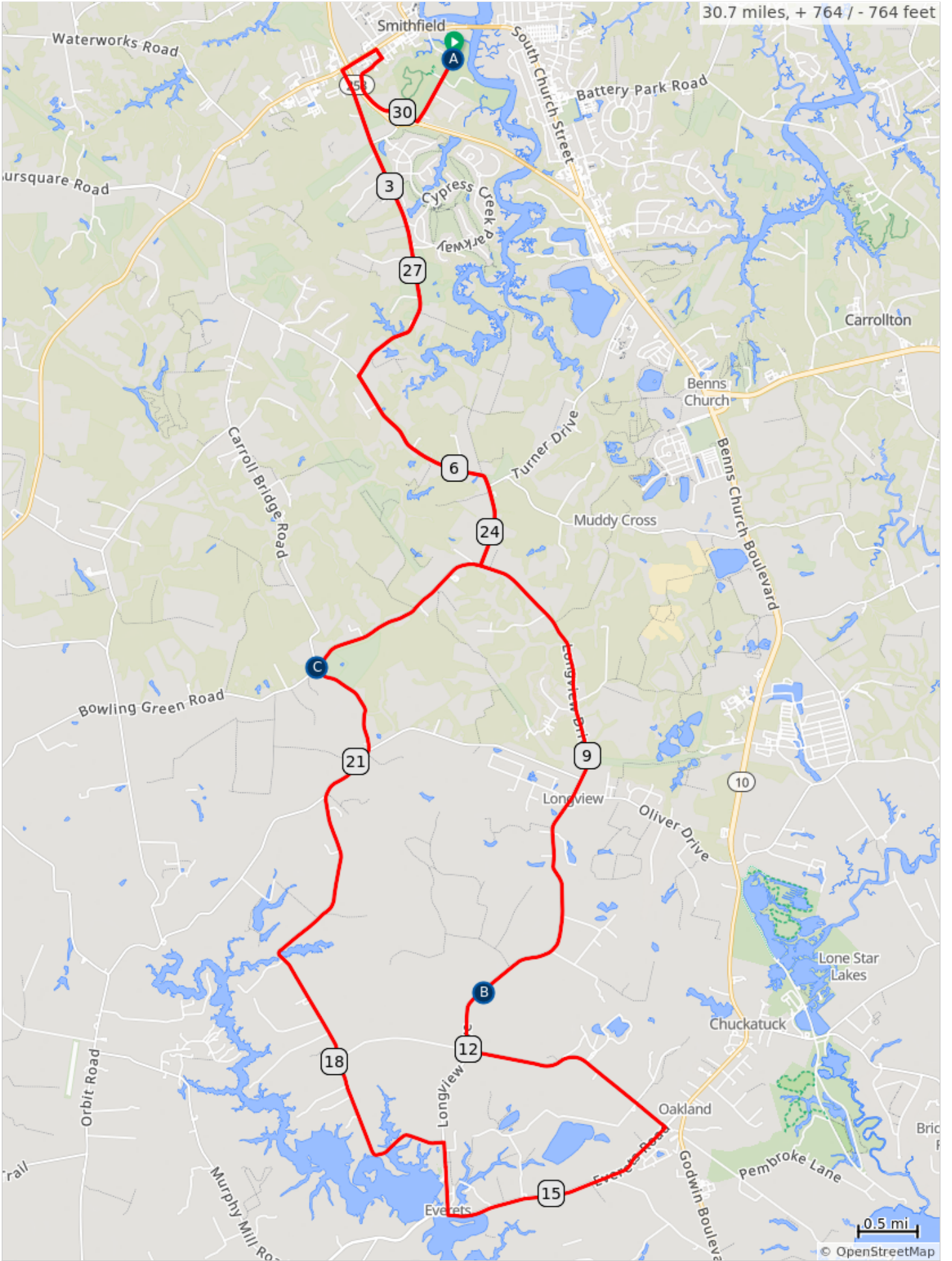


# 2024 TDC Mid Atlantic Smithfield, VA 30 mile



1 rest stop

- A. Start/Finish Line
- B. Christian Home Baptist Church
- C. Darden's Country Store



2024 TDC Mid Atlantic Smithfield, VA 30 mile

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.0
2.	0.0	0.0	←	Left onto Jericho Road	0.6
3.	0.6	0.6	→	Right onto Cedar Street	0.9
4.	1.5	0.9	←	Left onto Underwood Lane	0.1
5.	1.6	0.1	←	Left onto Main Street, US 258	0.3
6.	1.9	0.3	←	Left onto Great Spring Road, SR-655	2.9

1.9 miles. +41/-46 feet

Num	Dist	Prev	Type	Note	Next
7.	4.8	2.9	←	Left onto Scotts Factory Road, SR-620	2.2
8.	7.0	2.2	←	Left onto Longview Drive, SR-602	4.4
9.	11.4	4.4	📍	Rest Stop #1 Christian Home Baptist Church	0.6
10.	12.0	0.6	←	Left onto Sandy Ridge Drive, SR-601	1.9
11.	13.9	1.9	→	Right onto Everets Road, CR 603	2.0

11.9 miles. +202/-186 feet

Num	Dist	Prev	Type	Note	Next
12.	15.9	2.0	→	Right onto Kirk Road, CR-602	0.6
13.	16.5	0.6	←	Left onto Quaker Road, SR-654	4.1
14.	20.6	4.1	↗	Continue onto Woodland Drive, SR 600	0.5
15.	21.1	0.5	↖	Continue onto Carroll Bridge Road	0.9
16.	22.0	0.9	→	Right onto Bowling Green Road, SR-644	1.7

8.2 miles. +140/-85 feet

Num	Dist	Prev	Type	Note	Next
17.	23.7	1.7	←	Left onto Bowling Green Road, SR 644	2.2
18.	25.9	2.2	→	Right onto Great Spring Road, SR-655	2.9
19.	28.8	2.9	→	Right onto West Main Street, US 258	0.3
20.	29.1	0.3	→	Right onto Underwood Lane	0.1
21.	29.2	0.1	→	Right onto Cedar Street	0.9

7.2 miles. +143/-195 feet

Num	Dist	Prev	Type	Note	Next
22.	30.1	0.9	←	Left onto Jericho Road	0.6
23.	30.7	0.6	↗	FINISH LINE !! CONGRATULATIONS !!	0.0

1.5 miles. +8/-8 feet