



# Lynette Hernandez

**Type of Arthritis: TRAPS**

**Age of Diagnosis: 9 Current Age: 17**

Lynette has been through many different phases and treatments on her arthritis journey. She says that her arthritis is now “manageable,” especially now that she has found a medication that is working well for her. One simple everyday task that she finds challenging because of her arthritis is opening cans and bottles.

In her free time Lynette enjoys reading, walking, and listening to music. In addition to volunteering with the Arthritis Foundation, she is part of the International Baccalaureate program at her school. Math is her favorite subject. “It’s so irritating, but you get an undeniable satisfaction from solving super hard and intense problems,” she says. Lynette also has done volunteer work with the Illinois Hands and Voices.

Her family includes her parents, her three sisters, six chickens, and a cockapoo named Wrigley.

After high school Lynette hopes to attend a four year college, and then go on to do something in the medical field. Lynette says she would like to become an addiction psychiatrist because she thinks mental health is extremely important.

Lynette is grateful for the resources she’s received from the Arthritis Foundation, and for the opportunity to meet other kids with arthritis who are going through what she is. “I love the Arthritis Foundation so much, and I’m so thankful for everything it’s given me. Having said that, I really want to take my chance in sharing my story because the foundation has allowed me to hear from so many that have impacted me greatly.”