

Sample Commands with Epilepsy Facts and Links

!1in1000

Each year, more than 1 in 1,000 people with epilepsy die from SUDEP. Learn more:
<https://www.epilepsy.com/SUDEP>

!advocacy

The Epilepsy Foundation advocates on behalf of people with epilepsy and their family members and caregivers to overcome the challenges of living with epilepsy and accelerate therapies to stop seizures, find cures and save lives! Learn about our priorities and advocacy efforts at <http://advocacy.epilepsy.com>

!bereavement

If you have lost a loved one to SUDEP or another seizure-related cause, we are here for you at 1-800-332-1000 and SUDEP@efa.org

!certification

You can help save lives by becoming #SeizureFirstAid certified! Sign up to take the training today: <https://www.epilepsy.com/FirstAid>

!Charity

You can help [name] raise critical funds for epilepsy by donating to [pronoun] #StreamForEpilepsy fundraiser for the Epilepsy Foundation! Donate here: [add link to DonorDrive charity fundraising page]

!crew

Has your child recently been diagnosed with epilepsy? Does your son or daughter feel alone? The Kids Crew will help them see there are kids all over the country who are also dealing with seizures. Learn more & register at <https://www.epilepsy.com/kids-crew>

!discord

If you would like to join the Stream for Epilepsy Discord, please email stream@efa.org

!Donate

You can help Epilepsy Foundation raise critical funds for epilepsy by donating to the #StreamForEpilepsy fundraiser for the Epilepsy Foundation! Donate here: <https://epilepsyfoundation.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=749>

!Epilepsy

Epilepsy is a chronic disorder, the hallmark of which is recurrent, unprovoked seizures. A person is diagnosed with epilepsy if they have two unprovoked seizures (or one unprovoked seizure with the likelihood of more) that were not caused by some known and reversible medical condition like alcohol withdrawal or extremely low blood sugar. Learn more at <https://www.epilepsy.com/learn/about-epilepsy-basics/what-epilepsy>

!FirstAid

Seizures can happen at any time to anyone. Would you know what to do? #StaySafeSide Visit <https://www.epilepsy.com/FirstAid> to learn #SeizureFirstAid

!Helpline

The Epilepsy Foundation's 24/7 Epilepsies & Seizures Helpline is here to help if you need help finding resources or support at 1-800-332-1000 and <https://www.epilepsy.com/Helpline>

!HowMany

1 in 26 people in the U.S. will develop epilepsy at some point in their lifetime. Learn more at <https://www.epilepsy.com>

!knowledge

Download the Epilepsy Foundation's "Knowledge is Power" flyer for help seeking the best care and knowing what questions to ask your health care provider about your SUDEP risk: https://www.epilepsy.com/sites/core/files/atoms/files/SUDEP_knowledgeispower_8.5x11_v4%204-2019.pdf

!NEAMstream

Join #StreamForEpilepsy and Stream for NEAM (National Epilepsy Awareness Month)! Sign up now: <https://tiltify.com/epilepsy-foundation-of-america/neam-1a96958c-94cf-48b8-9ab4-437f3f6cc6c0>

!newsletter

Subscribe to the Epilepsy Foundation's newsletter for regular updates on epilepsy news, events, and more! <https://www.epilepsy.com/Newsletter>

!pumpkin

Join our Purple Pumpkin Project and raise critical funds for epilepsy! When you paint your pumpkins purple, you help to raise awareness about epilepsy. Join the fun:

<https://www.epilepsy.com/purple-pumpkin>

!S4E

You can Stream for Epilepsy! Help raise critical funds for epilepsy research, programs, advocacy, and more. Set up your own fundraising page at

<https://epilepsyfoundation.donordrive.com/index.cfm?fuseaction=cms.page&id=1814&eventID=749> to get started.

!social

Find Epilepsy Foundation on social media at the links below:

Facebook: <https://www.facebook.com/EpilepsyFoundationofAmerica>

Instagram: <https://www.instagram.com/epilepsyfdn/>

Twitter: <https://www.twitter.com/EpilepsyFdn>

TikTok: <https://www.tiktok.com/@epilepsyfdn>

!store

Find epilepsy awareness gear in the Epilepsy Foundation's online store today at

<https://www.shop.epilepsy.com>

!streamlabs

Did you know you can find Epilepsy Foundation on Streamlabs Charity? Sign up now and start fundraising today: <https://streamlabscharity.com/epilepsy-foundation>

!sudep

SUDEP is the sudden, unexpected death of someone with epilepsy, who was otherwise healthy. In SUDEP cases, no other cause of death is found when an autopsy is done. Learn more about SUDEP: <https://www.epilepsy.com/SUDEP>

!Tiltify

You can help [name] raise critical funds for epilepsy by donating to [pronoun] #StreamForEpilepsy fundraiser for the Epilepsy Foundation! Donate here: [add link to Tiltify charity fundraising page]

!US or !UnitedStates

3.4 Million people in the United States live with epilepsy. Learn more at

<https://www.epilepsy.com>

!World

65 Million people around the world live with epilepsy. Learn more at <https://www.epilepsy.com>