# Your Support Helps Save Lives

afsp.org/NCAC

# 2024 AFSP Chapter of the Year!

The National Capital Area Chapter is honored with AFSP's "Chapter of the Year: Large Market" award

in recognition of the outstanding achievements of all our volunteers, donors, sponsors, community partners, and supporters who serve our mission to save lives and bring hope to those affected by suicide in Washington, D.C., Northern Virginia, and beyond!

# 2023 Impact: National Capital Area Chapter

#### **Education**



135 Programs Delivered

**5,794** Participants

# **Loss & Healing**



- **6** Survivor Day Events
- 9 Healing Conversations
- **88** Participants

#### **Volunteerism**



1,000+

**Volunteers** 

dedicating

time to #StopSuicide

# Out of the Darkness Walks<sup>™</sup>



- **4 Community Walks**
- 4 Campus Walks

3,000+ Participants

### Research

\$ 9.1M Invested

**27** New Studies



made possible by chapters

# **Advocacy**



706 Chapter Advocates
fighting for policy change

- **✓ Virginia State Capitol Day**
- **✓** D.C. Advocacy Day

## **Paws for Prevention**



47 Participants

(not including furry friends)

### **Social Media**

13,000+ Followers



With chapters in all 50 states, D.C., and Puerto Rico, AFSP is leading the fight for suicide prevention. We create a culture that is smart about mental health through educational and community programs, research, advocacy, and support for those impacted by suicide. Thank you for your lifesaving support!

