

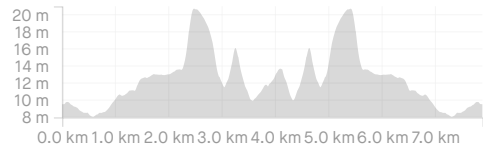
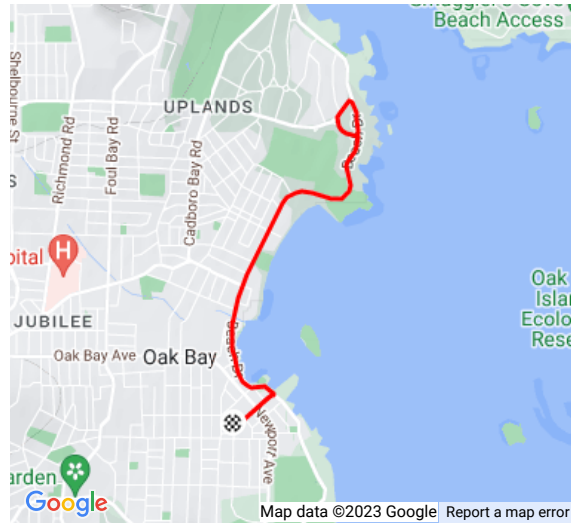


# 7km - RDH2023

<https://www.strava.com/routes/2961316138852696572>

7.88 km      33 m      Road  
Distance      Elevation Gain      Ride Type

Est. Moving Time: 19:35



Route recommendations may be incomplete and/or inaccurate and may contain sections of private land and/or sections of terrain that could be challenging or hazardous. Always use your best judgement about the safety of road and trail conditions and follow traffic and property laws. Est. Moving Time based on your avg speed of 24.2 km/h over last 4 weeks

DIRECTION	DISTANCE (kilometers)
Proceed onto off-road waypoint. No data available	0.0
Proceed onto Currie Road	0.0
Proceed onto Beach Drive	0.4
Proceed onto Beach Drive	0.4

Proceed onto Lansdowne Road	3.8
Proceed onto Rutland Road	4.0
Proceed onto Rutland Road	4.1
Proceed onto Beach Drive	4.3
Proceed onto Beach Drive	7.4
Proceed onto Beach Drive	7.4
Left onto Currie Road	7.4
Proceed onto Currie Road	7.4
Proceed onto off-road waypoint. No data available	7.8
Arrive at Finish	7.8