

Save Lives and Bring Hope to Those Affected by Suicide

The American Foundation for Suicide Prevention (AFSP) is a voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education and advocacy to take action against this leading cause of death.

Since 1987, AFSP has:

- Mobilized and connected tens of thousands of people who have lost someone to suicide
- Reached thousands of individuals who are at risk for suicide, as well as those who love and care for them
- Attracted the participation of members of the scientific and clinical communities, who conduct groundbreaking research on suicide and its prevention with support from AFSP
- Established local chapters in all 50 states
- Educated hundreds of local communities about suicide and how to prevent it
- Created a public policy and lobbying arm by merging successfully with an existing national policy organization, thus enabling AFSP to press for legislation and policies at the federal, state and local levels that advance the goal of preventing suicide

What Your Donations Can Do...

- \$10 Distributes one Depression and Bipolar Awareness educational program (DVD)
- \$50 Provides AFSP educational materials to 25 people.
- \$100 Covers the cost of bringing It's Real: Teens and Mental Health to a high school
- \$250 Enables AFSP to recruit and train a volunteer field advocate who can then educate.

 Federal, State and local elected officials about suicide prevention.
- \$500 Trains a new Survivor of Suicide support group facilitator.
- \$1,000 Provides funds for youth suicide prevention research.
- \$2,500 When added to \$2,500 from 17 other Walkers, funds a year of research into the genetic, biological or behavioral factors that contribute to suicide.
- \$5,000 Places AFSP's groundbreaking Interactive Screening Program (ISP) at institutions of higher education; medical schools, hospitals and health systems; and employee assistance programs, organizations and workplaces.

83 Cents of every donor dollar directly supports our four focus areas: Research, Advocacy, Education, and Support.