICVw=13&Number=8>



Image source: <https://s3.amazonaws.com/southshoreconnect.cioc/2014/03/Bay-to-Baypic.jpg>

B.L.T Rails to Trails

Location: Beechville-Lakeside-Timberlea, Entry points along Highway 3

Type of path: Multi-use

Length: 13 km stretch, portion of the Rum Runners Trail

Website:

<https://bltrails.ca/>



Image source: <https://bltrails.ca/wp-content/uploads/2021/05/carousel-image-4.jpg>



Region : Prince Edward Island

Ji'ka'we'katik Trail

Location: Bonshaw Hills Provincial Park

Type of path: Multi-use path

Length: Main trail - 4.3-5.9 km

Website:

<https://www.tourismpei.com/provincial-park/bonshaw>



Image source: https://www.tourismpei.com/sites/default/files/pictures/PDFs/parking_main_graphic_bonshaw_hills.pdf

Confederation Trail

Location: Tignish to Elmira

Type of path: Multi-use

Length: 435 km

Website:

<https://www.princeedwardisland.ca/en/information/economic-development-and-tourism/hiking-and-cycling-confederation-trail>



Image source: https://www.princeedwardisland.ca/sites/default/files/styles/node_featured_image/public/images/information/res_recculture_bikers750x435.jpg?itok=2mrHuiiV



Region: New Brunswick

Sugarloaf Provincial Park

Location: Campbellton, NB

Type of path: Multi-use path

Length: 25+ km

Website:

https://parcsugarloafpark.ca/wp/pdf/summer_montagnards_map.pdf



Image source: <https://parcsugarloafpark.ca/wp/>

Irishtown Nature Park

Location: Moncton, NB

Type of path: Multi use network of trails

Length: 4.9 km of surfaced trailways

Website:

<https://www5.moncton.ca/docs/maps/summerete/Irishtown.pdf>



Image source: https://www.moncton.ca/sites/default/files/styles/image_box_base/public/2021-03/web_image_wbox_irishtown.jpg?itok=xi6Cu84J

