

Messages of Hope Activity Instructions

The journey to stem cell transplant for patients and families can be very difficult. We invite you to create a message of hope and encouragement for patients. We will pass your note on to a patient who is going through the transplant process at a transplant center. You have the power to brighten their day!

Instructions:

- 1. Cut the 8 1/2" x 11" sheet into four pieces. Print as many as you need for your classroom. You can also use colored construction paper, printer paper or other materials available to you.
- 2. Write a message of hope to patients in transplant centers to lift their spirits and give them hope.
- 3. Once everyone is done writing a note to a patient, put it in the envelop and send it back to our office where we will then send it to a transplant center.

Address:

Attn: Asha Abdi

Be The Match Foundation

500 N 5th St.

Minneapolis, MN 55401

Thank you for spreading HOPE to patients!

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