

KNOW BEFORE YOU GO: PARTICIPANTS

Know Before You Go

Directions

**6046 West Lake Sammamish Pkwy NE, Redmond, WA
98052**

Parking

Parking is free in Lot I, at the event site. Please be aware of cyclists when entering & exiting.

Check-In

Volunteer check in will begin at 6:15am. When you arrive, please proceed to the registration tent to receive your packet.

Important Information

Tour de Cure is Rain or Shine – please dress accordingly

A First Aid Tent on site to assist with minor medical issues
Well-marked routes with rest stops are supported by SAG
Vehicles to assist you in the event of an emergency.

Champions and Red Riders will be celebrated in the
Champion / Red Rider Tent

Download the **RideWithGPS** app to access the route map
on your mobile device. **www.diabetes.org/tourpnw**,
navigate to Event Details, and scroll down to “Routes &
Maps”



Event Schedule

6:00am - Bike Corral Opens

6:15am - Registration/Check-In Begins

6:15am - Team Photos

6:30am - Program Announcements

7:00am - 100-mile riders take off

8:00am - 60mi Riders take off

9:00am - 30mi Riders take off

9:30am - 10mi Riders take off

11:30am - Beer Garden Opens

11:30am - ADA Café Opens

11:30am - Finish Line Festival Begins

5:00pm - Rider Village Closes

Event Day Perks



First Aid



Toilet



Bike
Mechanic



Beer
Garden



Music



Massages
(Champions/
Red Riders)



Special Guest
Speaker



Lunch