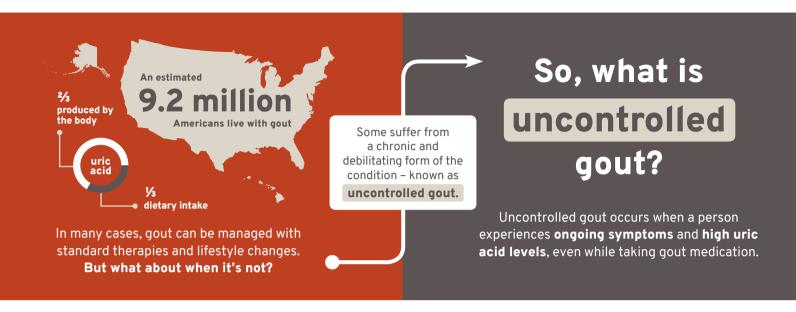
## What is gout?

Gout is a type of painful, inflammatory arthritis caused by too much uric acid in the blood, either because the body makes more than it should, or the kidneys do not remove as much as they should.



Frequent visits to the hospital may mean gout is uncontrolled.

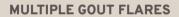


approximately

255,000

hospitalizations for aout from 1993 – 2011

## Symptoms of uncontrolled gout include:





two or more flares, sometimes called gout attacks, per year



## **TOPHI**

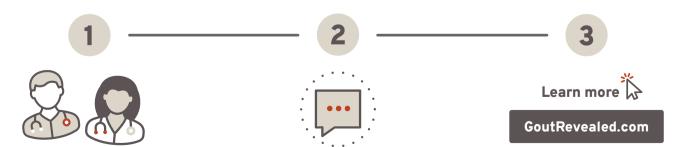
uric acid crystal deposits, which look like **lumps under the skin**, that do not go away when a flare stops ONGOING PAIN



that continues between flares

To avoid gout and other problems, uric acid levels should be 6.0 mg/dL or below. If you have these signs and symptoms your uric acid level may need to be at or below 5 mg per dL.

## Take a Step in Controlling Gout



See a **gout specialist**, most commonly a **rheumatologist**.

Talk about your gout symptoms, reveal how gout is **affecting your life**.

**Visit the link** above to hear from other patients affected by uncontrolled gout and learn more about the condition and available treatments.

