

Rod Wurst Bio

Rod Wurst is a surgical nurse working for Sutter Medical Center, Sacramento. He's been a RN at Sutter for 42 years, is married to his wife Sharon for over 50 years and they have one son.

After graduating from Folsom High School, Rod served in the United States Air Force as an Operating Room Tech for six years. After leaving the Air Force, he attended CSU Sacramento and graduated in 1982 with a BS in Nursing. Rod immediately started his career at Sutter as a staff nurse, then moved on to Telemetry as a Cardiac nurse, then to the ICU for eight years, and finally to the Operating Room as a nurse specializing in joint replacements for the past 32 years.

Rod has always been active in sports and loves to learn new skills that challenges him. One of his dreams was to be a pilot, so he got his private pilot's license and flew Cessnas for many years. He was also an avid runner where he qualified and ran in the Boston Marathon in 1992. He spent a few years climbing and even climbed Mt. Whitney. Rod is also a watercolor artist and an avid golfer. If that isn't enough, he's also been a commercial wine maker, winning numerous awards, for the past 16 years.

All the strenuous physical activity finally caught up with him. After managing arthritic pain in both knees for over ten years, it became difficult to work, stand, sit, and play golf so Rod finally elected to get both knees replaced over a two year period. It was a life saver! He's back on his feet working 9 hour days and playing the best golf ever without pain!