



AMERICAN FOUNDATION FOR Suicide Prevention

Nine Easy Steps to Raising \$1,500

This may be the first time you've participated in a fundraising event. We'd like to show you just how simple it can be. Just follow these nine easy steps and you'll be well on your way.

Have you set a higher goal for yourself than \$1,500? Great! Simply adjust the minimum donation amount you're asking for each potential donor—and increase the number of people you're going to ask.

1. Donate to yourself. It all begins with you!	\$75
2. Ask 5 family members to donate \$50 each.	\$250
3. Ask 15 friends (and other family members) to donate \$25 each.	\$375
4. Ask 10 coworkers to donate \$25 each.	\$250
5. Ask your boss for a company contribution of \$100.	\$100
6. Ask 6 neighbors to donate \$25 each.	\$150
7. Ask 5 local business you frequent (coffee shop, bakery, etc.) to donate	\$125
8. Ask 5 professional people (your doctor, dentist, lawyer, insurance	\$125
9. Ask 5 members of an organization to which you belong to donate \$10 each.	\$50
TOTAL	\$1,500