

# 2024 Guide to the Waco Walk

# WALK WITH US TO PREVENT SUICIDE

[afsp.org/waco](https://afsp.org/waco)



American  
Foundation  
for Suicide  
Prevention



# Preparing for Walk Day

## Registration and Donations

We strongly encourage everyone to either mail checks in ahead of time and/or ask your supporters to donate online whenever possible.

**Offline Donation Forms** are available to download [HERE](#).

**All checks should be made payable to AFSP - Waco Walk and sent to the address below.**  
**AFSP**

**Attn: OOTD Walks – Waco, TX Walk**  
**199 Water Street, 11th FL**  
**New York, NY 10038**

- If anyone is coming with you to the Walk, please have them register ahead of time at [afsp.org/Waco](http://afsp.org/Waco), or you may register them yourself!
- QR codes to register and donate will be at the Walk, but pre-registration is encouraged.

## What to Bring to the Walk

- Phone
- Walking Shoes
- Water bottle
- Picture of your loved one for the memorial wall (copy, not original)

# Schedule & Activities

September 28, 2024	
6:00 p.m.	<b>Pre-event activities begin</b>
6:00 – 7:00 p.m.	<b>Kid’s Area</b>
6:00 – 7:00 p.m.	<b>Honor Beads</b>
6:00 – 7:00 p.m.	<b>AFSP Merchandise Store</b>
6:00 – 7:00 p.m.	<b>Memory Wall</b>
6:00 – 7:00 p.m.	<b>Grab and Go Water and Snacks</b>
6:00 – 7:00 p.m.	<b>Community Resource Fair</b>
6:00 – 7:00 p.m..	<b>Luminaria Bags</b>
6:00 – 8:00 p.m.	<b>Music on Stage</b>
<b>7:00 – 7:25 p.m.</b>	<b>Opening Ceremony Starts at the Main Stage</b>
<b>7:25– 8:15 p.m.</b>	<b>Walk Around the Park</b>
8:15 pm	<b>Closing remarks</b>

# What to Expect

## Scheduled Activities

**Pre-Event Activities: 6:00pm**

**Opening Ceremony: 7:00pm – 7:25 p.m.**

- Before we start our walk together, we'll have a ceremony at the main stage.

**Walk around the park: 7:25pm – 8:15 p.m.**

- Join us as we walk through the park to spread awareness and hope for those affected by suicide.

**Closing Ceremony: 8:15pm – 8:30 p.m.**

- Rounding out the main event, we'll meet for closing remarks before releasing the crowd.

## Honor & Memorial Activities

**Memorial Photo Wall**

- Bring a photo of your loved one to include on the memorial photo wall. Please bring a copy, not an original, as we are not responsible for lost or damaged photos. Please pick-up your pictures by 8:30pm if you wish to bring them home.

**Honor Beads**

- There is an honor bead for everyone, whether you have lost a loved one, struggle personally, support a friend and/or family member, or all of the above. Learn more by watching our [honor bead video](#).

**Luminaria Bags**

- Take a bag and decorate with the reason you are walking. The bags will be left along the walk route and glowsticks will be dropped in them to represent our reasons for walking.

**Resources Fair**

- Looking for resources and other non-profits with an emphasis on mental health? Check out the resource fair open from 6pm – 7pm

