

Fundraise Your Way
Do It Yourself



Dance Party for Juvenile Arthritis
Dance Mode: Dance Party Challenge

arthritis.org/YourWay



Dance Party for JA connects people of all ages, dance skills, and musical talents to join the movement and support the 300,000 children and nearly 60 million adults living with daily arthritis pain.

You've decided to create a commotion by organizing your own Dance Party Challenge! Check out arthritis warrior, volunteer and dancer **Geena Razdan's step-by-step guide** or create your own.

- Challenge your family and friends to share their moves on social media.
- Set a suggested donation amount for everyone who accepts the Dance Party challenge and recommend a donation amount for those who decline.

Thank you for joining the community and championing the fight to conquer arthritis. Together we are #StrongerThanJA

1. Get This Dance Party Started!

Make some noise and create your personalized Dance Party for JA Fundraising page at: fundraise.arthritis.org

2. Hit the Dance Floor

Use **Geena's step-by-step guide** and rock out to "Party Rock Anthem" by LMFAO! Or create your own and ask your family and friends to accept your challenge! Check out the challenge guide below.

3. Bust A Move and Have Fun!

Share your challenge and invite people to join you! Let them know WHY you are fundraising and how they can join your party.

How to Create Your Dance Party Challenge

1. Watch Geena's step-by-step guide and learn the dance moves that work for you [HERE](#) or create your own.
2. Create your video on your TikTok account or create a Reel on Instagram.
3. Use TikTok or Instagram to create your video. Here are some tips:
 - Use the features of TikTok and Instagram to record your video in the app.
 - Shoot your video vertically and make sure you have good, natural light.
 - Position your camera and make sure that your body is in view so we can see all of your dance moves.
 - Check out these YouTube for tutorials on how to use [TikTok](#) and [Instagram Reels](#).
4. Publish your post using these guidelines:
 - From TikTok or Instagram, add the "Party Rock Anthem" by LMFAO as the audio to your video.
 - Use hashtags: #StrongerthanJA #kidsgetarthritisoo.
 - Tag @arthritisfoundation.

Sound Check: Frequently Asked Questions

If questions arise, review the [FAQs](#) or reach out to our Community Events team at DIY@arthritis.org. For additional support, join our DIY Fundraising Facebook Group [HERE](#) to network and brainstorm with others.

