



March 24, 2024

10 mile ride

- Obey all traffic laws
- You must wear a helmet
- Ride single file on busy roads
- Don't ride more than two abreast (illegal)
- No earphones or ear buds (illegal)
- No cellphone use while riding
- No hands-free riding (illegal)



Free Turn-by-Turn Navigation:

1. Install RideWithGPS app on phone
2. Open app, click on "More", "Open Shortcut" and enter "TDC2024" or scan:



Event Support Phone Numbers:

(321) 291-8989 or (321) 426-1296



2024 TdC - 10 Mi

Num	Dist	Prev	Type	Note
1.	0.0	0.0	📍	Start of route
2.	0.0	0.0	➔	Right onto Lake Nona Blvd
3.	0.8	0.8	➡	Left onto Medical City Dr
4.	1.2	0.3	➡	Left onto Laureate Blvd
5.	2.5	1.3	➔	Right onto Kellogg Ave
6.	2.7	0.2	➡	Left onto Centerline Dr
7.	2.8	0.1	➔	Right onto Modiano St
8.	2.9	0.1	🚰	Rest Stop A - Nona Adventure Park
9.	3.4	0.5	➡	Left onto Walcott Avenue
10.	3.4	0.1	➔	Right onto Canetti St

3.4 miles. +5/-5 feet

Num	Dist	Prev	Type	Note
19.	7.0	1.5	🚰	For Rest Stop B, turn right towards the Ronald McDonald House (otherwise continue straight on Nemours Pkwy)
20.	7.3	0.3	➔	Right onto Lake Nona Blvd
21.	8.9	1.6	🔄	Make a U-turn onto Lake Nona Boulevard at Wellspring Dr
22.	10.7	1.8	➔	Right onto Tavistock Lakes Blvd
23.	10.7	0.0	📍	End of route

5.3 miles. +16/-19 feet

Num	Dist	Prev	Type	Note
11.	3.5	0.1	➡	Canetti St turns left and becomes Corrigan Ave
12.	3.7	0.2	➔	Right onto Laureate Blvd
13.	4.2	0.6	➡	Left onto Maskawa Ave
14.	4.3	0.1	➔	Right onto Reymont Street
15.	4.7	0.4	➡	Left onto Merrifield St
16.	4.8	0.2	➔	Right onto Lessing Ave
17.	5.3	0.5	➡	Left onto Upper Harden Ave
18.	5.5	0.1	➡	Left onto Nemours Pkwy

2.0 miles. +4/-5 feet