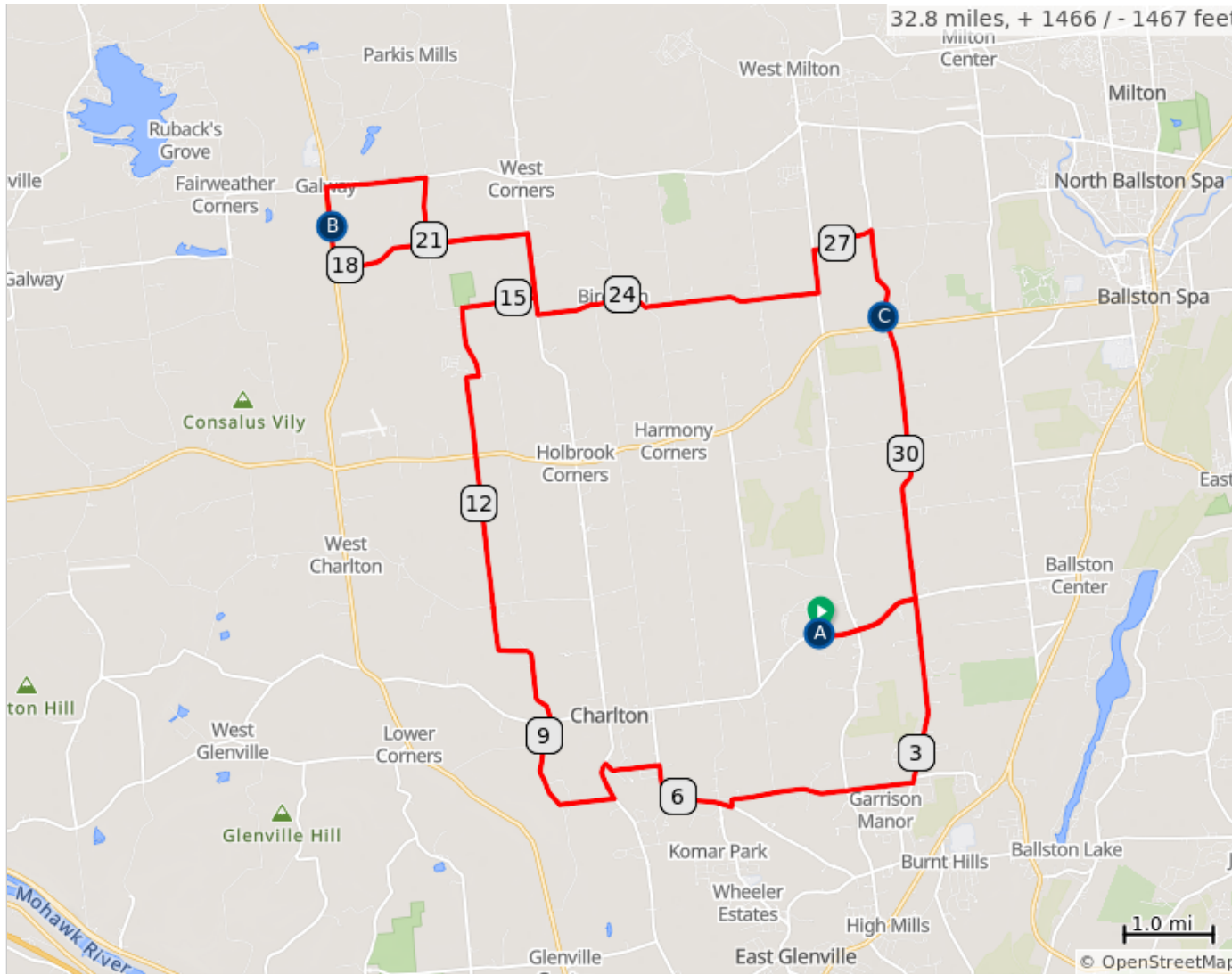
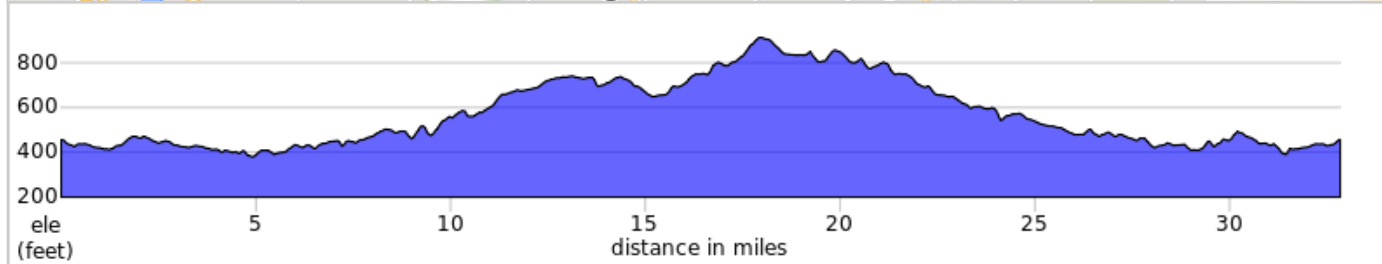


2024 Capital Region TDC - 32 mile *updated



- A. Start/ Finish Line
- B. Galway town park /Docstader park
- C. Red Barn Farm on Goode Road



2024 Capital Region TDC - 32 mile *updated

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.0
2.	0.0	0.0	←	Left onto Charlton Road, CR 51	1.2
3.	1.2	1.2	→	Right onto Goode Street, CR 57	2.1
4.	3.3	2.1	→	Right onto Jenkins Road	2.1
5.	5.4	2.1	→	Right onto Lake Hill Rd	0.2
6.	5.6	0.2	↑	Continue onto Stage Rd	0.9
7.	6.5	0.9	←	Left onto Vines Rd	0.6
8.	7.1	0.6	←	Left onto Swaggertown Rd	0.4
9.	7.6	0.4	→	Right onto Newman Rd	0.6
10.	8.2	0.6	→	Right onto Crane St	1.0
11.	9.2	1.0	↑	Continue onto Division St	3.4
12.	12.6	3.4	↑	CAUTION - crossing SR 67	0.9
13.	13.5	0.9	↑	Continue onto Northline Rd	0.1
14.	13.6	0.1	←	Left onto Mc Conchie Rd	0.8
15.	14.4	0.8	→	Right onto Crane Rd	0.8
16.	15.2	0.8	←	Left onto Jockey St	0.7
17.	15.9	0.7	←	Left onto Donnan Rd	2.2
18.	18.1	2.2	→	Right onto NY-147 N	0.5
19.	18.6	0.5	🚰	Rest Stop #1 Docstaeder Rec Park	0.5
20.	19.1	0.5	→	Right onto East St CR 45 Galway Rd	0.2
21.	19.3	0.2	↑	Continue onto Galway Rd	0.9
22.	20.2	0.9	→	Right onto Crane Rd	0.7
23.	20.9	0.7	←	Left onto Donnan Rd	1.1
24.	22.1	1.1	→	Right onto Jockey St	0.9
25.	23.0	0.9	←	Left onto Birchton Rd	0.9
26.	23.9	0.9	→	Continue onto Birchton Rd	0.4
27.	24.3	0.4	←	Left to stay on Birchton Rd	1.9
28.	26.2	1.9	←	Left onto Paisley Rd	0.5
29.	26.7	0.5	→	Right onto Englehart Rd	0.7
30.	27.4	0.7	→	Right onto Goode Rd	1.0
31.	28.4	1.0	🚰	Rest Stop #2 Red Barn Farm	0.1
32.	28.5	0.1	↑	CAUTION - crossing SR 67	3.1
33.	31.6	3.1	→	Right onto Charlton Rd	1.2

31.6 miles. +1357/-1398 feet

Num	Dist	Prev	Type	Note	Next
34.	32.8	1.2	➔	FINISH LINE !!	0.0

1.2 miles. +0/-0 feet