

TOUR
de **CURE** 
American Diabetes Association

Asheboro, North Carolina

**May 18,
2024**

diabetes.org/nctour
15, 25, 50 and 100 miles



GET STARTED:

- Step 1:** Scan the QR code or go to www.diabetes.org/nctour
- Step 2:** Click the "Join Our Team" link. Registration Fee: \$10 for riders attending the event in person. Fundraising Minimum: \$250 (\$50 for youth 17 and under).
- Step 3:** Follow the easy steps to complete your registration. Living with Diabetes? Don't forget to sign up as a Living Red Participant for special day of event incentives!
- Step 4:** You're ready to start using the online Fundraising Resources, including the enhanced DonorDrive App. Recruit your friends and family to ride with you to help the 37 million Americans living with diabetes!



WHAT IS TOUR?

The Tour de Cure is the American Diabetes Association's premier fundraising cycling event dedicated to raising funds, increasing awareness, and improving education in the community related to all types of diabetes.

All cyclists of all ages and all abilities will LOVE this ride! Our routes will feature the quiet, well-maintained roads of Asheboro and the surrounding area with distances of **15, 25, 50, and 101** miles. Our routes are fully supported and our rest stops are generously stocked. Plus, you'll return to a great party hosted by Four Saints Brewing and Downtown Asheboro.

Looking for a challenge? Our 101 miler was designed specifically for our mountain goats, featuring over 5,500 feet of climbing and two mountain passes.

Not a cyclist? Not a problem! We need volunteers, planning help, and day of event support.

For more information, please reach out to Katie-Rose Crater at kcrater@diabetes.org