



The Children's Hospital of Philadelphia®

BUDDY WALK® & FAMILY FUN DAY

Benefits the Trisomy 21 Program at The Children's Hospital of Philadelphia

CHOPBuddyWalk.org ★ 34th Street and Civic Center Boulevard, Philadelphia, PA 19104-4399 ★ 267-426-6500

How to raise \$150 in 10 days

DAY	TOTAL
1. Put in your own \$10 donation	\$10
2. Ask your spouse for \$10	\$20
3. Place a canister at your cleaners or favorite store. You will probably get more than \$10	\$30
4. Ask two co-workers for \$10	\$50
5. Ask three friends for \$10	\$80
6. Ask two relatives for \$10	\$100
7. Ask a neighbor for \$10	\$110
8. Ask two people from church/temple for \$10	\$130
9. Ask your supervisor for \$10	\$140
10. Ask another neighbor for \$10	\$150

How to raise \$500 in 10 days

DAY	TOTAL
1. Put in your own \$25 donation	\$25
2. Ask two doctors/dentists to donate \$50	\$125
3. Ask four family members to donate \$25	\$225
4. Ask three friends to donate \$25	\$300
5. Ask your supervisor to donate \$25	\$325
6. Ask two local merchants to donate \$25	\$375
7. Ask three neighbors to donate \$15	\$420
8. Ask two co-workers to donate \$10	\$440
9. Ask three people from church/temple to donate \$10	\$470
10. Ask three friends of your parents to donate \$10	\$500

Who else can sponsor me?

- Your relatives
- People you know through your spouse
- Your lawyer
- Friends from your old job
- People you know through your children
- Your child's scout leader
- Friends from your present job
- People from your lodge or club
- Your dry cleaner
- Friends from school or college
- People who sell you groceries
- Your florist
- Members of your sports team
- People who sell you clothing
- Your letter carrier
- Members of your hobby group
- Your plumber
- Your babysitter
- Members of your church or synagogue
- Your painter/decorator
- Your children's school principal
- Friends from your old neighborhood
- Your veterinarian
- Your insurance agent
- Your landlord
- Your next-door neighbor
- Your best lunch date
- Your car salesperson
- Your wedding attendants
- Your CPA
- Your car repair person
- Your travel agent
- Your hairdresser