# Getting to the Walk

## Brazos Park East

3516 N M.L.K. Jr Blvd, Waco, TX 76702

## Parking

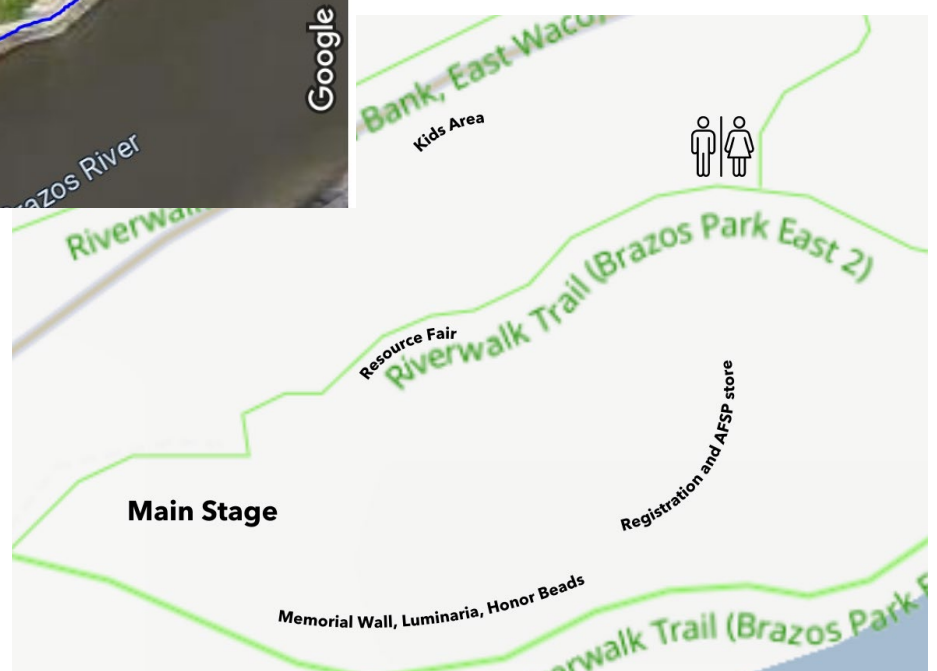
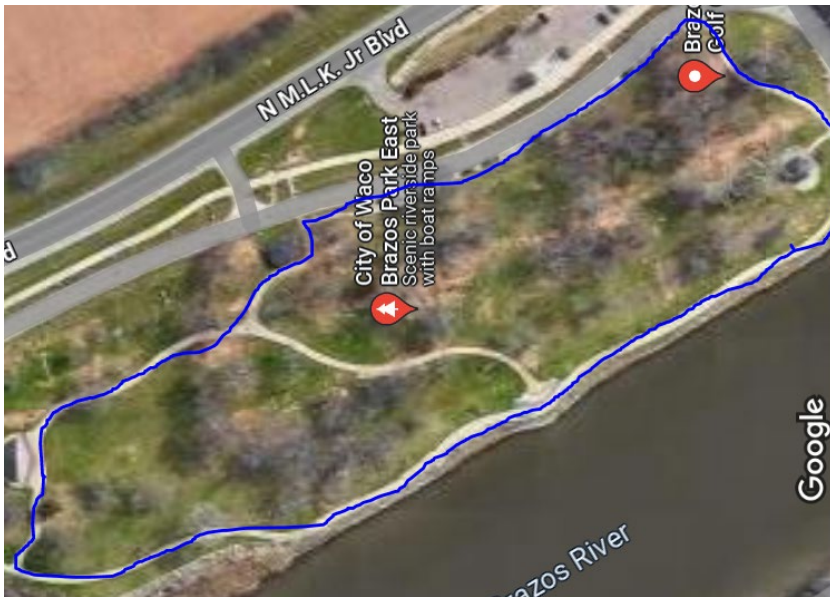
There is free public parking available in the park. If parking is full, you can park on the street adjacent to the park.

## Entrance

You can enter at any park entrance point. Registration will be marked by a banner in the center of the park. Here you can make donations or register if you've not registered in advance. You will also be able to purchase your AFSP merchandise from the store near registration.

## Walk Route

The walk route is approximately 1 mile (2 loops) and is accessible for strollers and differently abled walkers. Our route will take us around the park.



# FAQ's

## Is there a registration fee?

No, there is no registration fee to participate.

## How do I pick up my walk shirt?

Participants who raise \$150 or more will be able to pick up their free 2024 Out of the Darkness walk shirt\* at the event. Please note that availability and sizes are on a first come first serve basis.

*\*Limit one shirt per person*

## Are there other fundraising incentives?

Yes! To celebrate the new 988 National Suicide Prevention Lifeline, we've created the Champions of Hope Club. Every walker who raises \$988 will receive a limited-edition Texas inspired Hope shirt at the walk. Additionally, we will have white ribbons for walkers who raise \$250-\$499, red ribbons for walkers who raise \$500-\$999 and blue ribbons for walkers who raise \$1,000+.

## Can I volunteer at the walk?

We would love for you to join our crew! Sign up to volunteer at [volunteersignup.org/A93R3](https://volunteersignup.org/A93R3)

## What happens if it rains?

We are a rain or shine event! Please watch the weather and be prepared on the morning of the walk. In the event of severe weather, watch for updates regarding the walk both in your email inbox and [social media](#).

## Will there be food and drinks?

Snacks and water will be available for all participants.

## Can I bring my dog?

Leashed and well-behaved animals are allowed.

## Can I bring my own tent?

Sure! If you want to bring a tent for your team to gather under, you're welcome to set-up in the Team Zone.

## Will there be restrooms on-site?

There will be public restrooms at the park.

**Thank you for your cooperation and support! We are so glad that you will be joining us!**