



Walk to Cure Arthritis Philadelphia Know Before You Go!

Walk Date: Saturday, June 10 – **we walk Rain or Shine!**

Location: Montgomery County Community College – Health Sciences Building
340 DeKalb Pike, Blue Bell, PA 19422
For easiest GPS directions, use 466 Cathcart Road, Blue Bell, PA 19422

Parking: Free. Enter off of Cathcart Road. See attached site map for exact location.

Event Schedule:

- 9:00 am Walker check-in and registration open; entertainment begins
- 10:00 am Strut Your Mutt contest
- 10:30 am Pre-Walk Warm up
- 10:40 am Opening ceremony and Walk Start
- 11:15 am Post-walk festivities
- 12:00 pm Event ends

Registration: All registered and non-registered walkers should check in at registration.

Cash or Check Donations: Please turn in donations at registration. All checks should be made payable to Arthritis Foundation with your name in the memo of the check.

Pins & T-shirts: Walkers who raise \$75 will receive a Yes! pin and walkers who raise \$100 or more will receive a 2023 Rock the Walk t-shirt. Walkers who make a donation on-site will have the opportunity to receive a pin and t-shirt at the end of the event if supplies are still available.

Attractions: Kids Zone, Sponsor Expo, Mission/Advocacy tent, Strut Your Mutt Contest.
Juvenile Arthritis Program: <https://bit.ly/JAFamilyProgram>

Walk: 1 mile loop. Walk as many times as you'd like.

Snacks and Refreshments: Light snacks, fruit and water will be provided for all walkers. Walkers who raise at least \$150 will receive a complimentary hoagie meal and ice cream. Ice cream will be available for purchase by walkers who do not raise \$150.

Restrooms: Bathrooms are available inside the Health Sciences Building.

First Aid: First Aid supplies will be available at the registration table. Please remember to bring your own sunscreen, dress appropriately for the weather and wear comfortable walking shoes.

Dog Rules: Dogs are permitted if they are on a leash and please remember to clean up after your pooch!

MOST IMPORTANT: Come ready to celebrate our incredible warriors, our community, and 75 years of the Arthritis Foundation! Together we are making a change and taking steps towards a CURE!

SITE MAP:

