



100km - RDH2023

https://www.strava.com/routes/2961402791956083416

100.30 km

896 m

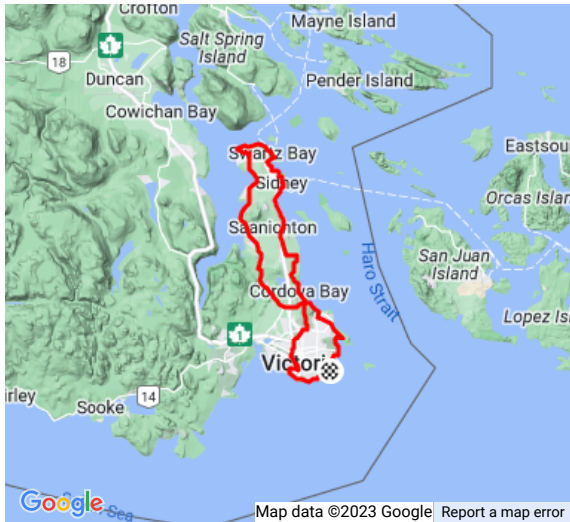
Distance

Elevation Gain

Road

Ride Type

Est. Moving Time: 4:09:09



Route recommendations may be incomplete and/or inaccurate and may contain sections of private land and/or sections of terrain that could be challenging or hazardous. Always use your best judgement about the safety of road and trail conditions and follow traffic and property laws. Est. Moving Time based on your avg speed of 24.2 km/h over last 4 weeks

DIRECTION	DISTANCE (kilometers)
Proceed onto Currie Road	0.0
Proceed onto Currie Road	0.0
Proceed onto Beach Drive	0.3
Proceed onto Beach Drive	3.2
Continue on Fairfield Road	3.8
Proceed onto Fairfield Road	4.1
Left onto Foul Bay Road	4.1
Proceed onto Foul Bay Road	4.5
Right onto Crescent Road	4.5
Proceed onto Ross Street	4.9
Left onto Robertson Street	4.9

Continue on Hollywood Crescent	5.1
Proceed onto Hollywood Crescent	5.4
Continue on Dallas Road	5.7
Proceed onto Dallas Road	10.5
Continue on Erie Street	10.5
Proceed onto St. Lawrence Street	10.7
Proceed onto St. Lawrence Street	10.9
Continue on Kingston Street	10.9
Proceed onto Montreal Street	11.1
Proceed onto Quebec Street	11.1
Proceed onto Quebec Street	11.3
Continue on Pendray Street	11.3
Continue on Belleville Street	11.4
Proceed onto Belleville Street	11.9
Left onto Government Street	11.9
Left onto Wharf Street	12.1
Proceed onto Wharf Street	12.2
Proceed onto off-road waypoint. No data available	12.2
Left onto Wharf Street	12.4
Proceed onto Johnson Street	12.8
Continue on Pandora Avenue	12.9
Continue on Johnson Street	12.9
Proceed onto Johnson Street	13.0
Continue on Esquimalt Road	13.0
Right onto Harbour Road	13.1
Continue on Galloping Goose Regional Trail	13.2
Proceed onto Lochside Regional Trail	16.8
Proceed onto Lochside Regional Trail	18.8
Right onto McKenzie Avenue	18.8
Proceed onto McKenzie Avenue	19.6
Proceed onto McKenzie Avenue	19.6
Right onto Blenkinsop Road	19.6
Proceed onto Blenkinsop Road	20.2
Right onto Cordova Bay Road	23.2

Proceed onto off-road waypoint. No data available	23.2
Proceed onto Cordova Bay Road	23.3
Proceed onto Cordova Bay Road	24.2
Continue on Fowler Road	27.2
Proceed onto Fowler Road	28.0
Continue on Hunt Road	28.0
Continue on Welch Road	29.5
Proceed onto Welch Road	30.9
Left onto Martindale Road	30.9
Proceed onto Lochside Drive	32.2
Continue on Lochside Regional Trail	34.3
Continue on Mount Newton Cross Road	36.1
Proceed onto Lochside Drive	36.2
Continue on Fifth Street	42.0
Proceed onto off-road waypoint. No data available	42.3
Continue on Ocean Avenue	42.3
Continue on First Street	42.7
Proceed onto First Street	43.1
Proceed onto off-road waypoint. No data available	43.1
Continue on Beacon Avenue	43.2
Proceed onto Beacon Avenue	43.2
Right onto Second Street	43.2
Proceed onto Second Street	43.3
Proceed onto Mount Baker Avenue	43.5
Proceed onto Third Street	43.6
Proceed onto Amelia Avenue	44.4
Proceed onto Resthaven Drive	44.8
Right onto McDonald Park Road	46.3
Proceed onto McDonald Park Road	46.3
Proceed onto McDonald Park Road	46.8
Proceed onto McDonald Park Road	47.5
Proceed onto Lochside Regional Trail	47.7
Continue on Swartz Bay Road	48.5
Proceed onto Curteis Road	48.9

Proceed onto Kittiwake Place	49.1
Continue on Lands End Road	49.2
Proceed onto Lands End Road	49.3
Left onto Chalet Road	55.3
Proceed onto Tatlow Road	56.2
Proceed onto Tatlow Road	57.2
Right onto West Saanich Road	57.2
Proceed onto off-road waypoint. No data available	71.2
Continue on West Saanich Road	71.3
Proceed onto West Saanich Road	72.9
Proceed onto West Saanich Road	78.0
Proceed onto Royal Oak Drive	82.3
Proceed onto Royal Oak Drive	85.4
Continue on Cordova Bay Road	85.5
Continue on Ash Road	87.3
Proceed onto Ash Road	87.9
Right onto Majestic Drive	87.9
Proceed onto San Juan Avenue	88.7
Left onto San Juan Greenway	89.3
Right onto Tyndall Avenue	89.6
Left onto San Juan Avenue	89.6
Left onto Arbutus Road	90.7
Proceed onto Arbutus Road	90.8
Proceed onto Arbutus Road	91.7
Proceed onto Telegraph Bay Road	93.5
Right onto Cadboro Bay Road	93.7
Continue on Beach Drive	95.1
Proceed onto Beach Drive	99.8
Right onto Currie Road	99.9
Proceed onto Currie Road	100.0
Arrive at Finish	100.3